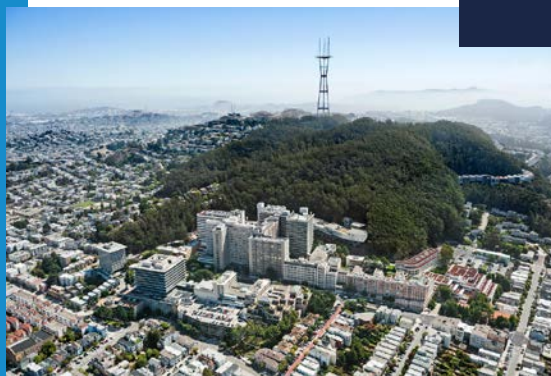


UCSF Department of Orthopaedic Surgery

Fellowship Information

UCSF



Sports Medicine Fellowship

UCSF Orthopaedic Institute

1500 Owens Street

San Francisco, CA 94158

(415) 476-6548 FAX: (415) 885-3838

E-Mail: sportsfellow@orthosurg.ucsf.edu

Duration: 1 year (August 1 to July 31)

Fellowship Positions: 2 (ACGME accredited)

Application Deadline: November 1, 2018 through San Francisco Match (<https://www.sfmarch.org/>)

Faculty:

C. Benjamin Ma, MD. (Professor, Chief of Sports Medicine and Shoulder Surgery)

Residency: University of Pittsburgh Medical Center

Fellowship: Hospital for Special Surgery

Clinical Expertise: Shoulder and knee arthroscopy, shoulder arthroplasty

Research Expertise: Advanced imaging of the knee; clinical outcomes of shoulder arthroplasty

Team Coverage: University of California, Berkeley

Alan Zhang, MD. (Associate Professor, Fellowship Director, Director- Hip Preservation)

Residency: UCLA Medical Center

Fellowship: UCSF Medical Center

Clinical Expertise: Hip arthroscopy, knee arthroscopy, shoulder arthroscopy

Research Expertise: Advanced imaging of the hip, clinical/patient-reported outcomes analysis, epidemiologic database analysis

Team Coverage: University of San Francisco

Brian Feeley, MD. (Professor, Associate Fellowship Director)

Residency: UCLA Medical Center

Fellowship: Hospital for Special Surgery

Clinical Expertise: Shoulder arthroscopy, knee arthroscopy, shoulder arthroplasty

Research Expertise: Basic science of rotator cuff muscle; knee biomechanics

Christina Allen, MD. (Professor)

Residency: University of Pittsburgh Medical Center

Fellowship: University of Pittsburgh Medical Center

Clinical Expertise: ACL surgery, meniscus transplantation, revision knee surgery, cartilage restoration, patellofemoral pathology

Research Expertise: Clinical outcomes of revision ACL

Team Coverage: USA Taekwondo, Cal Berkeley

Drew Lansdown MD (Assistant Professor)

Residency: UCSF Medical Center

Fellowship: Rush University Medical Center

Clinical Expertise: Shoulder and knee arthroscopy, cartilage preservation, shoulder arthroplasty

Research Expertise: Advanced imaging of the shoulder, clinical outcomes

Nirav Pandya, MD. (Associate Professor) Pediatric Sports Medicine and Arthroscopy

Nick Colyvas, MD. (Assistant Professor) Sports Medicine and Arthroscopy

Elly LaRoque MD. (Assistant Professor) Sports Medicine and Arthroscopy

Anthony Luke, MD. (Professor) Primary Care Sports Medicine

Carlin Senter, MD. (Associate Professor) Primary Care Sports Medicine

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Sports Medicine Fellowship

Fellowship Experience

The goal of the UCSF Sports Medicine Fellowship is to train orthopaedic residency graduates to become outstanding sports medicine surgeons, clinicians, and scientists. The training program benefits from a core group of world-renowned faculty that is focused on improving your clinical and operative skills while providing both a high volume and high level of complexity of shoulder, knee and hip cases.

Our fellows receive an unmatched surgical experience in both common sports medicine cases as well as complex surgeries such as multi-ligament knee reconstruction, revision ACL reconstruction, meniscus transplantation, osteochondral transplantation, patellar stabilization, revision rotator cuff repair/reconstruction, open shoulder stabilization/bone transfer, primary/revision shoulder arthroplasty and hip arthroscopy, including labral reconstruction. We are also one of the few programs that integrates a pediatric sports medicine experience (including pediatric ACL reconstruction) in the core rotations.

The research experience during your fellowship is designed to improve your research background as well as train you to better understand orthopaedic research. There are many research opportunities including clinical outcomes, basic science, biomechanics, advanced imaging, and social sciences. Faculty are devoted to assisting you with your research goals and projects during the year.

Team coverage during fellowship includes coverage of NCAA Division I sports at Cal Berkeley and the University of San Francisco. Coverage of high school football in San Francisco and Marin, as well as the San Francisco Rugby League is also incorporated in the fellowship.

Perhaps the best element of the fellowship is the close relationship that exists between the faculty and trainees. Education of the fellows and residents is the primary focus of our training program and we seek to provide this through a positive collegial relationship. We hope to promote an environment where our fellows can continue to seek advice as their practices grow and mature.

The Sports Medicine Fellowship is based at the UCSF Orthopaedic Institute in the new Mission Bay Campus. The Orthopaedic Institute is a state of the art facility with clinic, 6 operating rooms, on site radiology including 3T MRI, physical therapy, orthotics, and the UCSF Human Performance Center.

If you have questions regarding the fellowship, I encourage you to contact us at:
sportsfellow@orthosurg.ucsf.edu.

Best regards,
Alan Zhang, MD
Fellowship Director
Associate Professor
Sports Medicine and Shoulder Surgery

UCSF Department of Orthopaedic Surgery

Fellowship Information



Sports Medicine Fellowship

Research components

Extensive research opportunities exist in the fellowship that can prepare fellows for careers in academics or help them become highly competitive applicants for private or hospital-system practices.

Opportunities exist in clinical and translational science, as well as basic science, imaging, gait and performance, biomechanics, large dataset mining, and standard reviews.

Current funding for UCSF sports medicine research includes NIH/NIAMS funded studies (NIH P50, R01, R03, and PCORI), as well as funding from the Arthritis Foundation, OREF and AOSSM.

Fellows typically have the opportunity to complete 2-5 projects, and can present their work at national and international meetings.

Fellows are required to prepare one manuscript based upon original research for publication prior to graduation.

Didactic components

UCSF Orthopaedic Surgery Grand Rounds- Grand Rounds is held weekly on Wednesday mornings September through June with invited guest speakers discussing orthopaedic topics including sports medicine.

Sports Core and Indications Conference: Weekly (Monday: 530-630PM)

Journal Club: Monthly

Research Conference: Monthly

Arthroscopy Simulator Training for Residents: Monthly

UCSF Department of Orthopaedic Surgery

Fellowship Information



Sports Medicine Fellowship

Current Fellows

Edward Cheung, MD (2018-2019)
Residency: UCLA Medical Center



Jonathan Hodax, MD (2018-2019)
Residency: Brown University Medical Center



Previous Fellows

Caitlin Chambers, MD (2017-2018)
Residency: Northwestern University Medical Center
Future Position: Faculty- University of Minnesota/TRIA Sports Medicine



"I firmly believe that UCSF is one of the top sports fellowship programs in the country. The breadth and complexity of cases exceeded my expectations and was matched with a high degree of surgical autonomy. The monthly fellows clinic in particular provided a unique opportunity to independently develop and carry out surgical plans for complex problems. The faculty at UCSF have proven to be phenomenal mentors for my clinical, research, and personal goals and importantly, they have all made it clear that their mentorship role does not end July 31. I strongly recommend the UCSF sports fellowship program without hesitation."

Emily Monroe, MD (2017-2018)
Residency: Northwestern University Medical Center
Future Position: Private Practice- Alexandria, Minnesota



"I had a fabulous fellowship year that included high level, complex cases spanning the full breadth of arthroscopic hip, knee, and shoulder with a rich shoulder arthroplasty and pediatric experience. I spent the year learning from tremendous faculty that were incredibly knowledgeable and invested in my technical, diagnostic, and personal growth. I feel well prepared for practice with lifelong mentors at my back."

UCSF Department of Orthopaedic Surgery

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Sports Medicine Fellowship

Previous Fellows



Marc Ialenti, MD (2016-2017)

Residency: New York University School of Medicine

Current Position: Private Practice- Miami, FL

"Throughout my fellowship interviews, I came across many programs characterized by various strengths and weakness. It was not until I interviewed at UCSF that I found an extremely well rounded Fellowship that was ideal for my continued training. The high surgical volume, as well as variety of cases (especially shoulder arthroplasty and open shoulder procedures) first piqued my interest in UCSF. Developing and enhancing my surgical skills under the mentorship of leaders in the field of sports medicine who are dedicated to Fellow and Resident education was a major draw for me.

UCSF is unique in providing a pediatric sports medicine rotation, as well as spending time in both the academic and private sector. The program provides sideline coverage of local sports, but does not overburden the fellows with excessive game coverage or travel. This allows ample time to participate in research and enjoy one of the most beautiful cities and regions in the country. Finally, and possibly most importantly, the current and former fellows loved their fellowship experience and being part of the UCSF family. In the end, UCSF was the program that provided the most well rounded fellowship under the guidance of some of the best mentors in the country."



Michael Leathers, MD (2016-2017)

Residency: UCLA

Current Position: Private Practice- Sacramento, CA

"I used very specific criteria in my sports medicine fellowship search. I was interested in academic centers because they are the referral centers for complex cases and revisions, but still offer the bread and butter sports medicine experience. I also wanted a fellowship that offered a variety of cases, which include hip scopes and shoulder arthroplasty, to provide me with broad set of skills. A program with strong leaders and mentors was also a must. A fellowship that includes residents is also a positive as I feel teaching in the clinic and operative room provides a learning experience that is mutually beneficial. The UCSF Sports Medicine fellowship made the decision very easy as it excels in all of the qualities listed above. UCSF is a well known academic center and has numerous research opportunities, providing the skill set to go into academic positions in the future. Its location in a large dynamic city also offers an endless number of activities outside the hospital, which is an added bonus. Another unique feature is a pediatric sports medicine rotation which again increases the case variety and speaks to the breadth of the program. Lastly, when speaking with former fellows and current UCSF residents, all spoke positively of the sports medicine department."

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Sports Medicine Fellowship

Previous Fellows



David Ding, MD (2015-2016)

Residency: New York University Hospital for Joint Diseases

Current Position: Kaiser Permanente- San Francisco, CA

“When I was searching for a sports fellowship, I encountered plenty of exceptional programs but all had trade offs between location and program quality. With UCSF, there is no compromise—it has the best of both. Sure, the weather is a bit cold in the summer and there are a few hills to walk up in San Francisco but its location can’t be matched for outdoor lovers. Beaches, mountains, wine country, etc are just a short day trip away. As for the program, the new facilities immediately gave a good impression but most importantly, the combination of academics, research power, comprehensive hands-on operative exposure, and great mentorship is unmatched –it made selecting UCSF for Sports Fellowship a very simple choice.”



Joey LaMartina, MD (2015-16)

Residency: Boston University Medical Center

Current Position: Private Practice- New Orleans, Louisiana

“Having completed a sports medicine fellowship at UCSF, I leave with no regrets about making UCSF my top choice for fellowship. The facilities were phenomenal, making for a pleasant place to work. The case volume and variety were well beyond sufficient in providing me with all the confidence I need to take on both open and arthroscopic cases about the knee and shoulder, and the hip arthroscopy experience added an extra element of training that I will certainly put to use in clinical practice. I also chose UCSF for the unique open shoulder experience it offered, and it undoubtedly delivered a great mix of primary, revision and reverse shoulder cases.

That said, the most valuable feature of the UCSF orthopaedic sports medicine fellowship is the faculty. Not only are they extremely knowledgeable, approachable, and clinically skilled, but they are a great group of role models who treat you as both a colleague and a member of the UCSF family. As a group, they work incredibly well as a team and continue to improve all facets of the department. With the recent addition of a second accredited fellowship spot and the incorporation of pediatric sports medicine training, this program continues to strengthen and place itself on the level of the best programs in the country.”

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Sports Medicine Fellowship

Previous Fellows

Richard Han, MD (2014-2015)
Residency: Temple University Medical Center
Current Position: Sutter Gold Medical Foundation- Modesto, CA

Alan Zhang, MD (2013-2014)
Residency: UCLA
Current Position: Faculty, University of California, San Francisco

Incoming Fellows (2019-2020)

James Friedman, MD
Residency: University of Pennsylvania
Medical School: Duke University School of Medicine

Jae You, MD
Residency: University of Hawaii
Medical School: University of Hawaii School of Medicine

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Application Requirements

UCSF Sports Medicine Fellowship is ACGME-accredited and participates in the San Francisco Match.

As such, all application requirements are listed on that site:

<https://www.sfmitch.org/SpecialtyInsideAll.aspx?id=11&typ=1&name=Orthopaedic%20Sports%20Medicine>

Successful completion of an orthopaedic surgery program is required, as is a California state medical license.

The deadline for receipt of all application materials at the SF Match is November 1, 2018.

The interview date for the 2020-2021 fellowship program will be January 26, 2019.

Additional information on the fellowship may be obtained from our Fellowship Coordinator.

Fellowship Coordinator

Johnson Huang

Email: johnson.huang@ucsf.edu

Phone: 415-476-6548