Surgical Approaches: Humerus Shaft

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SF Trauma Course 2019

Approaches to Humerus Shaft

- **ANTERIOR:**
  - Deltopectoral – Anterior/Anterolateral
- **POSTERIOR:**
  - Posterolateral
  - Triceps Split
- **LATERAL**

- **ANTERIOR:**
  - Supine
  - Do not have to explore Radial nerve
  - Need to detach deltoid insertion
- **POSTERIOR:**
  - Lateral decubitus/Prone
  - Straight bone, no detaching deltoid insertion
  - Have to explore Radial nerve
Cutaneous Nerves

Anterior/Anterolateral Approach
Posterolateral Approach

Triceps Split

Lateral Approach

THANK YOU

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