

Hand Therapy Referral Locations

Patient instructions:

- Please make sure to bring your therapy referral to your appointment. These are the instructions for your therapist from your surgeon or medical provider.
- Please verify that your insurance company is contracted with the facility you choose.
- **SAN FRANCISCO HEALTH PLAN PATIENTS MUST GET PRIOR AUTHORIZATION FROM YOUR REFERRING DOCTORS OFFICE PRIOR TO SCHEDULING YOUR THERAPY APPOINTMENT.**

San Francisco

UCSF Orthopaedic Institute Hand Therapy	1500 Owens Street 2 nd Floor	T (415) 353-7598 F(415) 353-9554	
CPMC -Davies Campus Hand Therapy	45 Castro at Duboce St. San Francisco 94114	T (855) 354-2778 #3 F (855) 771-9454	<ul style="list-style-type: none"> • Does not take local HMO Hills • Accepts medi-cal, Brown & Toland, all PPO, Medicare
Golden Gate Hand Therapy	1700 California Street Suite 440 San Francisco 94109	T (415) 359-1444 F (415) 447-3868	<ul style="list-style-type: none"> • Accepts BC/BS, Medicare Workers Comp • Does take HMO through Hills or Brown & Toland only Note: they are book 4 weeks out
St. Mary's Medical Center	450 Stanyan Street San Francisco 94117	T (415) 750-5900 F (415) 750-4930	<ul style="list-style-type: none"> • Hand Therapy & Lymphedema Therapy • Requires insurance Auth
St. Francis Hospital	900 Hyde Street San Francisco 94109	T (415) 353-6277 F (415) 353-6721	
Rising Sun PT	500 Sutter Street Ste. 514 San Francisco 94102	T (415) 282-4083 F (415) 362-4084	<ul style="list-style-type: none"> • Cannot make custom splints
Select Physical Therapy	3222 Geary Blvd San Francisco	T (415) 831-4658 F (415) 831-4688	<ul style="list-style-type: none"> • Hand therapist available here Tues and Thurs

SF General – Outpatient Occupational Therapy Hand Therapy	1001 Potrero Ave. Bldg. 5, 3G San Francisco 94110	T (628) 206-8014	<ul style="list-style-type: none"> Accepts Medi-cal
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Peninsula

CPMC San Mateo Satellite Hand Therapy	101 N. El Camino Real, Ste. 1 San Mateo	T (650) 343-8171 F (650) 343-8172	
Mills Peninsula Hand Therapy	100 S. San Mateo Drive San Mateo	T (650) 696-4315 F (650) 696-4485	
Stanford Hand Therapy Rehabilitation	450 Broadway St. Pavilion A24, 2 nd Floor Redwood City	T (650) 725-5106 F (650) 320-9443	
Select Physical Therapy	454 Forest Ave. Palo Alto	T (650) 331-3700 F (650) 331-3730	<ul style="list-style-type: none"> Trish Patil ORT/L, CHT

East Bay

Alta Bates Hand Therapy	5700 Telegraph Ave. Oakland	T (510) 204-1788 F (510) 658-2231	
El Cerrito and Oakland Hand Therapy and Acupuncture	6328 Fairmont Ave., Ste. 220 El Cerrito (No elevator)	T (510) 525-2700 F (510) 525-2716	<ul style="list-style-type: none"> Susan Cupples No elevator at El Cerrito location
	1940 Webster St. Ste. 203 Oakland		
VibrantCare Rehabilitation	20996 Redwood Road Castro Valley	T (510) 537-0272 F (510) 537-5819	
	2160 Appian Way, Ste. 101 Pinole	T (510) 724-1248 F (510) 724-5720	
John Muir Pleasant Hill Therapy Center	3480 Buskirk Ave., Ste. 150 Pleasant Hill	T (925) 947-5300 F (925) 952-2950	
John Muir –Concord Office	2700 Grant St., Ste. 300 Concord	T (925) 674-2125 F (925) 674-2378	
Tri Valley Orthopedic Specialists	4626 Willow Road Pleasanton	T (866) 623-7600 F (844) 844-0798	
	2180 West Grant Line Rd Tracy		
UCSF Benioff Children's Hospital Oakland	747 52nd Street Oakland	T (510) 428-3655 F (510) 985-2202	<ul style="list-style-type: none"> Pediatrics only
Stanford Valleycare	1119 E. Stanley Blvd Livermore	T (925) 373-4019 F (925) 373-4055	<ul style="list-style-type: none"> Jenn DiGrazia , CHT

South Bay

Santa Clara Valley Medical Center/Valley Therapy Services	2400 Moorpark Ave, Ste 50 San Jose	T (408) 885-7100 F (408) 885-7110	
Hands-On-Care	499 Blossom Hill Rd San Jose	T (408) 268-8536 F (408) 268-8727	
Dominican Hospital Hand Rehabilitation	111 Madrone Street Santa Cruz	T (831) 457-7057 F (831) 457-7071	
Sutter Health Palo Alto Medical Foundation	1529 Seabright Ave. Santa Cruz	T (831) 458-6230 F (831) 458-6234	
Community Hospital of the Monterey Peninsula	- Hartnell Professional Center 576 Hartnell St. Ste #120 & #200 Monterey	T (831) 883-5640 F (831) 883-5641	
	Montage Wellness Center 1910 North Davis Road Salinas		
Los Gatos Hand Therapy	114 Royce St. Suite E Los Gatos, Ca 95030	T (408) 358-1460 F (408) 358-1459	

North Bay

** It's recommended for patients to call in advance to schedule appointments in North Bay therapy centers. If your provider is recommending therapy, please call to schedule 2-3 weeks in advance. **

Advanced Practice in Hand and Upper Limb Rehabilitation	770 Tamalpais Drive, Ste. 310 Corte Madera	T (415) 891-3442 F (415) 886-8537	www.handtherapies.com
Kentfield Rehabilitation Hospital	1125 Sir Francis Drake Blvd. Kentfield	T (415) 485-3541 F (415) 453-1765	
Cullinen Hand Therapy	7950 Redwood Dr., Ste. 13 Cotati	T (707) 792-1370 F (707) 792-1362	
Petaluma Orthopaedic & Sports Therapy (POST)	224A Wellker St. Petaluma	T (707) 544-2637 F (707) 544-2088	<ul style="list-style-type: none"> Tracey Airth Edblom
Redwood Hand Therapy	320 Tesconi Circle, Ste. G Santa Rosa	T (707) 544-2637 F (707) 544-2088	
Providence Santa Rosa Memorial Outpatient Rehabilitation	131 B Stoney Circle Ste. 2000 Santa Rosa	T (707) 542-4704 F (707) 824-1058	<ul style="list-style-type: none"> Accepts Medi-cal post operatively
California Hand Rehabilitation	3273 Claremont Way, Ste. 204 Napa	T (707) 259-1152 F (707) 259-1361	
Marin Health – Larkspur Outpatient Occupational Therapy	1350 Bon Air Road, Ste 130 Larkspur CA 94904	T (415) 945-7290 F (415) 464-5462	<ul style="list-style-type: none"> HMO requires prior authorization Splinting needs require prior authorization Does not accept Brown & Toland Does not accept Hills Physician

Providence Queen of the Valley Hospital	3421 Villa Lane, Ste. 1A Napa	T (707) 254-4089	
Sport and Spine Therapy of Marin	220 Greenfield Ave. San Anselmo	T (415) 457-4454 F (415) 457-4944	<ul style="list-style-type: none"> • Does not take meritage • Accepts Hills Phys, Healthnet, United HC, Western Health Advantage
	88 Rowland Blvd, Ste. 250 Novato 94945	T (415) 898-1311 F (415) 897-0741	
Golden Gate Hand Therapy	38 Miller Ave Mill Valley	T (415) 882-6816 F (415) 447-3868	
Sonoma Valley Hospital	19312 Sonoma Hwy, Sonoma	T (707) 935-5345 F (707) 935-5423	

Sacramento Area

Sutter Physical and Hand Therapy	1201 Alhambra Blvd #200, Sacramento	T (916) 731-7900 F (916) 731-7915	
	11930 Heritage Oak Place Suite 9 Auburn	T (530) 887-8785 F (530) 887-8112	
	3 Medical Plaza Drive Suite 100 Roseville	T (916) 797-4734 F (916) 781-5187	
	340 Lake Blvd. Davis	T (530) 753-5338 F (530) 753-4609	
UC Davis Physical Medicine and Rehabilitation	Lawrence J. Ellison Ambulatory Care Center 4860 Y Street Sacramento, CA 95817	T (916) 734-7041 F (916) 703-5768 F (916) 646-5940	
Mercy Outpatient Rehabilitation Center	7777 Greenback Lane Ste 110 Citrus Heights	T (916) 453-7944 F (916) 859-1341	
Sierra Nevada Memorial Hospital Outpatient Rehabilitation	1345 Whispering Pines Lane, Suite C Grass Valley	T (530) 274-6170 F (530) 242-2924	
Woodland Healthcare Physical Therapy & Rehabilitative Services	1100 Main Street, #190 Woodland	T (530) 662-2835 F (530) 662-5713	
Enloe Medical Center Outpatient Rehabilitation	40 W. East Ave. Chico	T (530) 332-6110 F (530) 893-6877	<ul style="list-style-type: none"> • Entrance in back

Central Valley

Sutter Tracy Community Hospital	1420 N. Tracy Blvd. Tracy	T (209) 832-6008 F (209) 832-6086	
Mercy Medical Center	2740 M Street Merced, CA 95340	T (209) 564-4260 F (209) 564-4272	
Tri Valley Orthopedic Specialists	2180 West Grant Line Rd. Tracy	T (866) 623-7600 F (925) 463- 0473	<ul style="list-style-type: none"> • No HMO • No ABC
Exeter Therapy Specialists	1131 W. Visalia Rd. Exeter	T (559) 592-7342 F (559) 592-1202	<ul style="list-style-type: none"> • Medi-cal (blue shield/Athem) – does not take straight medical
Therapy in Hand	14538 Lolly Lane, Suite C Sonora	T (209) 533-1600 F (209) 533-1611	
Kaweah Delta - Hand Therapy Specialists Sunnyside	2342 W. Sunnyside Ave. Visali	T (559) 624-3428 F (559) 741-4895	
Kaweah Delta Rehabilitation Hospital	820 South Akers Street Suite 200 Visalia	T (559) 624-3427 F (559) 635-6144	
Emanuel Medical Center Outpatient Rehabilitation	2121 Colorado Avenue Suite B Turlock	T (209) 664-2520 F (209) 664-2527	Referral needs to say "Occupational Therapy"
Andersen PT	917 Coffee Road Modesto	T (209)549-4626 F (209)549-4625	
Mark Twain Medical Center	768 Mountain Ranch Rd San Andreas	T (209) 754-2516 F (209) 754-0293	

Northern California

Providence Hospital Rehabilitation	2024 Harrison Ave Eureka	T (707) 445-8121 F (707) 445-3243	
Humboldt Hand & Foot Therapy	1587 Myrtle Ave. Eureka	T (707) 441-1931 F (707) 441-1940	
Hand Therapy Center	1125 16 th St Arcata	T (707) 822-7525 F (707) 822-7539	
Adventist Health Ukiah Valley Physical Therapy and Rehabilitation	271 Observatory Avenue Ukiah	T (707) 463-7346 F (707) 463-7569	<ul style="list-style-type: none"> • Mary Smith
Adventist Health Clear Lake Physical Therapy - Clearlake	14855 Olympic Drive Clearlake	T (707) 995-4888 F (707) 995-4899	
Mendocino Coast District Hospital	700 River Dr. Fort Bragg	T (707) 961-4670 F (707) 961-4900	