

Personal Stories in EM: Mass Casualty Incident

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M 95

M 77

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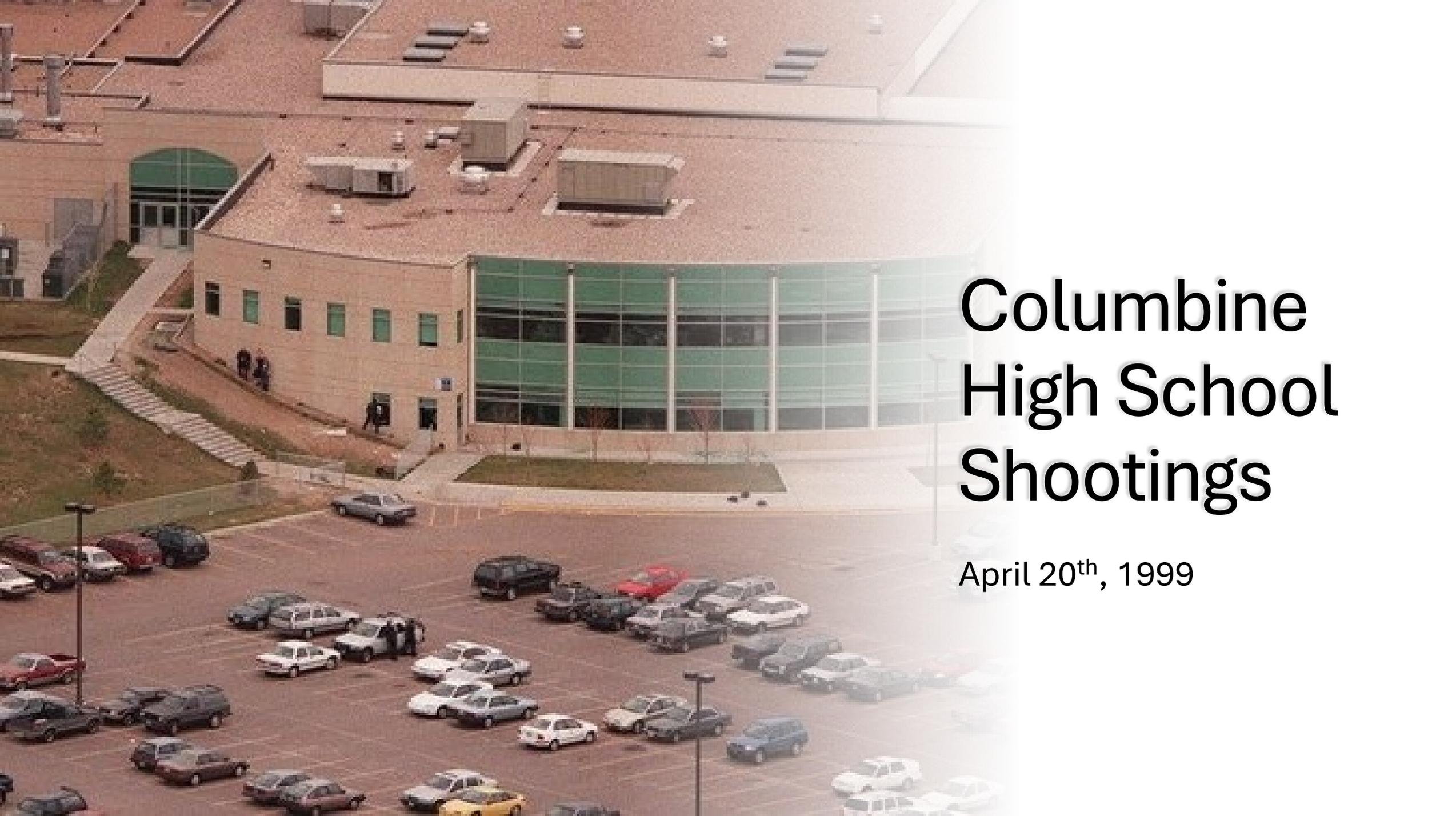
NO PARKING



Emergency Medicine

- Amazing career
- Will put you on the front lines of some of the most impactful events in you community
- In some ways, this is what we are prepared for
 - We won't be prepared for everything



An aerial photograph of Columbine High School. The building is a large, multi-story structure with a prominent glass facade on the right side. The roof is flat and features several HVAC units. A wide set of stairs leads up to the building from the left. In the foreground, a large parking lot is filled with numerous cars of various colors and models. The overall scene is captured from a high angle, providing a clear view of the school's layout and surrounding area.

Columbine High School Shootings

April 20th, 1999

Aurora Theater Shootings

July 20th, 2012





What will
you do?





**Sometimes the bravest
and most important
thing you can do is just
show up.**

-Brene Brown

Lessons

- There is something to be said for showing up
- You are more prepared than you likely give yourself credit for
 - Impact of
 - Permission
 - Call down
 - Imposter syndrome
- Respect for the latitude you will be given



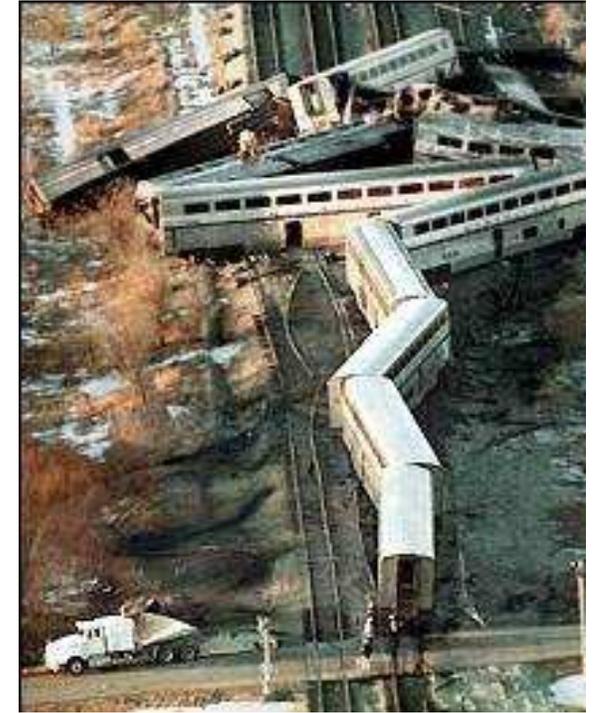
Disaster Management

- A change from *priority for* to *access to*
 - Are you ready to ration care?



Continuum of Medical Care

- Conventional care
 - Usual resources
- Contingency care
 - Functionally equivalent
- Crisis care
 - Inadequate resources
 - Care to the level possible
 - Altered standards of care are designed to preserve as many lives as possible



Crisis Standard of Care?

- Legal standard: What a reasonable person would do under similar circumstances





Triage

- Mortally wounded/dead
 - Expectant
 - Cardiac arrest
 - Electrical injury is exception
 - Non-survivable injuries
 - Not breathing on their own

Media

- Onslaught WILL occur
 - At scene
 - At hospital
 - For weeks on end
- Aid versus hinder
- PREPARE!
 - Information to release
 - Variations on a story
 - Sound bites
- Nothing is “off the record”



Debrief

- Right afterwards
- Again
 - At some point
- Involved and non-involved
- Family
 - This affects everyone



Aftermath

- **INCIDENT REVIEW**
 - **CONSTRUCTIVE VS. ARMCHAIR QUARTERBACKS**
- **DON'T UNDERESTIMATE THE IMPACT THIS CAN HAVE**



Debbie Crawford







Lessons

- This does not define you
 - But it will impact you
 - There are ways to influence the impact it will have
- There will be layers to recovery
 - You can't always predict when something will bring it back up again
- Forgive yourself



Thank you!

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