



University of California
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Knee Cross-Fire Debates

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Disclosures

- Consulting:

- Smith & Nephew
- Onkos
- J&J MedTech
- Lineage Medical

- Institutional Fellowship grants: S&N, AAHKS

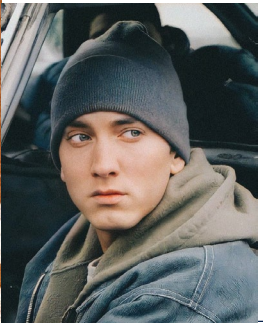




Team “I Like Turtles”



Team B Rabbit



Ground Rules

- Each team has 5min (no more) to make their case
- After both presentations – 5 min open forum
- Audience vote on best treatment to decide the winner
- Team with most victories Wins



Case 1 – Pressfit vs Cemented: Beyond the healthy young male



Turtles: Claudio Diaz



Rabbits: Anthony Wiggins

Case 1

■ 76M L knee OA

- No h/o osteoporosis or fractures
- HTN, CAD
- BMI 25

■ Debate Fixation:

Pressfit

vs

Cement



Claudio Diaz - Cement



Fun fact: In Chile one doesn't get drunk – you “go on top of the ball” (Estar arriba de la pelota).

Anthony “just call me the junior partner Barry has been waiting to dump on for the last 8 years” Wiggins - Pressfit





- Take out your phone



- Scan or go to pollev.com/modernarthro

76M TKA Fixation



Cement - Diaz Wins (Turtles)

0%

Pressfit - Wiggins Wins (Rabbits)

0%



Outcome



Case 2 – Patella Parody – To resurface or not to resurface, that is the question



Turtles: David So



Rabbits: Kuo

Case 2

- 71yoF R knee OA
- BMI 35
- Isolated medial joint line symptoms
– no anterior knee pain with stairs
etc.
- Not interested in UKA
- Debate – Patella Management

Resurface

vs

Don't Resurface

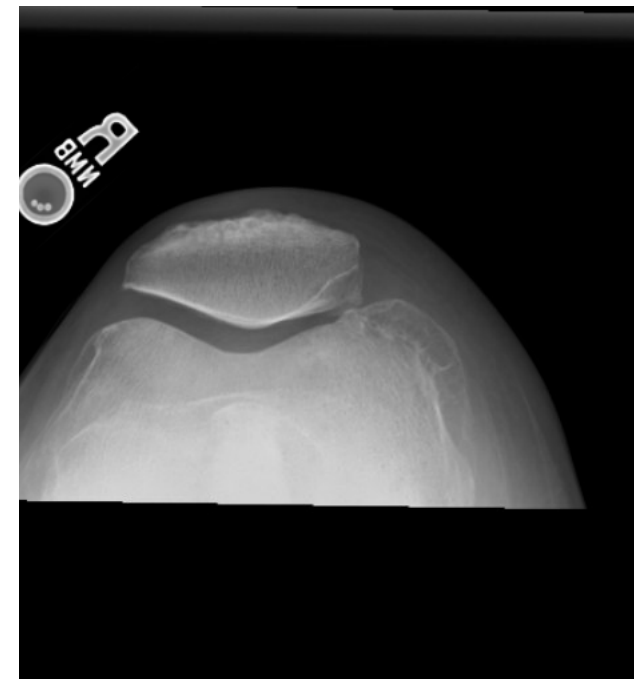


Alfred Kuo – No Resurfacing Needed

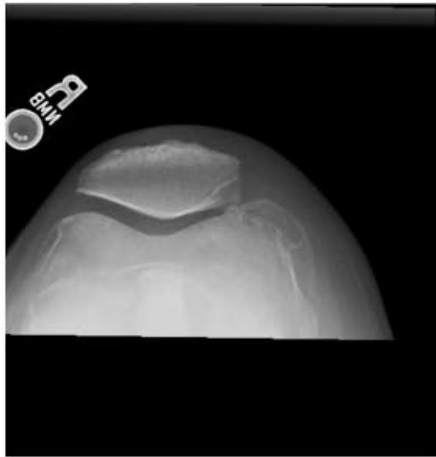


David So – Resurface the Patella





71F Patellar Management



Resurface Patella - So Wins (Team Turtle)

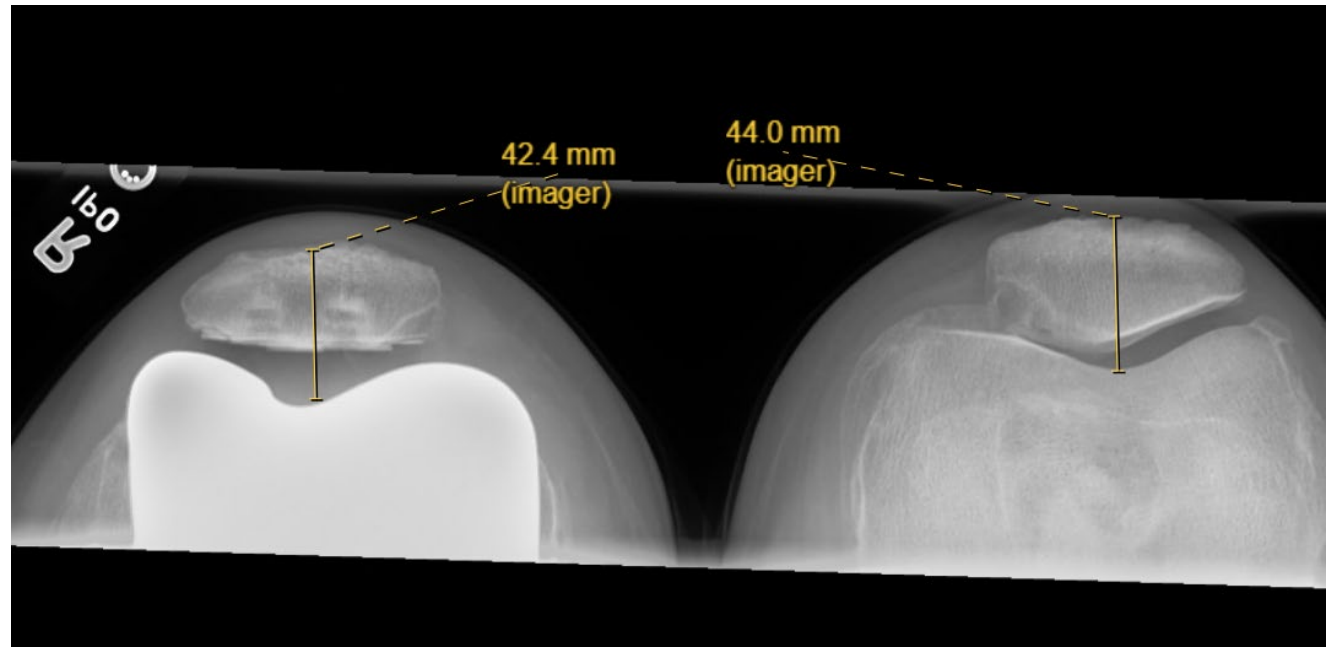
0%

Leave Patella Alone - Kuo Win (Team Rabbit)

0%

Outcome

- Patellar resurfacing



Case 3 – Early Total Knee Rehab Philosophy – Move it or Lose it Vs Slow and Steady



Rabbits: Matthew Siljander



Turtles: Stefano Bini

Case 3

▪ 60M R knee OA

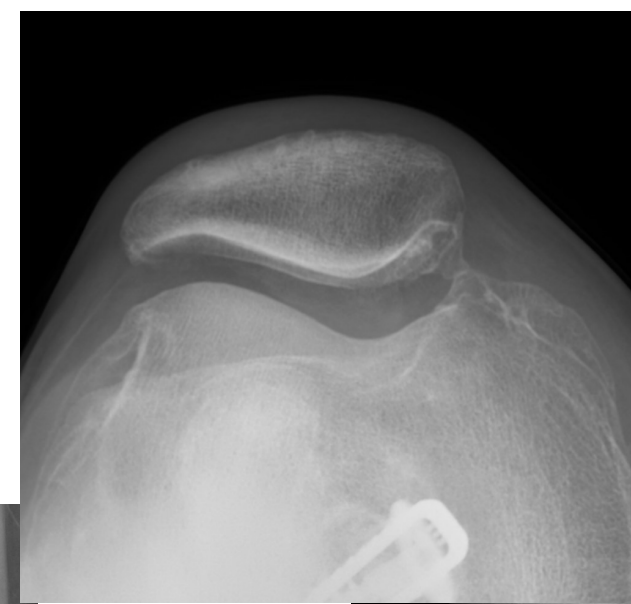
- Aggressive biking, hiking, tennis
- Preop ROM 5-115
- BMI 24
- H/O 2 ACL reconstructions

▪ Debate - Rehab

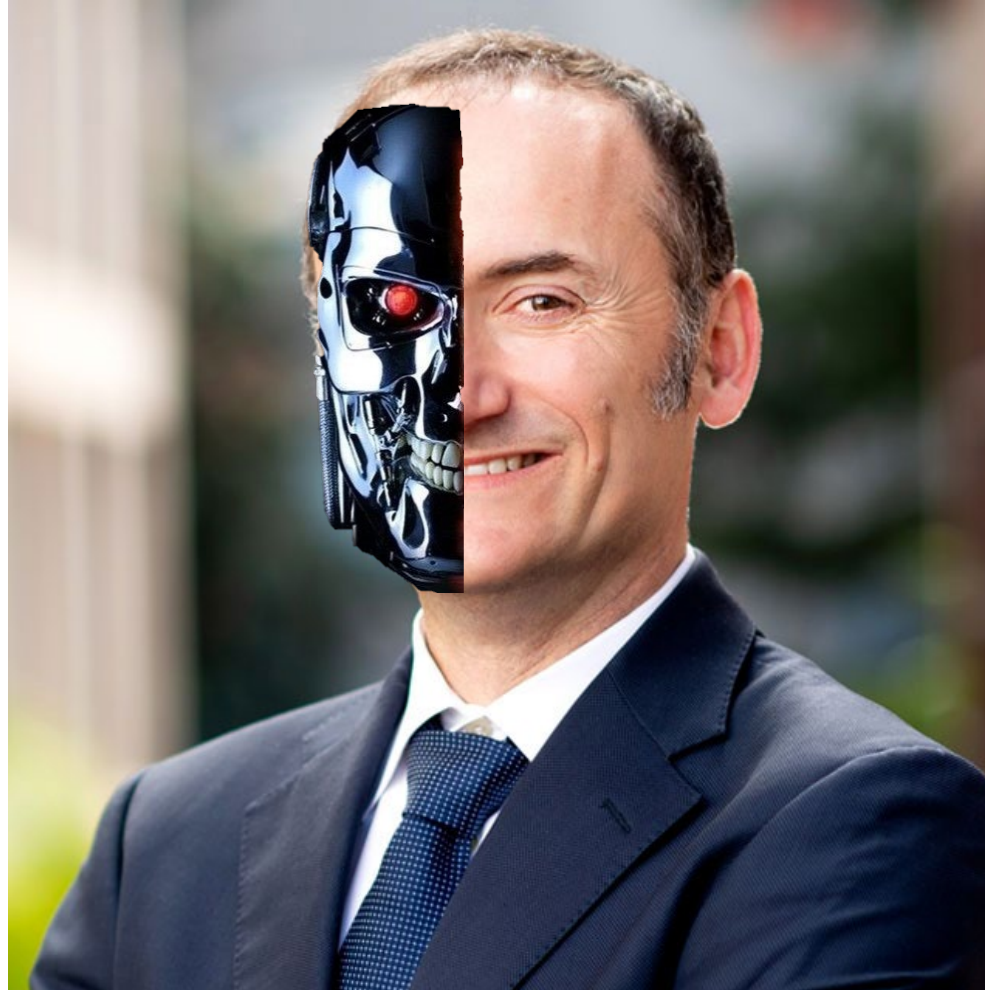
Early Aggressive Therapy

Vs

Slow and Steady

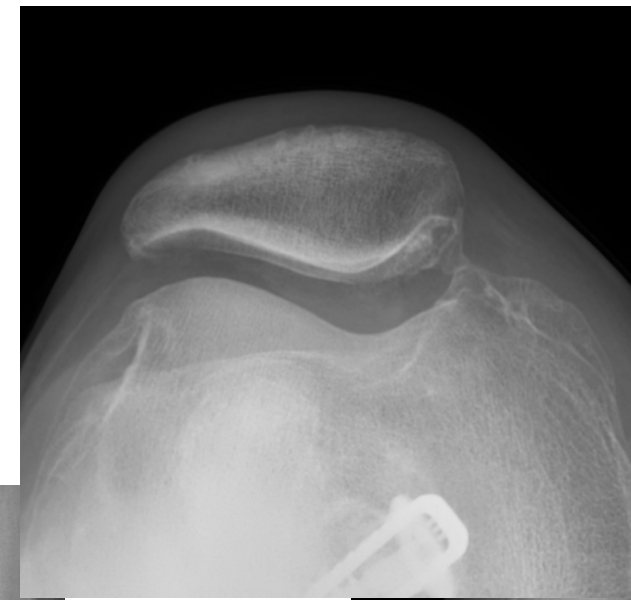


Stefano Bini – Slow and Steady

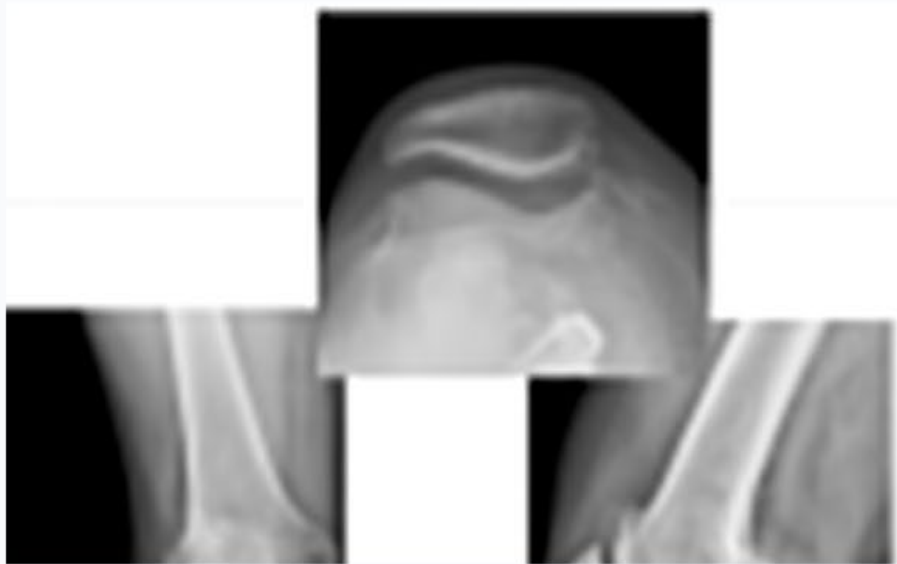


Matthew Siljander – Early, Aggressive Rehab Protocols





60M TKA Rehab



Early Aggressive Rehab - Siljander Wins (Rabbits)

0%

Slow and Steady - Bini Wins (Turtles)

0%

Outcome

?Normal? Rehab – early
ROM and therapy

~100deg at 4 week postop

~127deg at 3mo postop
back to most activities





Team “I Like Turtles”



Team B Rabbit



