19th ANNUAL INTERNATIONAL SAN FRANCISCO

Orthopaedic Trauma Course

CHAIRS

Theodore Miclau, III, MD

Professor and Vice Chairman
UCSF Department of Orthopaedic Surgery

Amir Matityahu, MD

Professor

UCSF Department of Orthopaedic Surgery



Hands-On Workshops

(NEW afternoon specimen-based workshops. Limited to the first 100 participants.)

- Symposia and Case Discussions
- CME Credit

HIGHLIGHTS

Specimen-based laboratory course and limited to the first 100 participants. Learn new and evolving concepts in trauma and fracture management through didactic lectures, case presentations, and hands-on practice with the latest implants from international leaders in the field of orthopaedic traumatology. This course is of substantial value in the preparation for board and recertification examinations.





UCSF Surgical Training Facility

THURSDAY, APRIL 24, 2025 7:00-7:20 am Registration / Continental Breakfast / Visit Exhibits 7:20-7:30 am Welcome: SF Orthopaedic Trauma Course Theodore Miclau, MD 7:30-7:40 am Orthopaedic Trauma Association: Updates in 2025 Emil Schemitsch, MD 7:40-7:50 am Maintenance of Certification: What is New? Shephard Hurwitz, MD SPINE / PELVIS / ACETABULUM Moderator: Joseph Borrelli, MD 7:50-8:00 pm Neck Injuries: Clearing the Cervical Spine David Gendelberg, MD 8:00-8:10 am The Unstable Pelvis: Evaluation and Management Paul Toogood, MD 8:10-8:20 am Sacral Fractures: Which Ones Need Surgery and Ashraf El Naga, MD What Kind? 8:20-8:30 am Acetabular Fractures: Operative Indications Kyle Dickson, MD Posterior Wall Fractures: Evaluation, Approach, 8:30-8:40 am Steven Olson, MD and Treatment 8:40-9:00 am Panel Discussion HIP / FEMUR Moderator: Kyle Dickson, MD 9:00-9:10 am Femoral Neck Fractures: When is Open Reduction Kudret Usmani, MD Necessary? 9:10-9:20 am Intertrochanteric Fractures: Choosing the Right Implant Emil Schemitsch, MD 9:20-9:30 am When and How to Open Reduce Joseph Borrelli, MD 9:30-9:40 am The Problematic Subtrochanteric Fracture: Avoiding Amir Matityahu, MD Malalignment and Loss of Fixation 9:40-9:50 am The Segmental Femoral Shaft Fracture: Assesment of Christian Krettek, MD Length, Alignment, Rotation 9:50-10:10 am Panel Discussion 10:10-10:30 am Break / Visit Exhibits / Travel to Workshops Hands-on Workshops with Rotating Sessions: Upper Extremity Workshop 1: Compartment Syndrome: Acute Diagnosis P. Schneider (Leader) / R. Leighton / E. Schemitsch / U. Kandemir / A. Anoushiravani **Workshop 2:** Cerclage Techniques: Tips and Tricks A. Matityahu (Leader) / N. Dehghan / T. Ding / K. Usmani / M. Tiee Workshop 3: Implant Removal: Tips and Tricks P. Toogood (Leader) / T. Bray / K. Dickson / J. Borrelli / A. El Naga Workshop 1 Workshop 2 Workshop 3 10:30-11:10 am Group A Group B Group C 11:20-12:00 pm Group B Group C Group A 12:10-12:50 pm Group C Group A Group B Break / Visit Exhibits/ Travel to Lectures 12:50-1:00 pm Lunch Symposium / Visit Exhibits OTA Presidential Address: The Things that Really Matter 1:00-2:00 pm Introduction: T. Miclau Lecturer: E. Schemitsch Transfer to Orthopaedic Trauma Institute for Specimen-based Workshops 2:00-2:30 pm (Pre-registration required) CONTROVERSIES IN UPPER EXTREMITY FRACTURES: CASE DISCUSSION CLAVICLE / SHOULDER / HUMERUS Moderator: Utku Kandemir, MD Panel: M. McKee, E. Harvey, N. Dehghan, P. Schneider

	a		
2:00-2:30 pm	Clavicle	Niloofar Dehghan,	, MD
2:30-3:00 pm	Proximal Humerus	Michael McKee, M	D
3:00-3:30 pm	Humeral Shaft	Prism Schneider, N	1D
3:30-4:00 pm	Distal Humerus	Edward Harvey, M	ID
4:00-4:15 pm	Break / Visit Exhibits		

ELBOW / FOREARM / WRIST / HAND Moderator: Nicolas Lee, MD

6:30-8:00 pm

ranei: U. Kanaemir,	A. Ding, K. Vogell, S. Hansen	
4:15-4:45 pm	Elbow	Utku Kandemir, MD
4:45-5:15 pm	Forearm	Anthony Ding, MD
5:15-5:45 pm	Distal Radius	Kevin Vogeli, MD
5:45-6:15 pm	Hand	Scott Hansen, MD
6:15 pm	Adjourn	

Welcome Reception (Open to All Attendees)

FRIDAY, APRIL 25, 2025

7:00-7:25 am Continental Breakfast / Visit Exhibits

7:25-7:30 am Welcome KNEE AND TIBIA Moderator: James Ficke, MD

7:30-7:40 pm Distal Femur Fractures: A Stepwise Approach to Fixation Christian Krettek, MD 7:40-7:50 pm Bicondylar Tibia Plateau Fractures: When Is More than One Approach Needed? David Shearer, MD

Proximal 1/3 Tibia Fractures: Nail vs. Plate Fixation Christian Krettek, MD 7:50-8:00 pm Utku Kandemir, MD 8:00-8:10 am How to Obtain and Maintain Reduction in Segmental

Tibia Fractures Panel Discussion 8:10-8:25 am

FOOT AND ANKLE Moderator: Steven Olson, MD

8:25-8:35 am Tibial Pilon Fractures: Timing, Treatment, and Approaches David Shearer, MD 8:35-8:45 am When is it Critical to Fix the Posterior Malleolus? Prism Schneider, MD 8:45-8:55 am Calcaneus Fractures: Approaches to Successful Outcomes Ross Leighton, MD Columns of the Foot: When and How to Stabilize 8:55-9:05 am James Ficke, MD

Panel Discussion 9:05-9:20 am

GENERAL TRAUMA TOPICS Moderator: Niloofar Dehghan, MD

Compartment Syndrome of the Leg: Diagnosis and Treatment in 2025 9:20-9:30 am Edward Harvey, MD 9:30-9:40 am A Bad Break: Unraveling Fracture-Related Pain Chelsea Bahney, PhD 9:40-9:50 am Thromboprophylaxis: Is Aspirin Enough? Prism Schneider, MD 9:50-10:00 am Business of Orthopaedic Trauma: How is it Changing? Timothy Bray, MD

10:00-10:15 am Panel Discussion

10:15-10:35 am Break / Visit Exhibits / Travel to Workshops

Hands-on Workshops with Rotating Sessions: Lower Extremity

Workshop 1: Femur Fractures P. Toogood (Leader) / K. Dickson / J. Borrelli / E. Harvey / J. Ficke

Workshop 2: Complex Wound Problems: Soft-Tissue Management N. Lee (Co-Leader) / M. Terry (Co-Leader) / S. Hansen / T. Ding / K. Vogeli

Workshop 3: Syndesmosis Injuries D. Shearer (Leader) / R. Leighton / S. Hurwitz / P. Schneider / S. Olson

Workshop 3 Workshop 1 Workshop 2 10:35-11:15 am Group C Group A Group B 11:25-12:05 pm Group B Group C Group A 12:15-12:55 pm Group C Group A Group B

Break / Visit Exhibits/ Travel to Lectures 12:55-1:05 pm 1:05-2:00 pm

Lunch Symposium / Visit Exhibits Leadership Lessons Learned: A Discussion with OTA Past Presidents

Moderator: T. Miclau

Panelists: E. Schemitsch, M. McKee, S. Olson, R. Leighton, A. Schmidt, T. Bray

2:00-2:30 pm Transfer to Orthopaedic Trauma Institute for Specimen-based Workshops

(Pre-registration required)

CONTROVERSIES IN LOWER EXTREMITY INJURIES: CASE DISCUSSION Moderator: Joseph Borrelli, MD PELVIS /ACETABULUM / HIP

Panel: S. Olson, K. Dickson, A. Schmidt, E. Schemitsch

Steven Olson, MD 2:00-2:30 pm Pelvis 2:30-3:00 pm Acetabulum Kyle Dickson, MD Femoral Neck Fractures Andrew Schmidt, MD 3:00-3:30 pm 3:30-4:00 pm Intertrochanteric Fractures Emil Schemitsch, MD Break / Visit Exhibits 4:00-4:15 pm

KNEE / TIBIA / ANKLE / FOOT Moderator: Timothy Bray, MD

Panel: S. Olson, M. Xu, F. de la Huerta 4:15-4:45 pm Distal Femur Steven Olson, MD Mark Xu, MD Proximal Tibia 4:45-5:15 pm 5:15-5:45 pm Distal Tibia Ashraf El Naga, MD 5:45-6:15 pm Ankle Fernando de la Huerta, MD

Adjourn 6:15 pm

WATCH IT NOW! NEW TO THE COURSE? Has it been awhile since you have attended? Please watch what our course is all about at our online video library. Open YouTube and search for 'Annual Trauma Course Video Series' on the Orthopaedic Trauma Institute channel.



Theodore Miclau, MD

	APRIL 26, 2025		
7:00-7:25 am	Continental Breakfast	/ Visit Exhibits	T
7:25-7:30 am	Welcome		Theodore Miclau, MD
THORAX / SHOULDER / HUMERUS Moderator: Prism Schneider, MD 7:30-7:40 pm Sternoclavicular Joint Injuries: Management of the		Mark Xu, MD	
7.40 7.50	Acute Dislocations	at Injurias Mhan and Hausta Stabilina	Nilaafar Dahahan MD
7:40-7:50 pm 7:50-8:00 pm	Glenoid Fractures: Sur	nt Injuries: When and How to Stabilize rgical Indications and Management	Niloofar Dehghan, MD Utku Kandemir, MD
8:00-8:10 am 8:10-8:25 am	Panel Discussion	actures: Selecting the Right Approach	Michael McKee, MD
ELBOW / FOREARM	Moderator: Michael Mo		
8:25-8:35 am	Right Approach	hich Ones to Fix and Selecting the	Prism Schneider, MD
8:35-8:45 am	Approach, Reduction,	umerus Fractures: Assesment, and Fixation	Edward Harvey, MD
8:45-8:55 am	Patterns and Their Rel		Anthony Ding, MD
8:55-9:05 am 9:05-9:20 am	Proximal 1/4 Forearn Panel Discussion	n Fractures: Avoiding Pitfalls	Utku Kandemir, MD
WRIST / HAND Mod	lerator: Edward Harvey,	MD	
9:20-9:30 am		s: Treatment Strategies for Simple	Nicole Schroeder, MD
9:30-9:40 am		n to Open and How to Stabilize	Nicolas Lee, MD
9:40-9:50 am	and Fixation	ate Injuries: Assessment, Approach,	Scott Hansen, MD
9:50-10:00 am	Metacarpal Base Fractures and Dislocations: Michael Terry, MD Avoiding Complications		Michael Terry, MD
10:00-10:15 am	Panel Discussion	/ - 1	
10:15-10:35 am	Break / Visit Exhibits	/ Travel to Workshops	
Hands-on Workshop:	Workshop 1: Non-Un J. Borrelli, MD (Leade Workshop 2: Malunic M. McKee (Leader) / Workshop 3: Fracture	r) / N. Lee, MD / T. Bray / E. Schemi on F. De la Huerta / C. Krettek / N. Dehg	han / U. Kandemir:
	Workshop 1	Workshop 2	Workshop 3
10:35-11:15 am	Group A	Group B	Group C
11:25-12:05 pm	Group B	Group C	Group A
12:15-12:55 pm	Group C	Group A	Group B
12:55-1:05 pm 1:05-2:00 pm	Break / Visit Exhibits/ Travel to Lectures Lunch Symposium / Visit Exhibits Orthopaedic Trauma Family Feud Host: A. El Naga Team Canada: M. McKee (Captain) / E. Schemitsch / E. Harvey / N. Dehghan / M. XL Team USA: J. Borrelli (Captain) / K. Dickson / T. Bray / A. Schmidt / J. Ficke		
GERIATRICS: MANAG	SING THE COMPLEX CAS	ES Moderator: Emil Schemitsch, MD	
2:00-2:10 pm	Proximal Humerus		Michael McKee, MD
2:10-2:20 pm	Elbow		Edward Harvey, MD
2:20-2:30 pm	Distal Radius		Nicolas Lee, MD
2:30-2:40 pm	Proximal Femur		Joseph Borrelli, MD
2:40-2:50 pm	Distal Femur		Andrew Schmidt, MD
2:50-3:00 pm	Ankle		Shepherd Hurwitz, MD
3:00-3:20 pm 3:20-3:30 pm	Discussion Course Summary/Raf	flo	
3:30 pm	Adjourn	iic	
5.00 pm	. 10,00111		

SPECIMEN-BASED WORKSHOPS

Orthopaedic Trauma Institute

THURSDAY, APRIL 24, 2025

LAB SESSIONS: PROXIMAL FEMUR FRACTURES

2:30-2:40 pm 2:45-3:00 pm

Welcome: Lab Overview Proximal Femur Periprosthetic Fractures

Amir Matityahu, MD Andrew Schmidt, MD

Hands-On Workshops with Rotating Sessions:

Workshop 1 (Surgical Training Facility): **Proximal Femur Periprosthetic Fractures**

Instructors: A. Schmidt (Leader), E. Schemitsch, K. Dickson, T. Barber, P. Toogood, J. Borrelli, K. Usmani, A. Anoushiravani

Workshop 2 (Dry Lab):

Proximal Femur Periprosthetic Fractures

Instructors: S. Olson (Leader), R. Leighton, T. Bray, F. de la Huerta,

D. Gendelberg, M. Tiee

Workshop 1 Workshop 2 3:00-4:10 pm Group A Group B 4:30-5:40 pm Group B Group A

5:40-6:10 pm

Adjourn / Transfer to Hotel

FRIDAY, APRIL 25, 2025

LAB SESSIONS: KNEE AND ANKLE FRACTURES

2:30-2:40 pm Welcome: Lab Overview Amir Matityahu, MD 2:45-3:00 pm Floating Knee Utku Kandemir, MD

Hands-On Workshops with Rotating Sessions:

Workshop 1 (Surgical Training Facility): Floating Knee Instructors: U. Kandemir (Leader), C. Krettek, E. Harvey P. Schneider, M. McKee, N. Dehghan, P. Toogood, M. Tiee

Workshop 2 (Dry Lab): Pilon Fracture

Instructors: J. Ficke (Co-leader), D. Shearer (Co-leader),

R. Leighton, S. Hurwitz, A. Anoushiravani

Workshop 1 Workshop 2 3:00-4:10 pm Group A Group B 4:30-5:40 pm Group A Group B

5:40-6:10 pm Adjourn / Transfer to Hotel

NURSING TRACK

(SIMULTANEOUS TO MAIN COURSE WORKSHOPS)

THURSDAY, APRIL 24, 2025

Nursing Workshop 1: Pre-Operative Considerations: Diagnosis and Surgical **Planning of Common Fractures**

Anthony Ding, MD 10:30-11:10 am Upper Extremity 11:20-12:00 pm Lower Extremity Kudret Usmani, MD 12:10-12:50 pm Spine/Pelvis Ashraf El Naga, MD

FRIDAY, APRIL 25, 2025

Nursing Workshop 2: Post-Operative Considerations: Management of Common Fractures Following Surgery

Utku Kandemir, MD 10:35-11:15 am Upper Extremity Mark Xu, MD 11:25-12:05 pm Lower Extremity Mark Xu, MD 12:15-12:55 pm Spine/Pelvis

SATURDAY, APRIL 26, 2025

Nursing Workshop 3: Trauma-related Complications (Main Course Labs)

10:35-11:15 am Non-Union J. Borrelli, MD (Leader) Malunion Michael McKee, MD 11:25-12:05 pm (Leader)

David Lowenberg, MD Fracture-related Infections 12:15-12:55 pm (Leader)

All Course Details

Please scan the QR code or visit our website directly https://orthosurgery.ucsf.edu/education/programs/Annual-International-San-Francisco-Orthopaedic-Trauma-Course to see all course details including lodging, program and to register:



ACCREDITATION

In support of improving patient care, the University of California, San Francisco



is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

UCSF designates this live activity for a maximum of 26.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants

PAs may claim a maximum of 26.25 Category 1 credits for completing this activity NCCPA accepts AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

Nursing Credit

For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME.

ACKNOWLEDGMENT OF COMMERCIAL SUPPORT

Educational Grants/ In-Kind Donations

Johnson & Johnson MedTech

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Stryker Trauma



19th ANNUAL INTERNATIONAL

Orthopaedic Trauma Course Faculty

APRIL 24-26, 2025 • INTERCONTINENTAL HOTEL • SF, CA

COURSE CHAIRS

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International Chair
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Zuckerberg San Francisco General
Director, Orthopaedic Trauma Institute

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Chelsea Bahney, PhD Associate Adjunct Professor

Anthony Ding, MD Associate Clinical Professor

Ashraf El Naga, MD Assistant Clinical Professor Director, Spine Service

David Gendelberg, MD Assistant Clinical Professor

Utku Kandemir, MD Clinical Professor Director, Sports Medicine Service

Nicolas Lee, MD
Associate Professor
Director, Hand and Microvascular
Service

David Lowenberg, MD Clinical Professor

David Shearer, MDAssociate Professor In Residence Director, Foot and Ankle Service

Madeline Tiee, MD Clinical Instructor

Paul Toogood, MD Associate Professor In Residence

Kudret Usmani, MD Assistant Professor

Mark Chu Xu, MD Assistant Professor UNIVERSITY OF CALIFORNIA, SAN FRANCISCO SCHOOL OF MEDICINE

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Department of Orthopaedic Surgery

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Director, UCSF Microsurgery Fellowship

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Oakland, CA

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Past Chairman
Orthopaedic Division
Hospital de Especialidades,
Instituto Mexicano del Seguro Social
Guadalajara, Mexico

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Montreal, Quebec, Canada Ross K. Leighton, MD Professor

Department of Surgery Dalhousie University Halifax NS, Canada

Christian Krettek, MD Professor Emeritus Trauma Department

Hannover Medical School Hannover, Germany

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Prism Schneider, MD, PhD Associate Professor Department of Orthopaedic Surgery

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19th ANNUAL INTERNATIONAL

Orthopaedic Trauma Course April 24-26, 2025 • San Francisco

Mail to: UCSF Office of CME, Box 0742

490 Illinois Street, Floor 8 San Francisco, CA 94143 Fax: 415-476-0318

Online: cme.ucsf.edu

(415) 476-4251 (415) 999-9123 Registration Information: Course Information:

erin.simon@ucsf.edu

Last Name	First	M.I.	
Degree	Specialty		
Address			
City	State	Zip	
Daytime Phone	Fax		
Email Address Label Code Letter (see address label: e	example, A, B, C, D, etc.)		
Would you like to be on our priority e-mail list?	☐ Yes ☐ No		
E. Please indicate if you have any special need	s:		
REGISTRATION	REGISTRATION		
MMC25010 April 24-26, 2025	SPECIMEN BASED WORKSHOPS • April 24-25, 202		
Physicians ☐ \$745 On or Before 4/1/25 ☐ \$845 After 4/1/25 Industry Professionals	Physicians \$\square\$ \$150 Thursday or \$\square\$ \$150 Friday Physicians \$\square\$ \$250 Thursday and Friday		
\$745		or fax and identify your 5 On or Before 4/1/25	
Nurses (for registration in course and simultaneous nursing track. Open to all specialties.) \$645 On or Before 4/1/25 \$745 After 4/1/25	UCSF Inman-Abbott Socie	l Ś On or Before 4/1/25 I Ś After 4/1/25	
International attendee scholarships are available on request (please contact Erin Simon: erin.simon@ucsf.edu for further information).	☐ \$42 ASSH Members ☐ \$44	25 On or Before 4/1/25 25 After 4/1/25 15 On or Before 4/1/25 15 After 4/1/25	
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Card #		Expiration date	
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Refund Policy: Cancellations received in writin less a \$75 administrative fee. No refunds will be	ng before the first day of the	course will be refunded, eived after that date.	

ON-SITE REGISTRATION (Pre-registration is preferred to ensure that registrants receive a name badge.)

Time: 6:30 am - 8:00 am Date: Thursday, April 24, 2025 Place: InterContinental Hotel San Francisco 888 Howard Street San Francisco, CA 94103 1 (866) 781-2364 http://www.intercontinental

sanfrancisco.com/



Special Discounted Hotel Room Rates: For guests who book by April 2nd. They will receive a discounted rate of \$239.00 per room, per night. After April 2nd, guests will receive the group rate based only on availability rooms book quickly! For call in reservations have your guests call 1-866-781-2364 and request a reservation for the group UCSF ZSFG San Francisco Orthopedic 2025. For questions about these rates or alternative housing please contact erin.simon@ucsf.edu. By staying at the host hotel, you help UCSF meet its contractual obligations and keep future registration fees reasonable. Please take this into consideration when making your accommodation decisions.



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2025 ORTHOPAEDIC TRAUMA COURSE • APRIL 24-26, 2025

COURSE OBJECTIVE

Learn new and evolving concepts in trauma and fracture management through didactic lectures, case presentations, and hands-on practice with the latest implants from international leaders in the field of orthopaedic traumatology. This course is of substantial value in the preparation for board and recertification examinations.

This course is of substantial value in the preparation for board and recertification examinations.

EDUCATIONAL OBJECTIVES

At the conclusion of this educational activity participants should be able to:

- Review orthopaedic trauma principles.
- Improve skills and assess advancements in surgical techniques through hands-on plating, external fixation, and intramedullary nailing methodology.
- Apply technological advancements that can be brought readily to the clinical setting of orthopaedic trauma care, including osteobiologics and instrumentation.



All Course Details

Please scan the QR code or visit our website directly

https://orthosurgery.ucsf.edu/education/programs/Annual-International-San-Francisco-Orthopaedic-Trauma-Course to see all course details including lodging, program and to register.

REGISTER TODAY! You may REGISTER directly by logging onto cme.ucsf.edu

For QUESTIONS and EXHIBITOR INFORMATION, contact Erin Simon – Director, OTI Courses and Events, Orthopaedic Trauma Institute | erin.simon@ucsf.edu. The syllabus will be available only via the Orthopaedic Trauma Course website.