

# Kyle F. Dickson, M.D. M.B.A.



Professor Baylor College of Medicine  
Southwest Orthopaedic Group, Houston, Texas  
[kyledickson99@gmail.com](mailto:kyledickson99@gmail.com) cell 713-208-4168

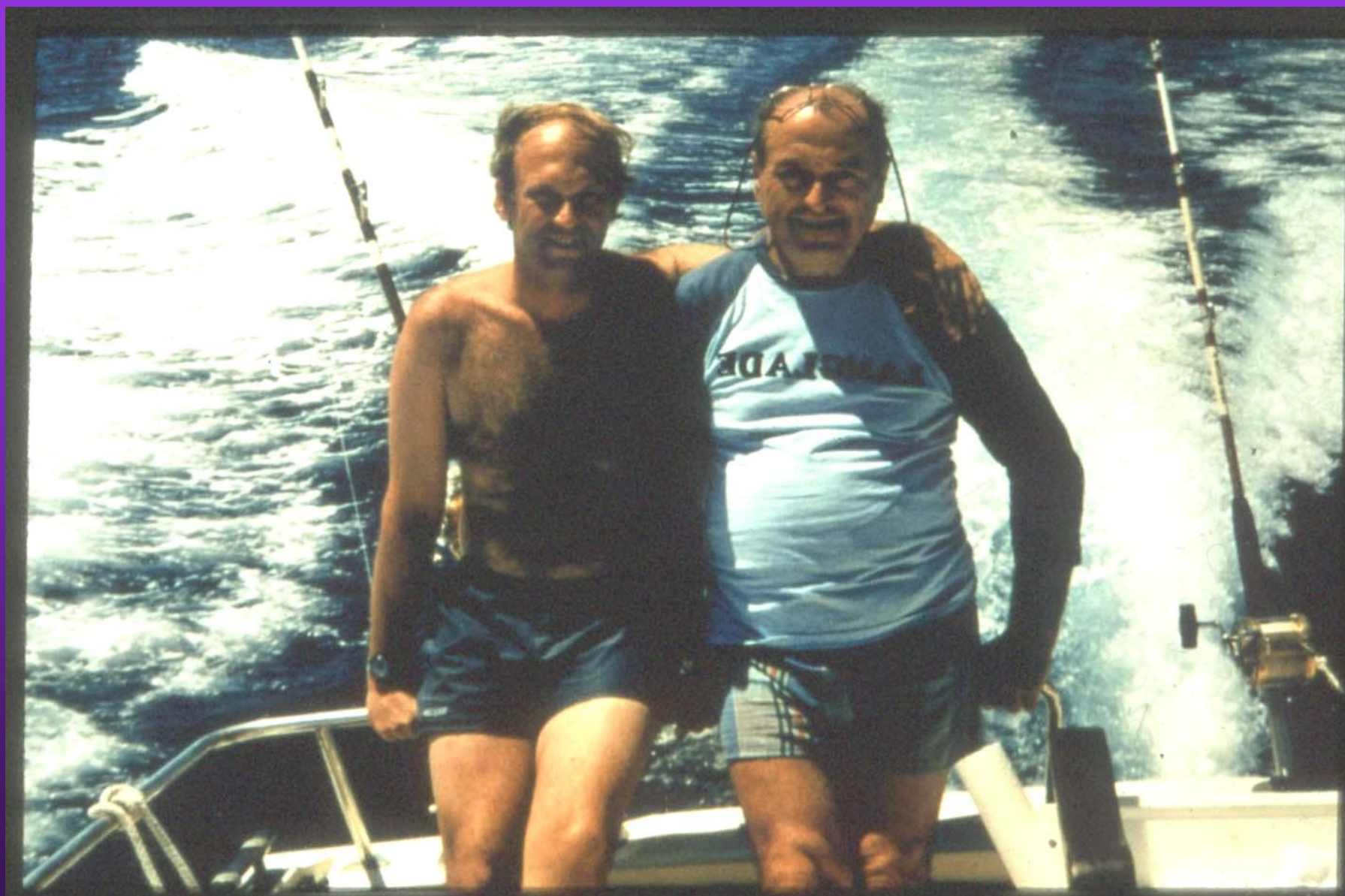
# Indications for ORIF of Acetabular Fractures – 10 Minutes



# Indications For Treatment of Acetabular Fractures

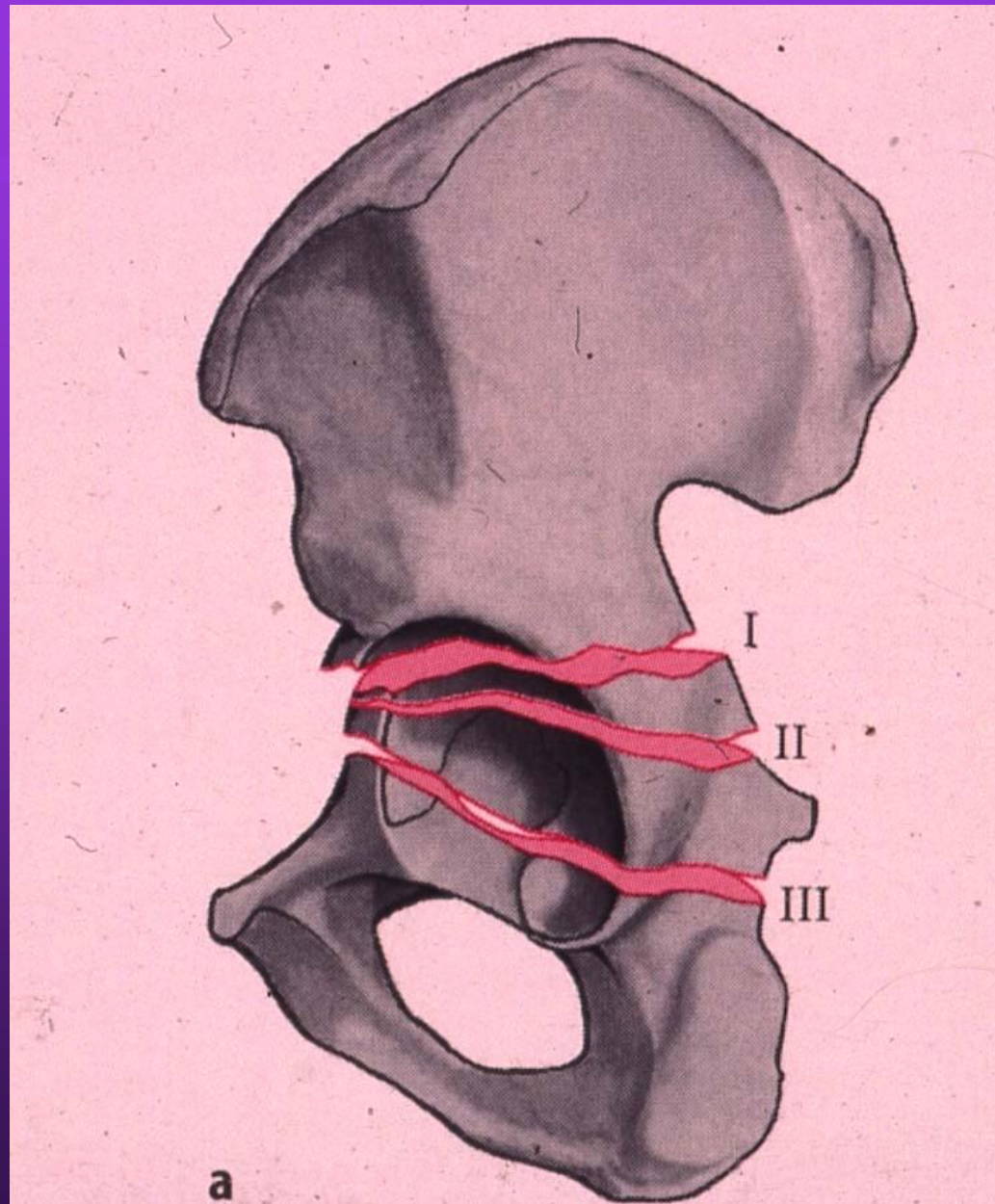


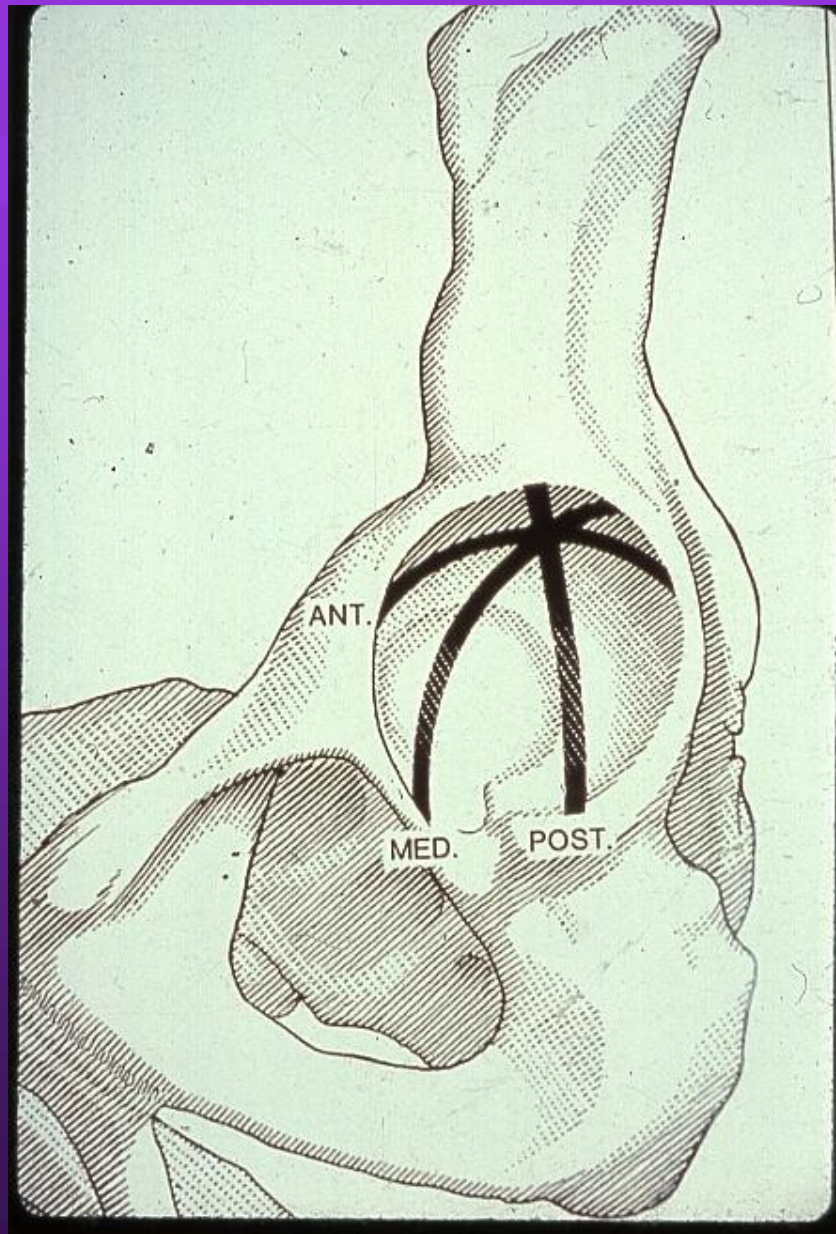
Kyle Dickson MD, MBA  
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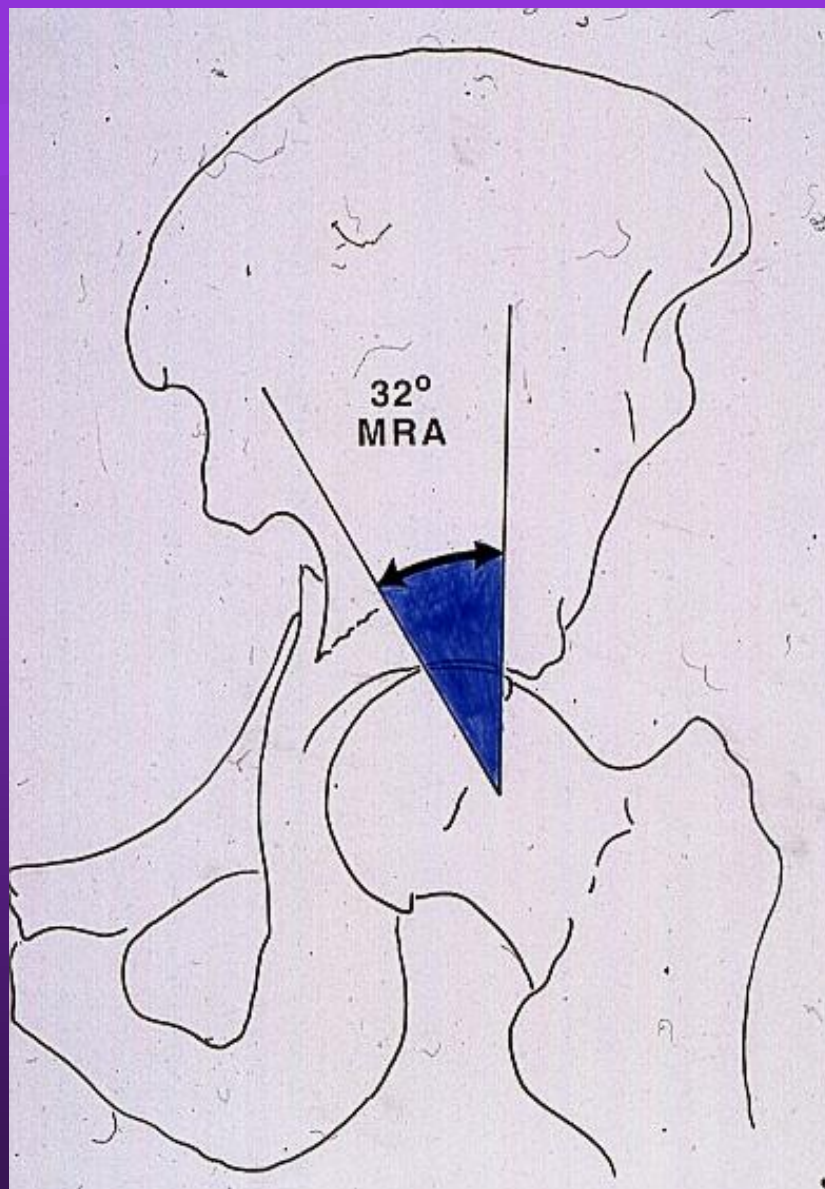
# Indications For ORIF

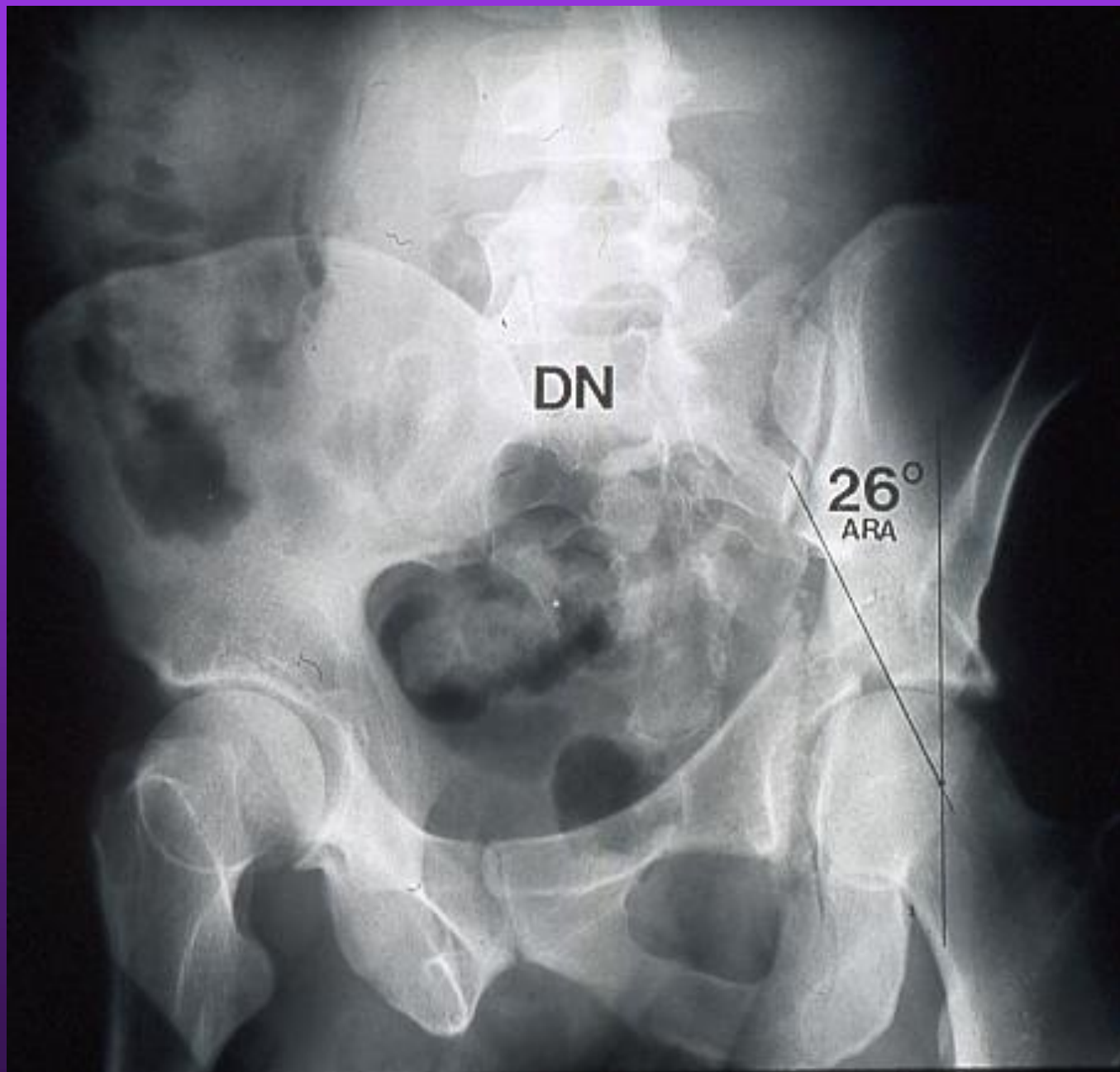
- Displaced dome  $> 1\text{mm}$  ( $\text{ARA} < 25^\circ$ ,  $\text{MRA} < 45^\circ$ ,  $\text{PRA} < 70^\circ$ ), subluxation of femoral head
- Lack of 2° congruence (Both Column acetabular fractures only)
- 20-40% posterior wall

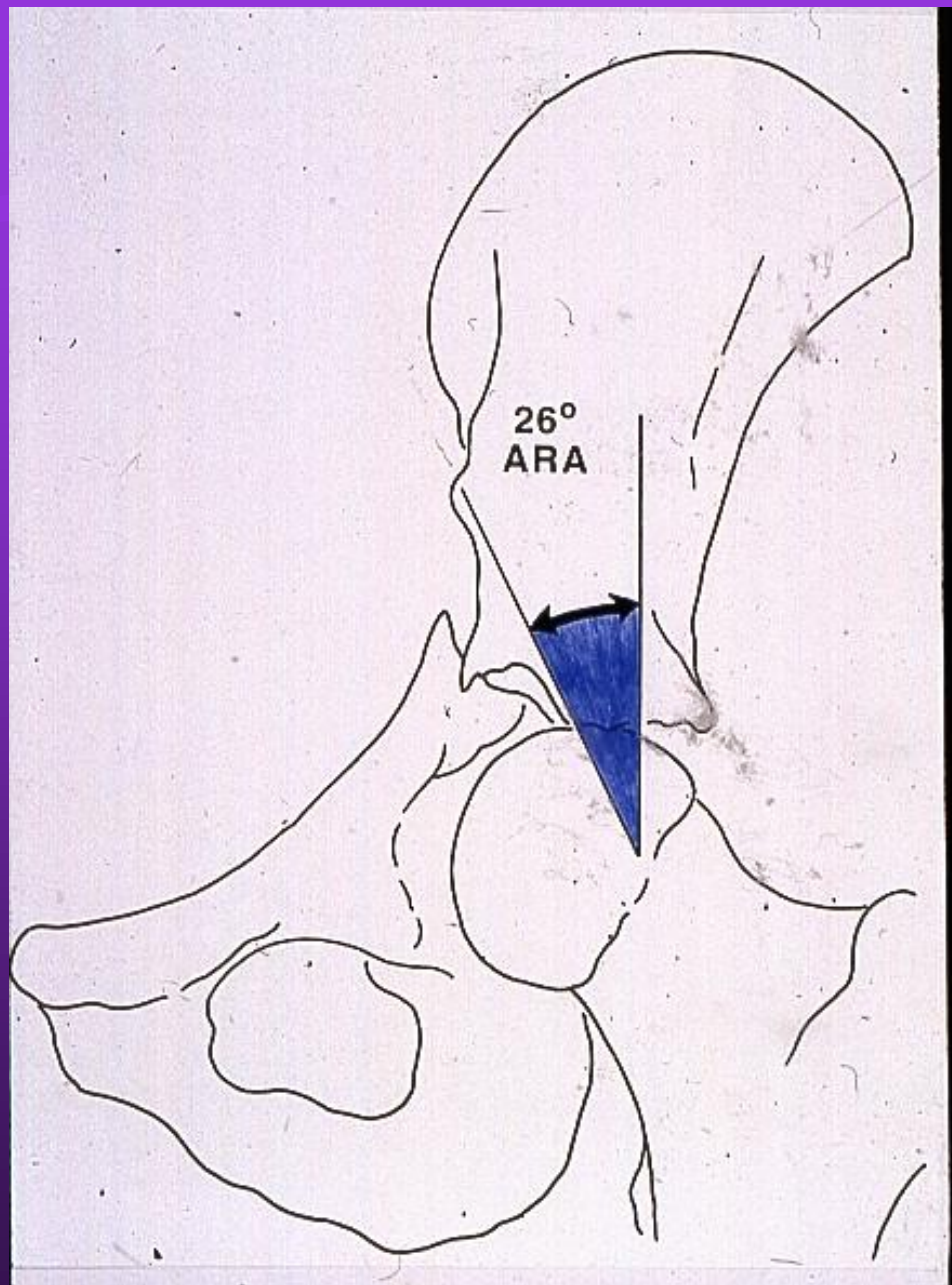


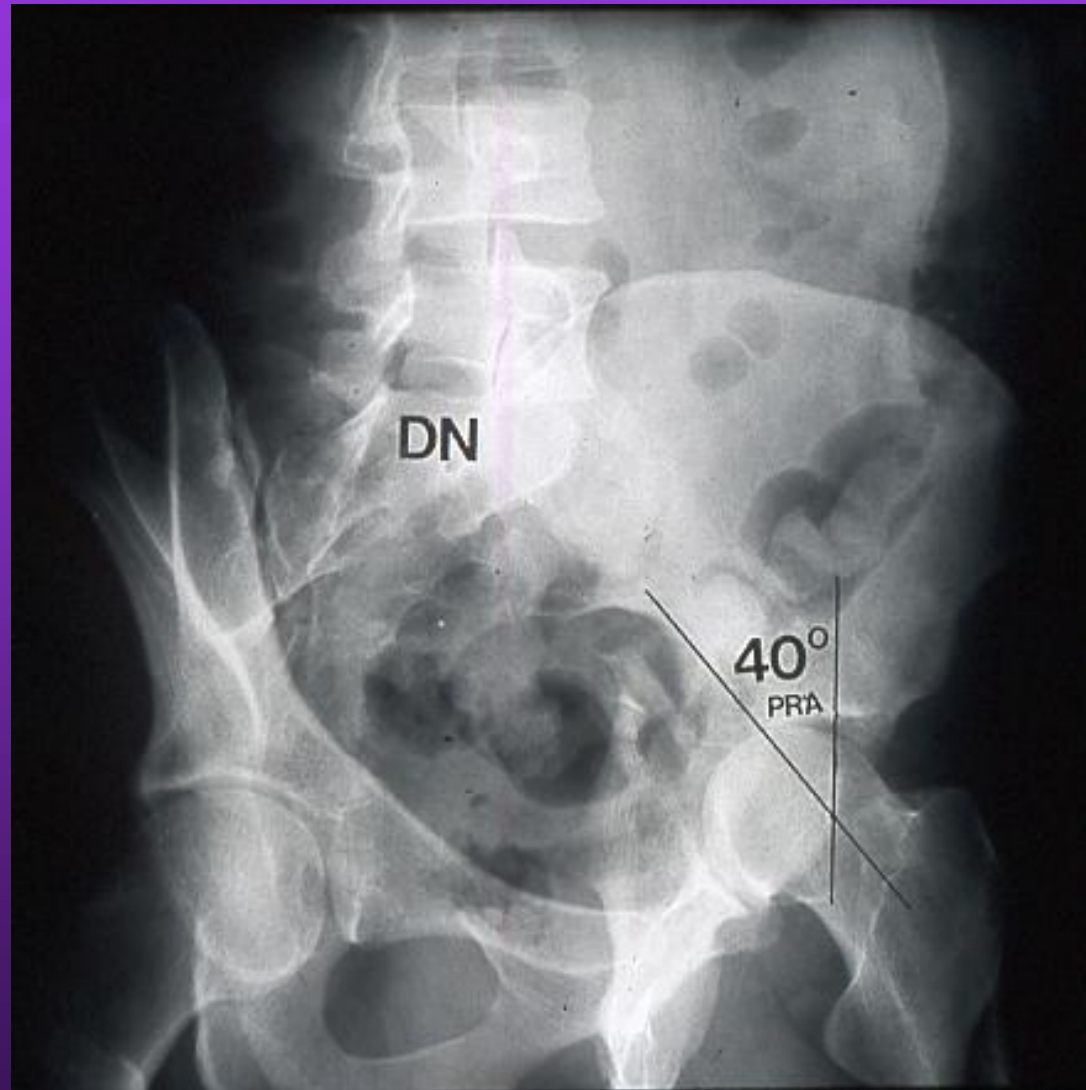


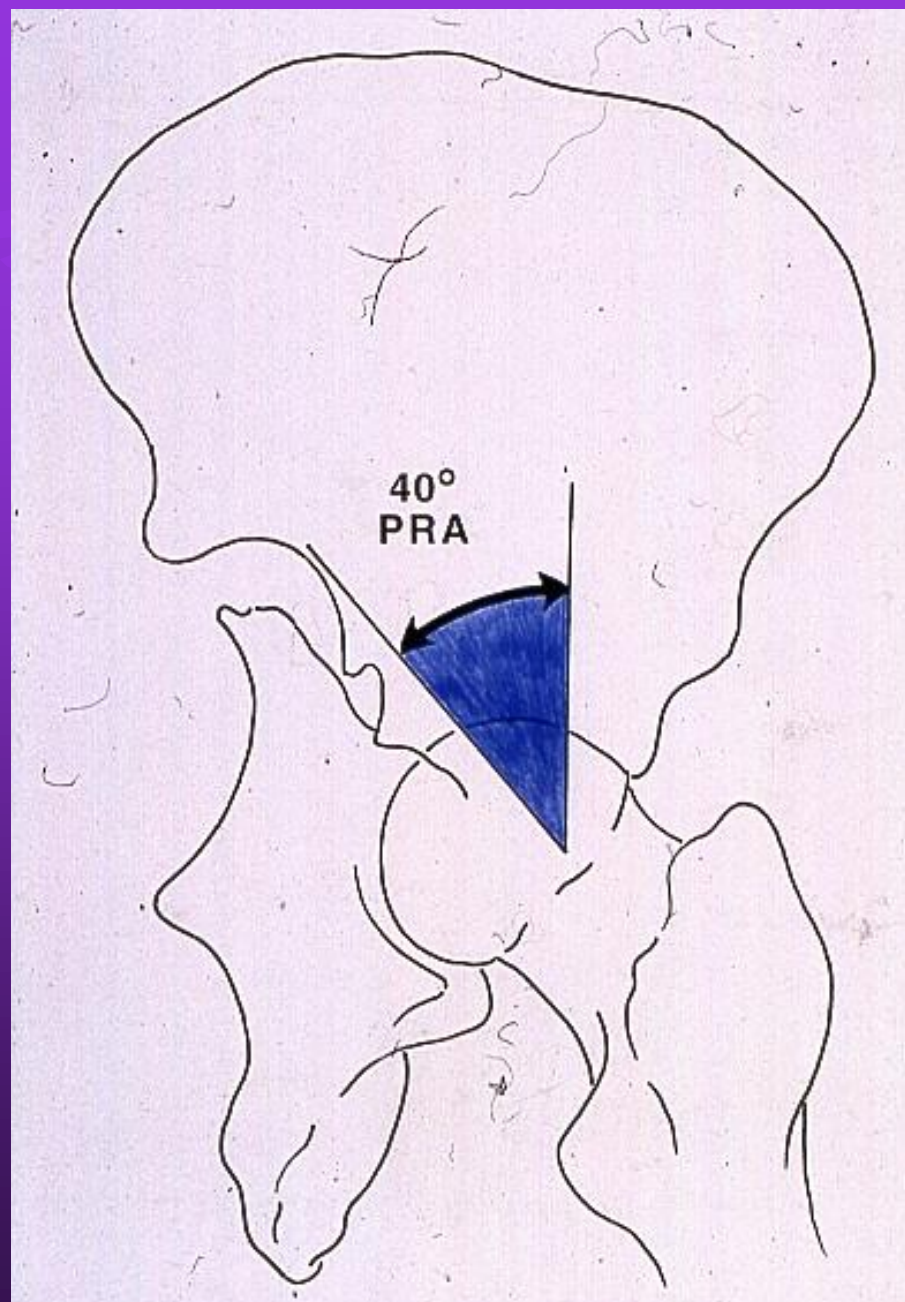










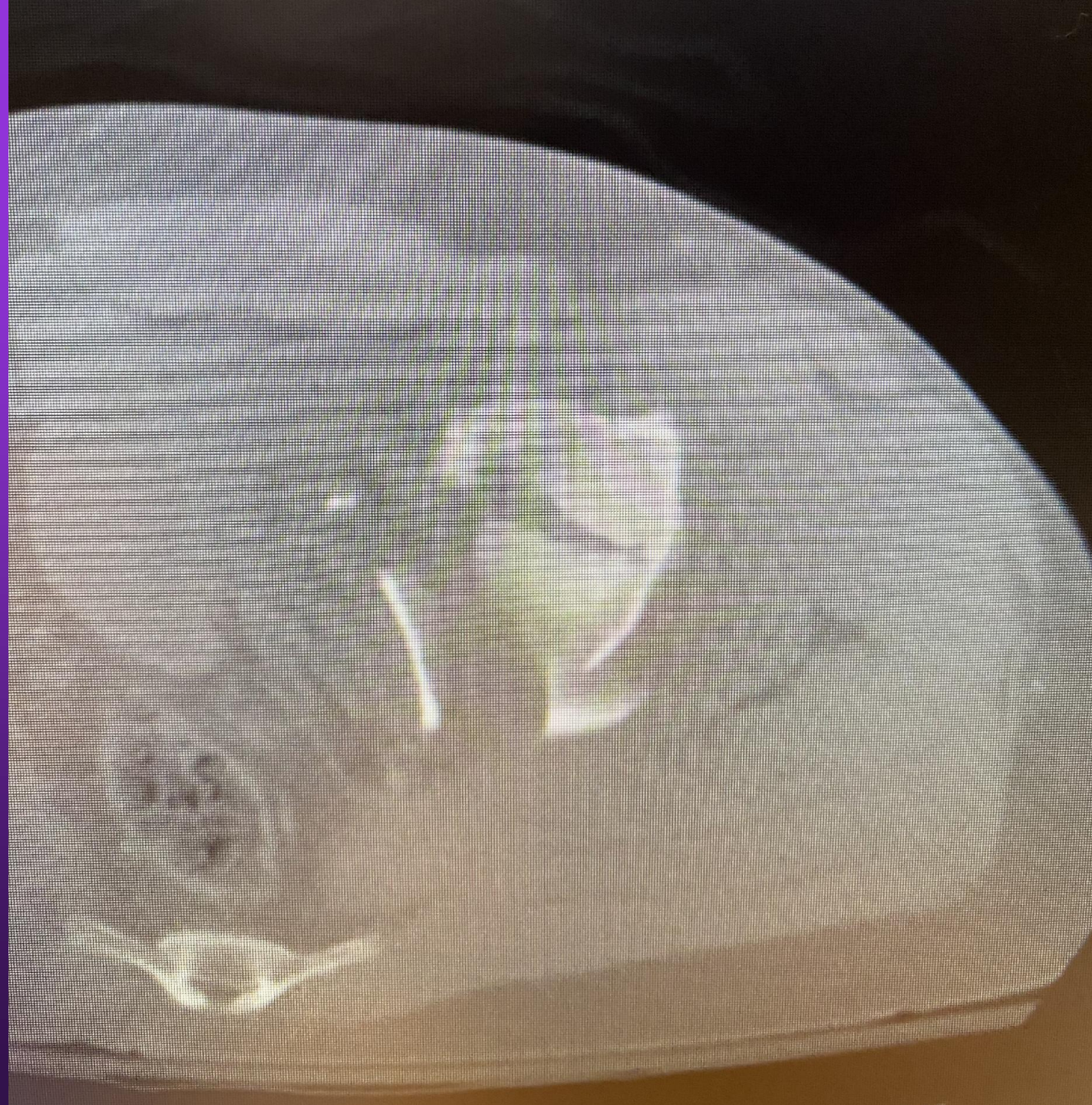


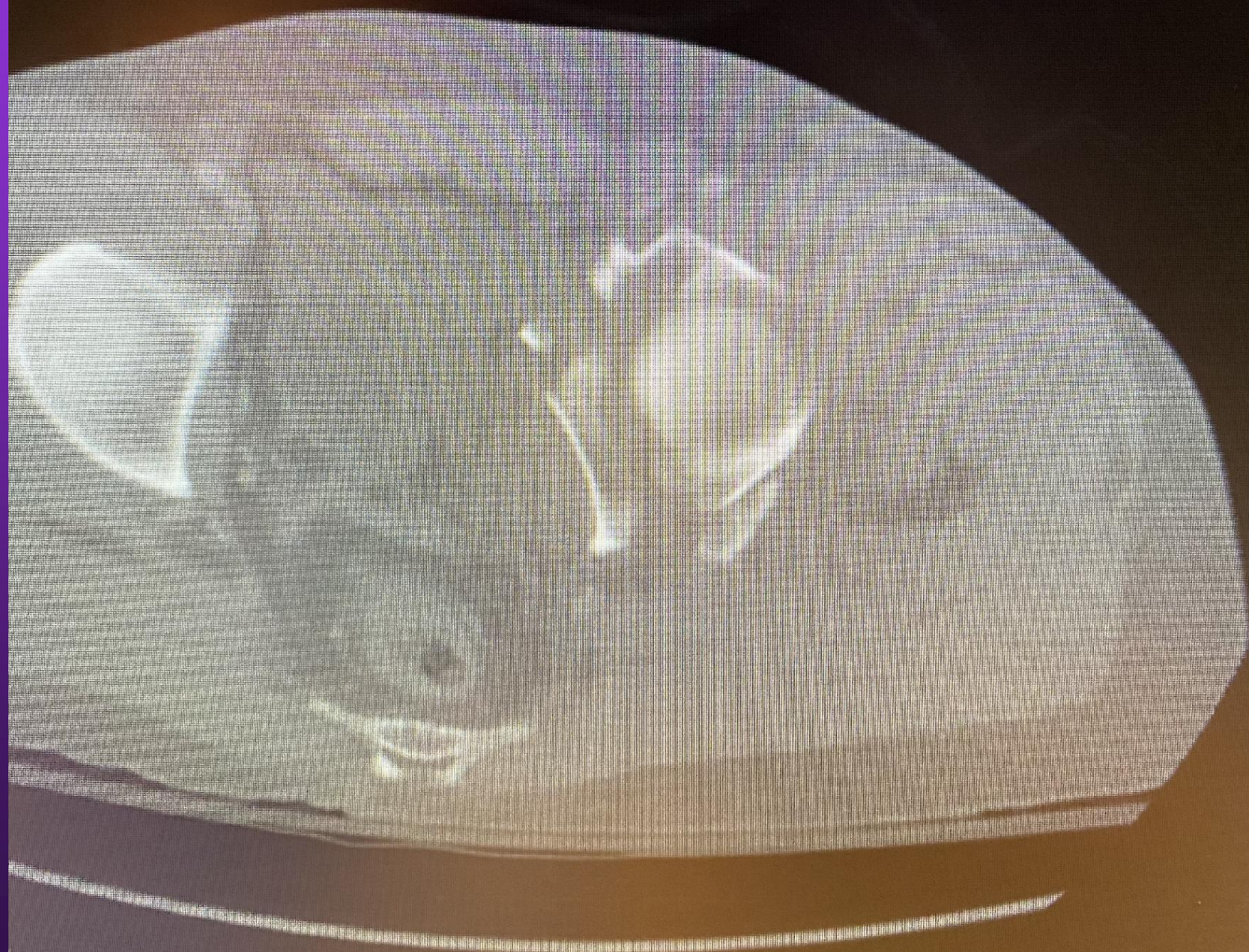
# Timing of Surgery: Criteria

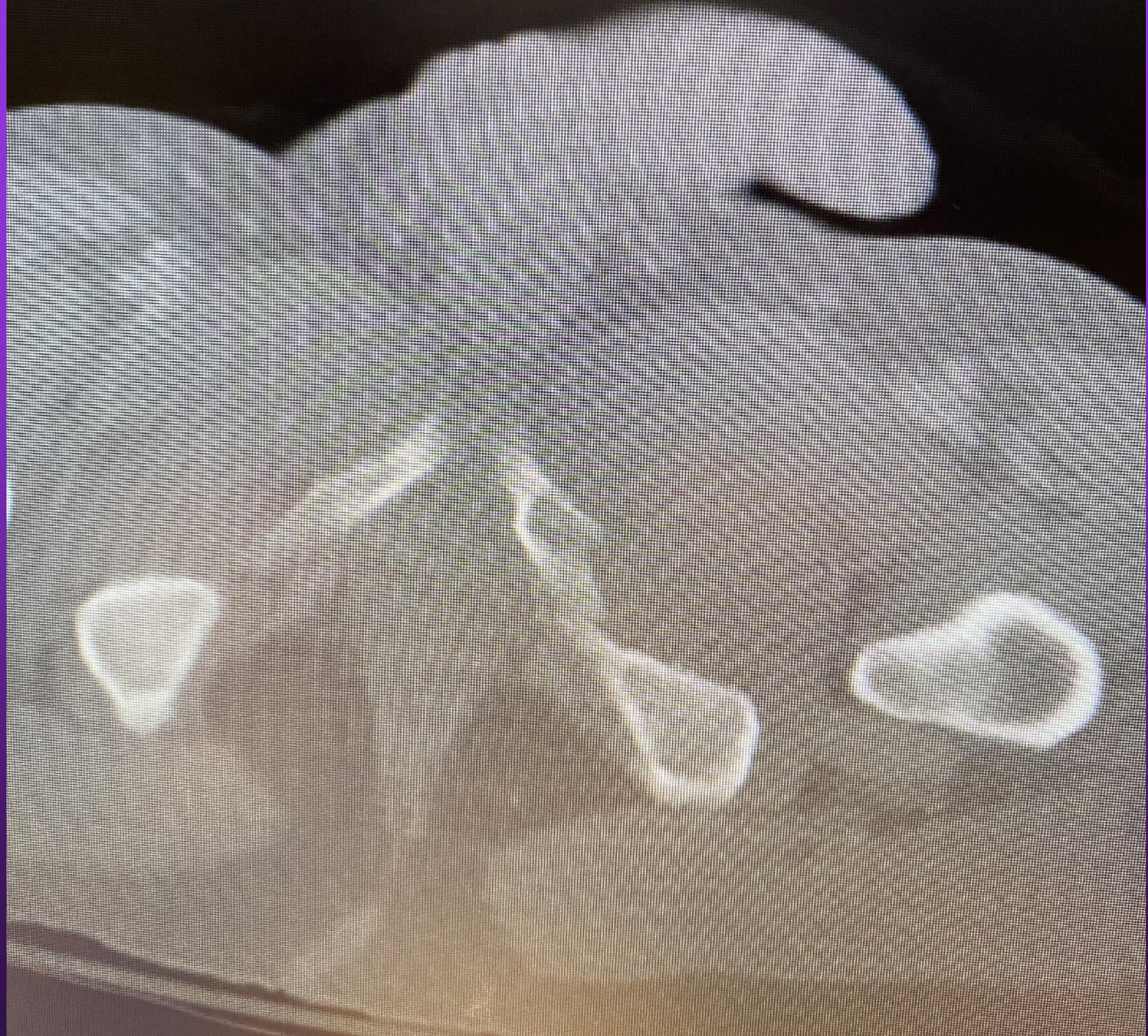
- Well - resuscitated patient
- Appropriate radiological work-up
- Appropriate understanding of fracture
- Appropriate operative team

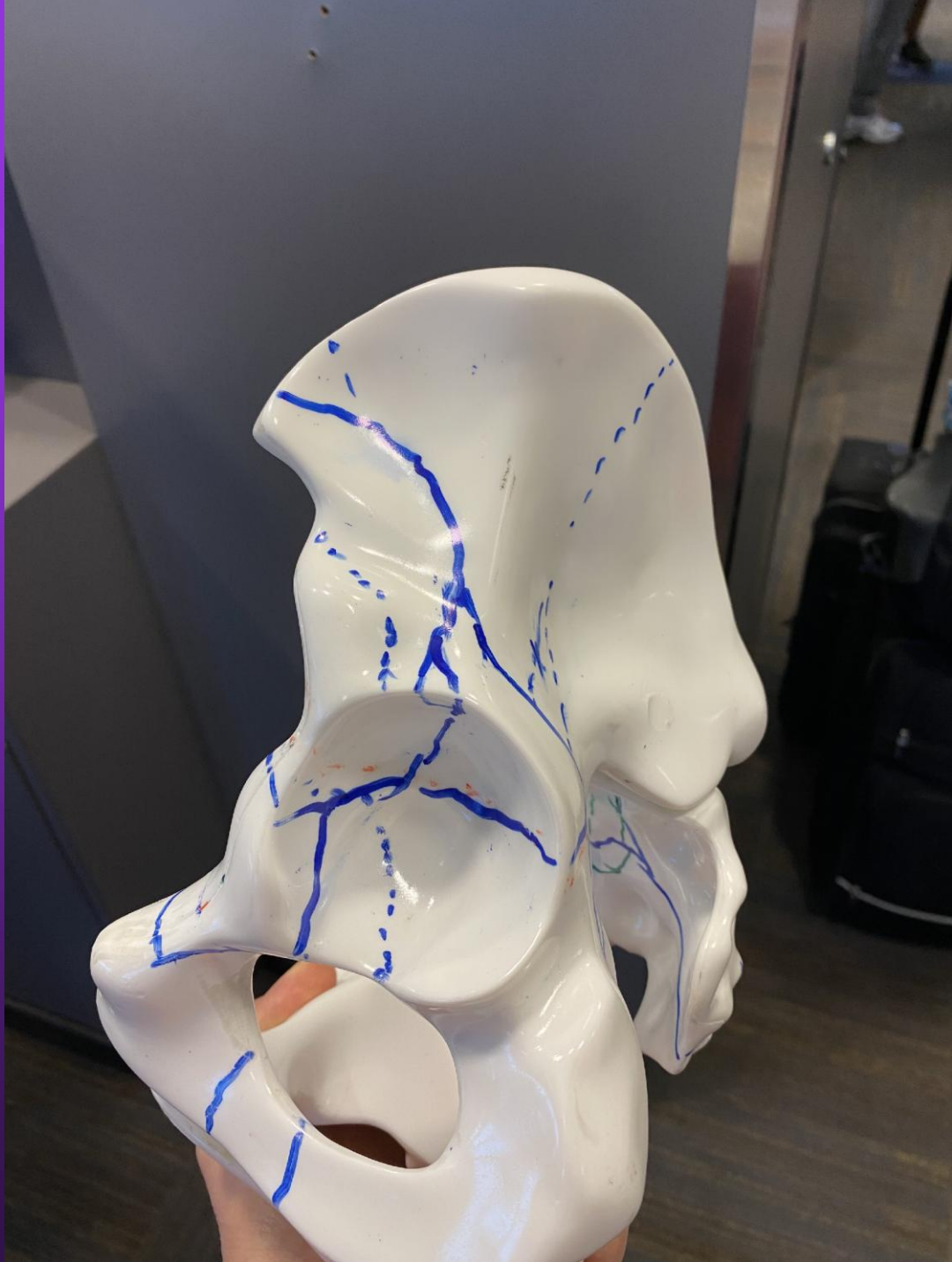
















STYLE

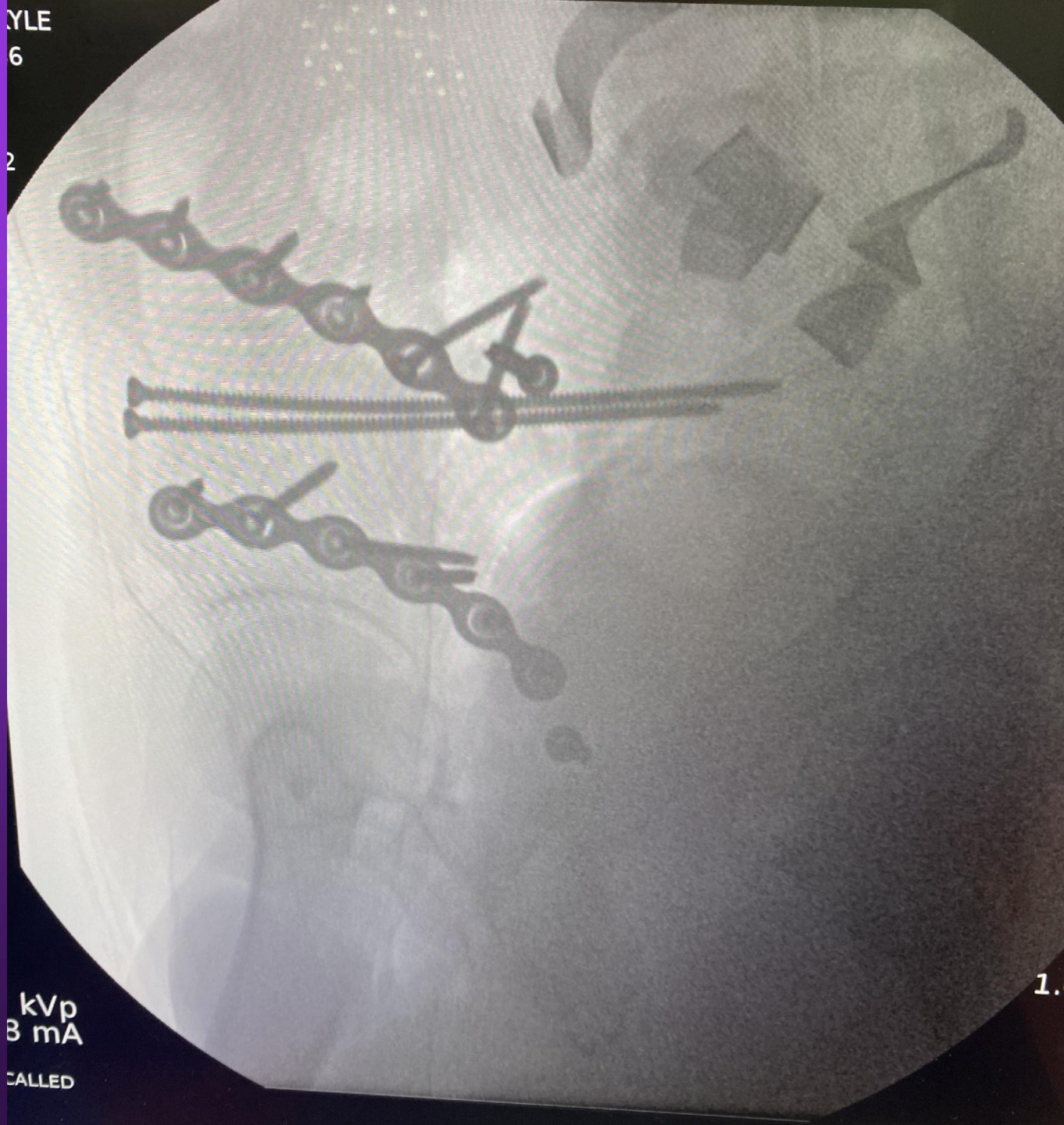
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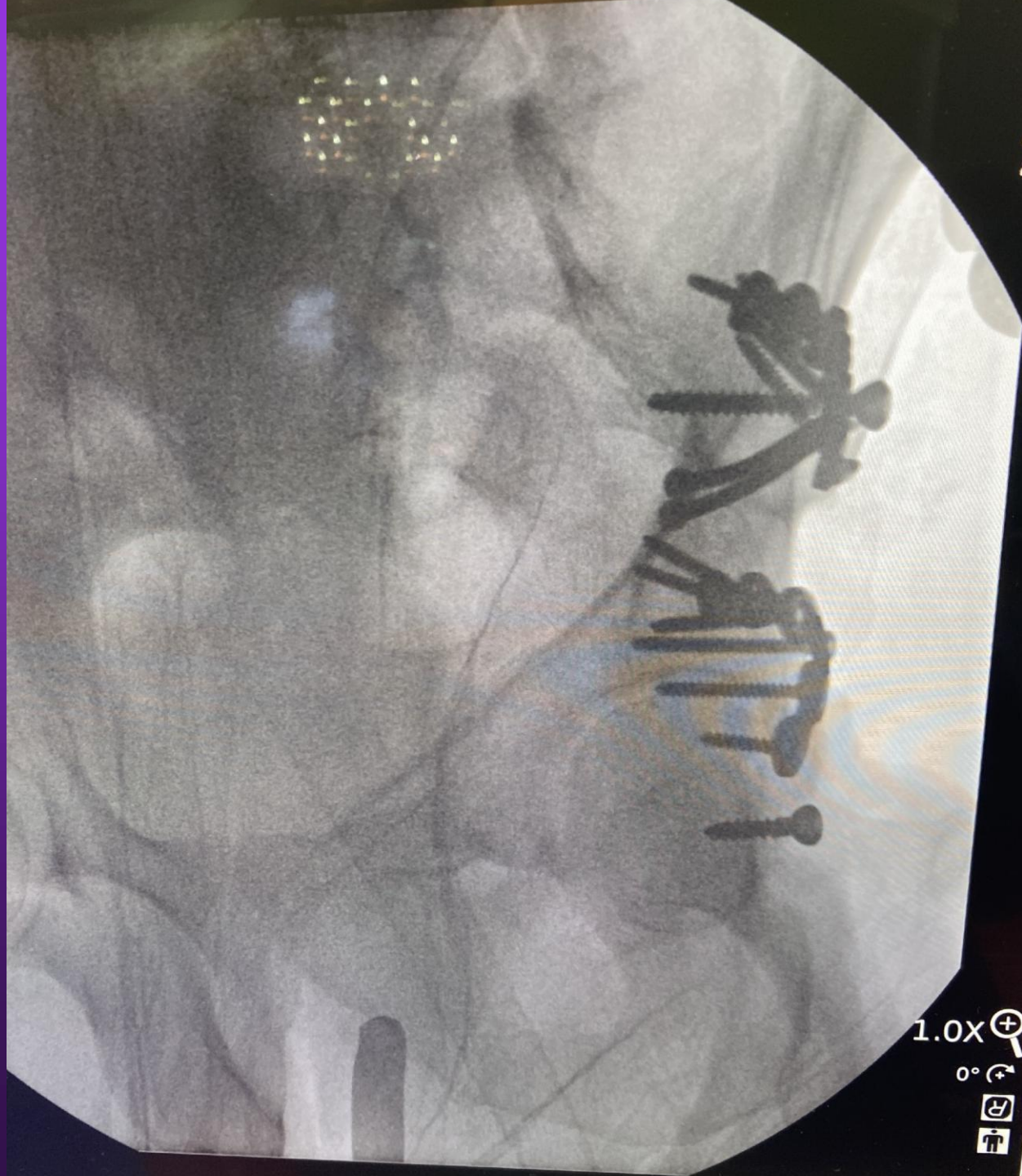
2

kVp  
3 mA

CALLED

1.0





1.0X<sup>+</sup>

0°



# MT

- 52 yo car accident
- Obese, HTN, Diabetes, Fibromyalgia
- Crushed Foot
- Both column posterior wall acetabular fracture
- Options?

Se:1  
Im:1

T.MARIA  
Study Date:10/11/2006  
Study Time:4:02:07 AM  
MRN:

[R]



[L]

[F]

C50  
W350

LITIMET STUDY  
OUTLET

Se:11  
Im:61

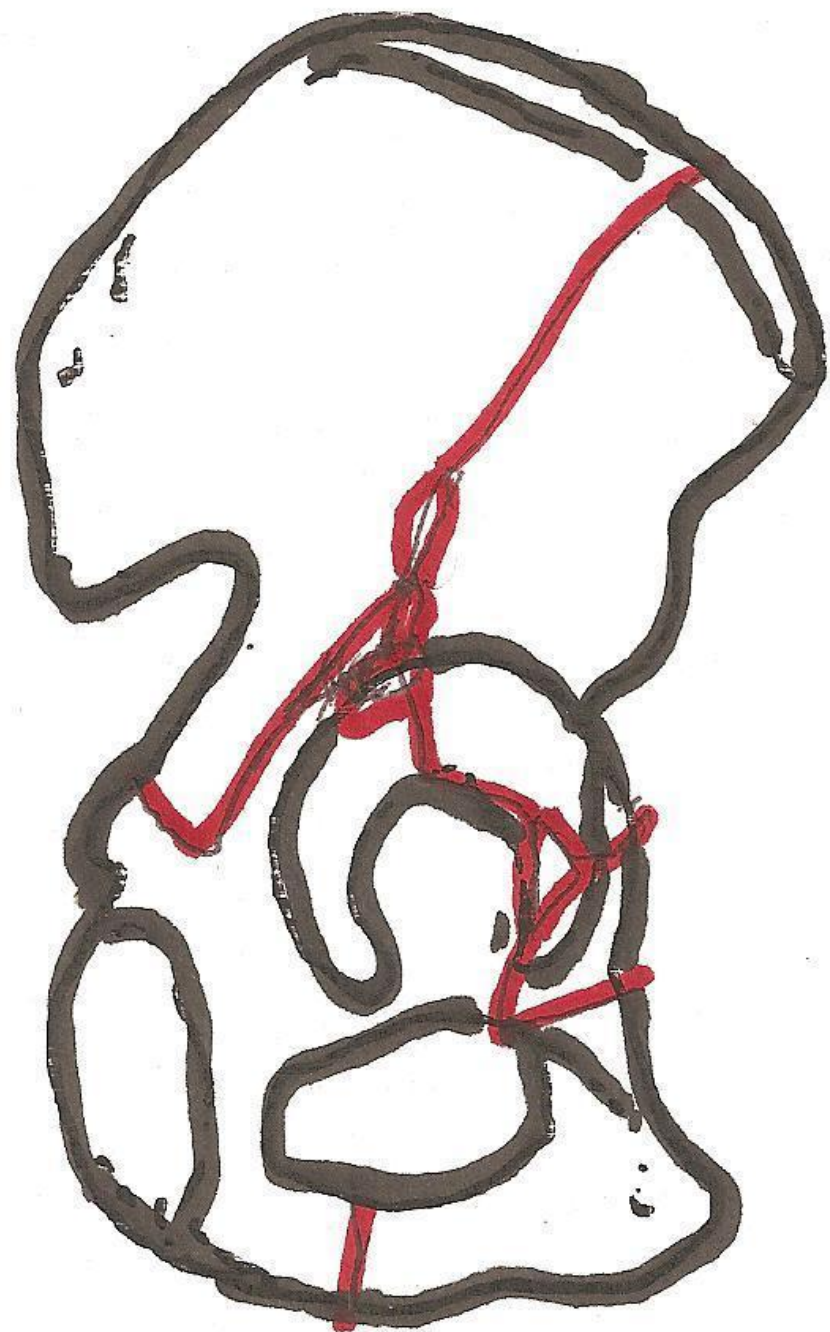
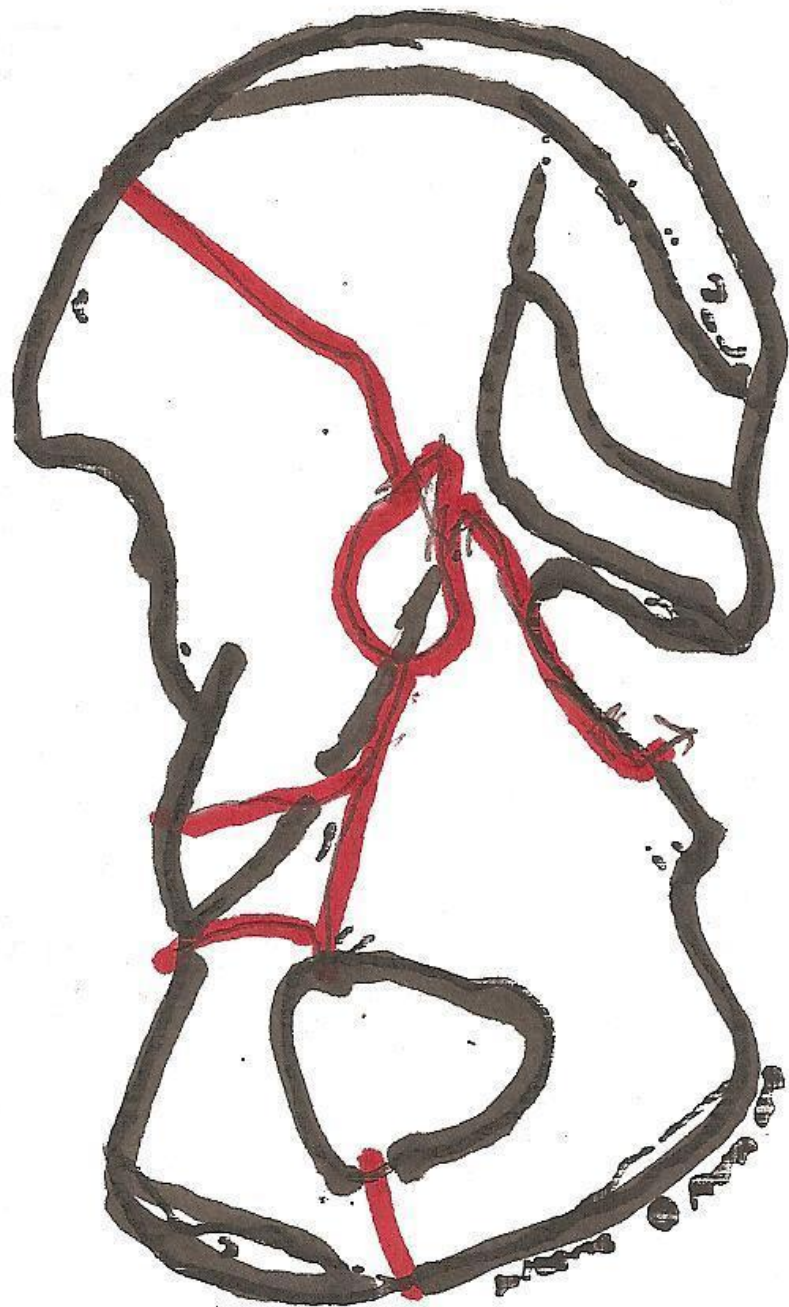
[A]

T.MARIA  
Study Date:10/11/2006  
Study Time:4:02:07 AM  
MRN:

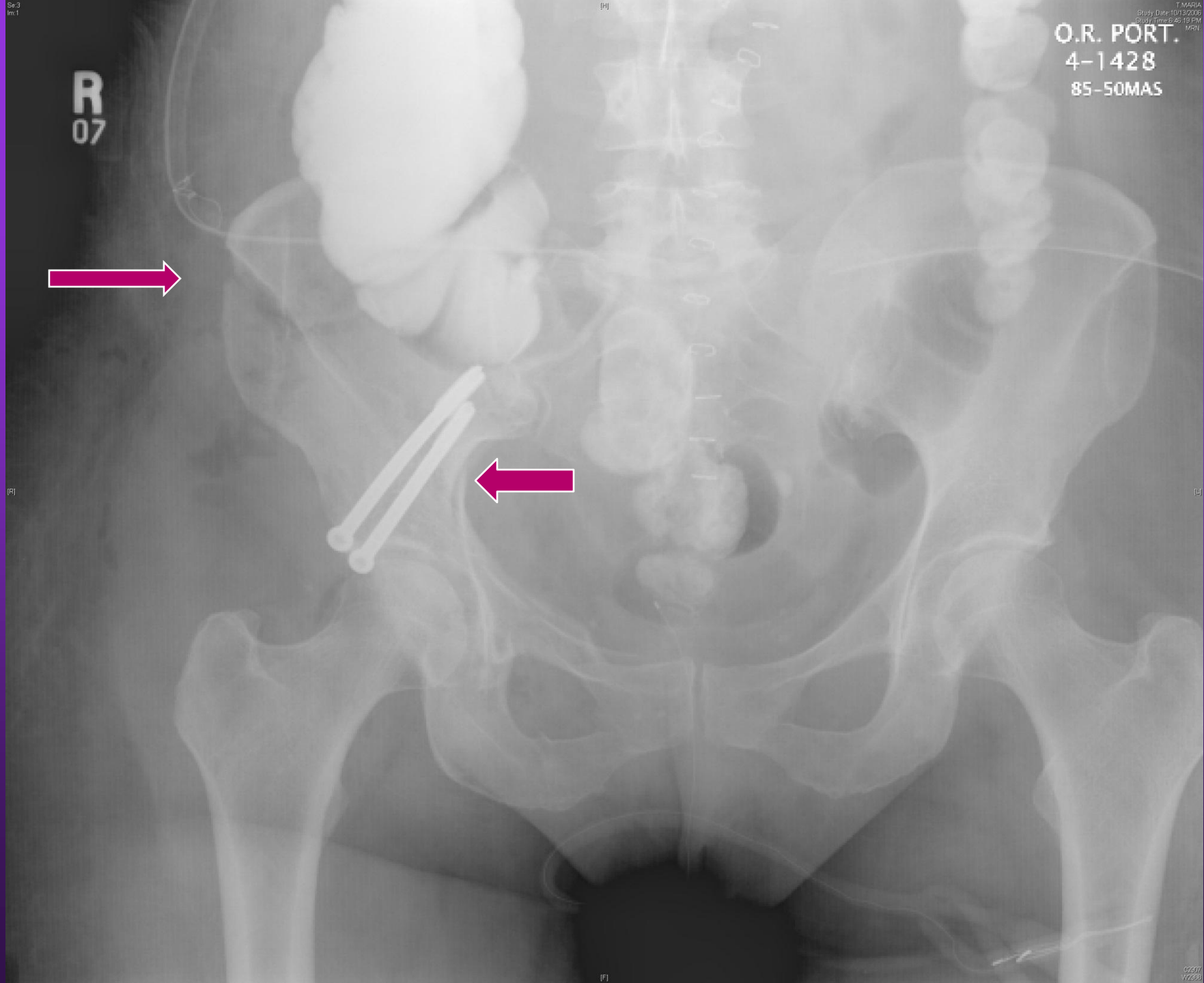


# Surgeon

- 4 years medical school, 5 year orthopaedic residency, and 1 year trauma fellowship all at Southwestern in Dallas
- Proclaimed that he wanted to do all pelvis and acetabular fractures at the hospital



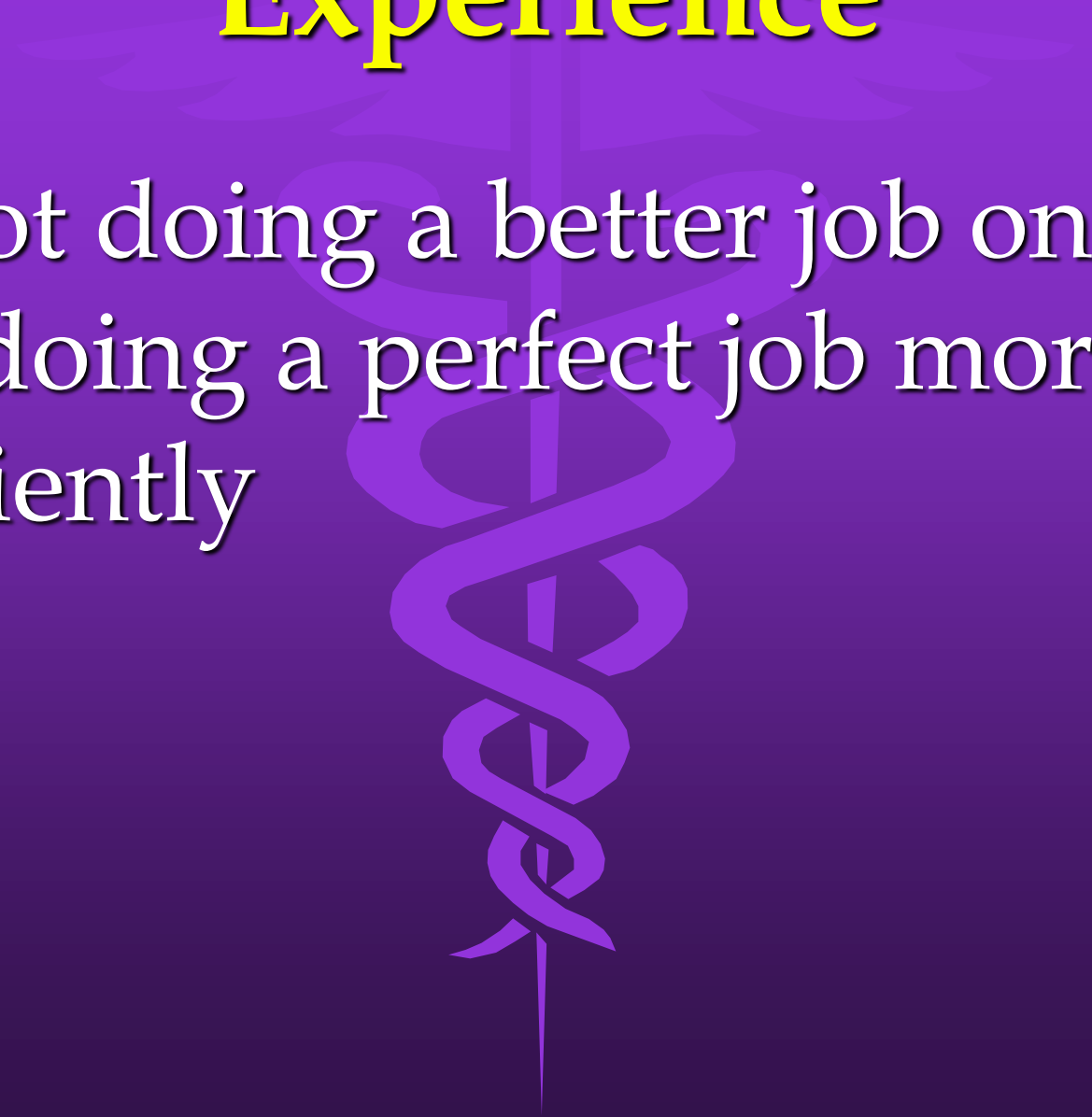
R  
07



# Contraindications

- Lack of know how (better is not good enough – needs to be perfect)
- Comorbidities (CV, non ambulators, etc)
- Non compliant (alzheimers, Schizo)
- Severe osteoporosis

# Experience



- is not doing a better job on cases but doing a perfect job more efficiently

# Dislocated Hip

- Emergent reduction (6-12 hrs)  
general anesthesia preferred
- Central subluxation with Tr, BC, T-type or ACPHT-Distal femur skeletal traction

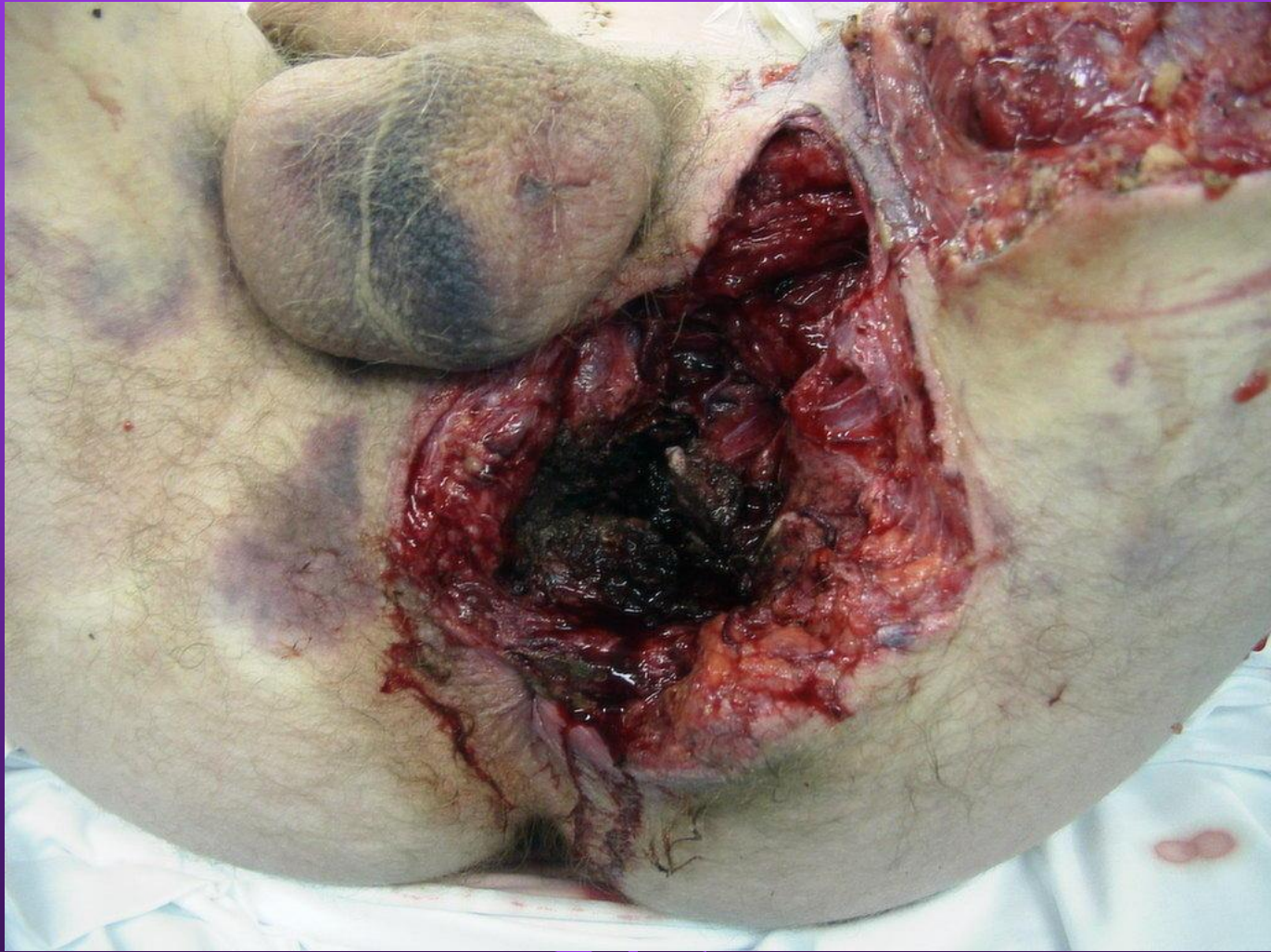
# Emergency cont.

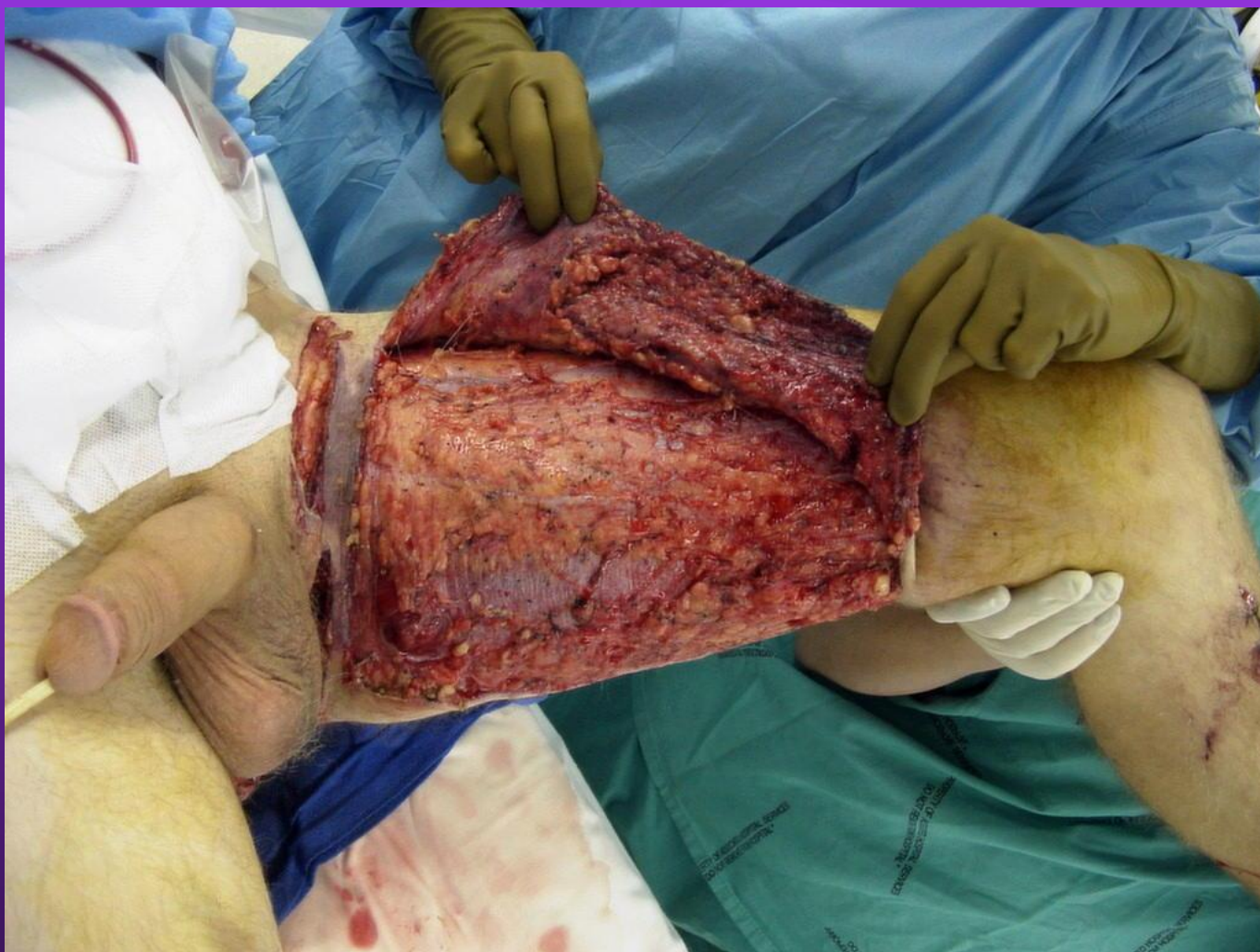
- Intrarticular fragments
- Associated femoral neck fracture

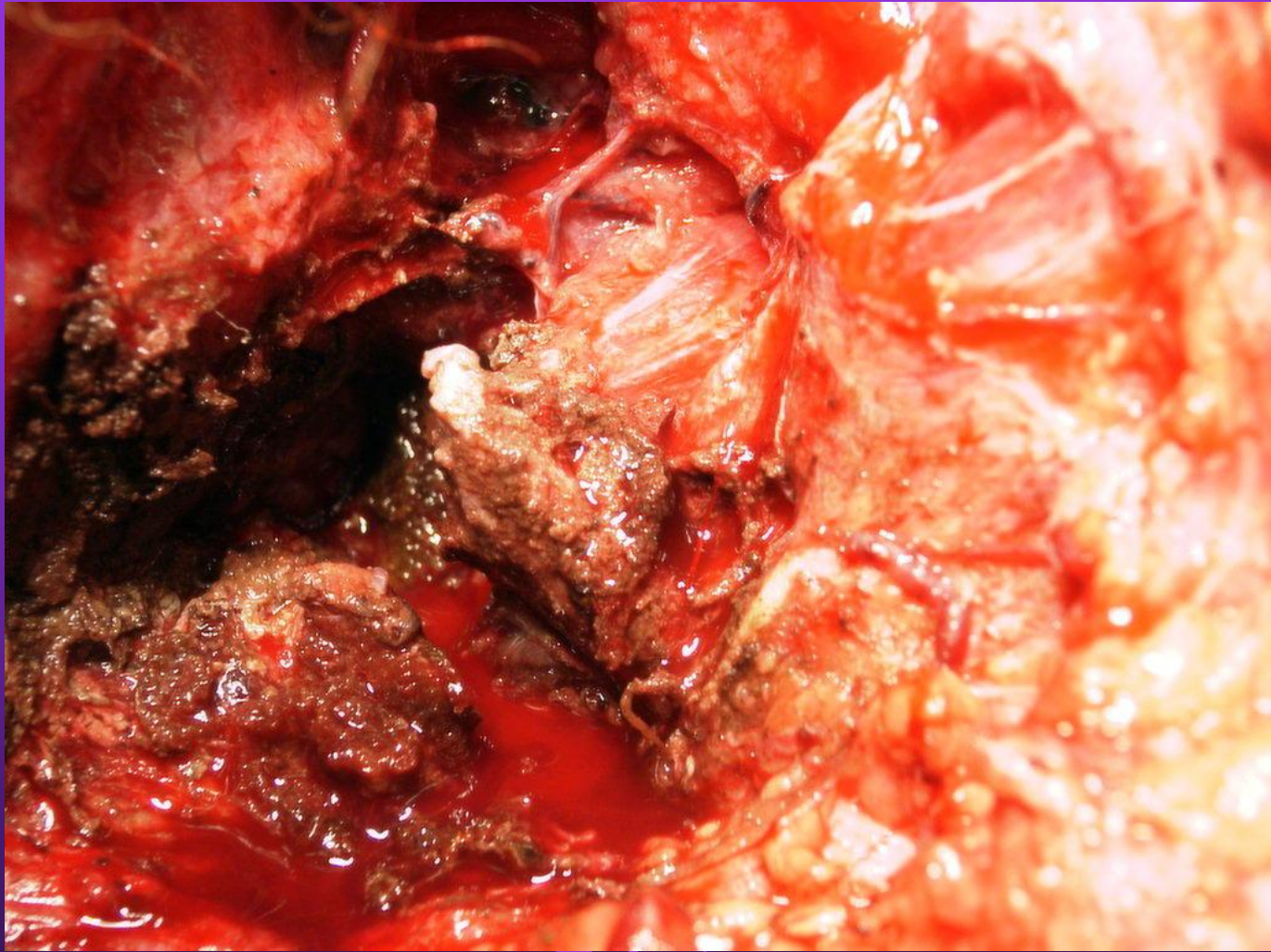
# Surgical Emergencies

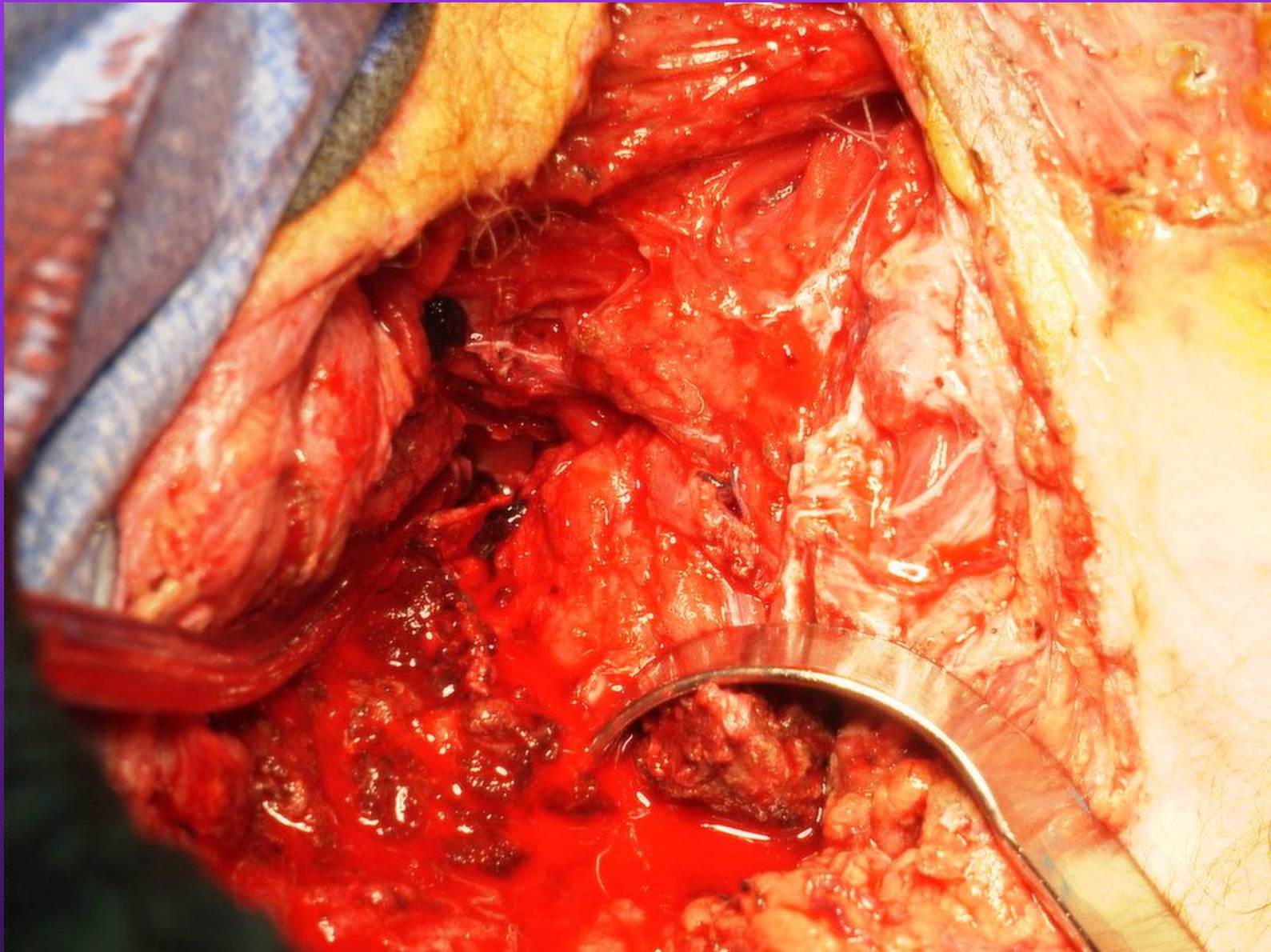
- Open fractures
- Hip dislocation
- Progressing sciatic nerve palsy















# MOREL - LAVALLE' LESION (Skin Degloving)

- Infected in 1/3 of cases
- Require thorough debridement prior to definitive surgery

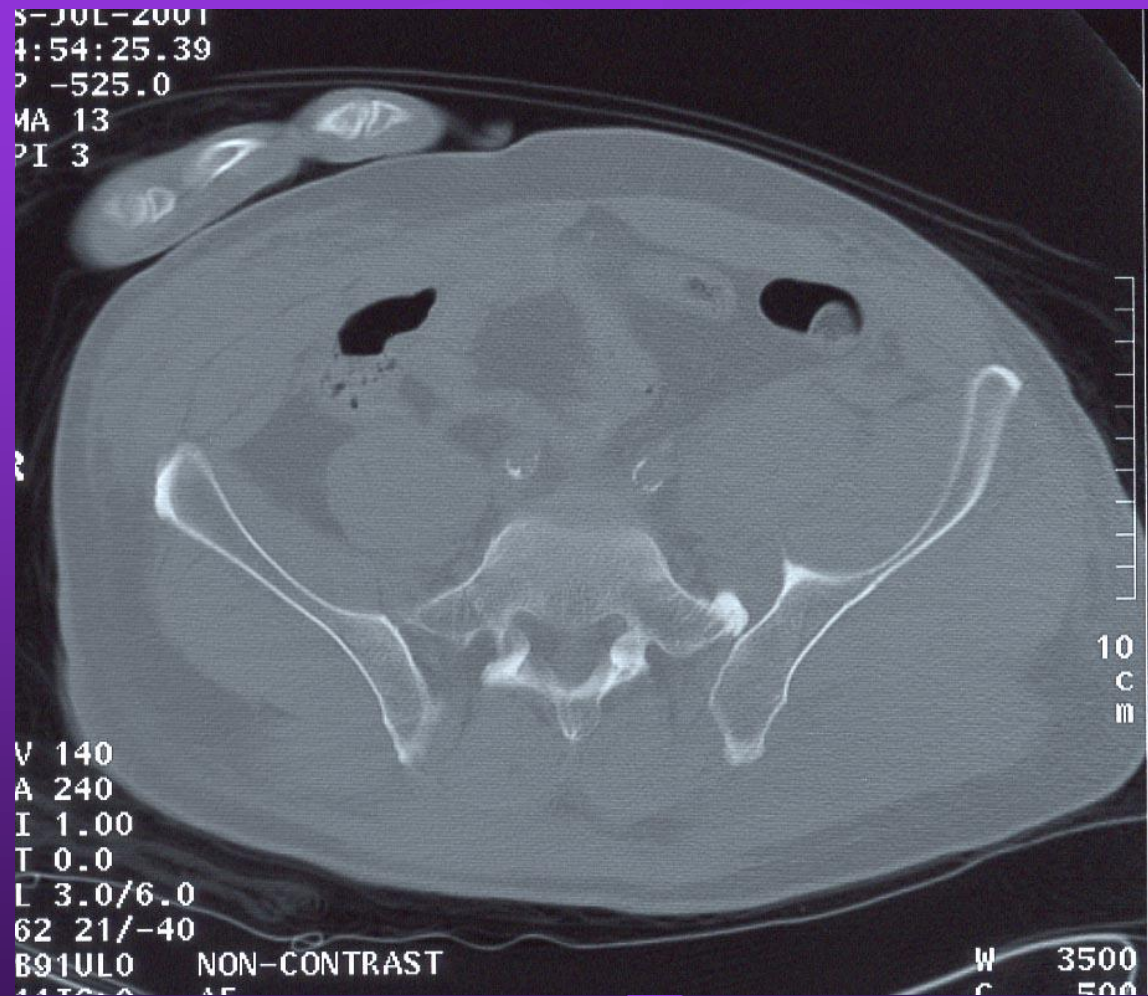




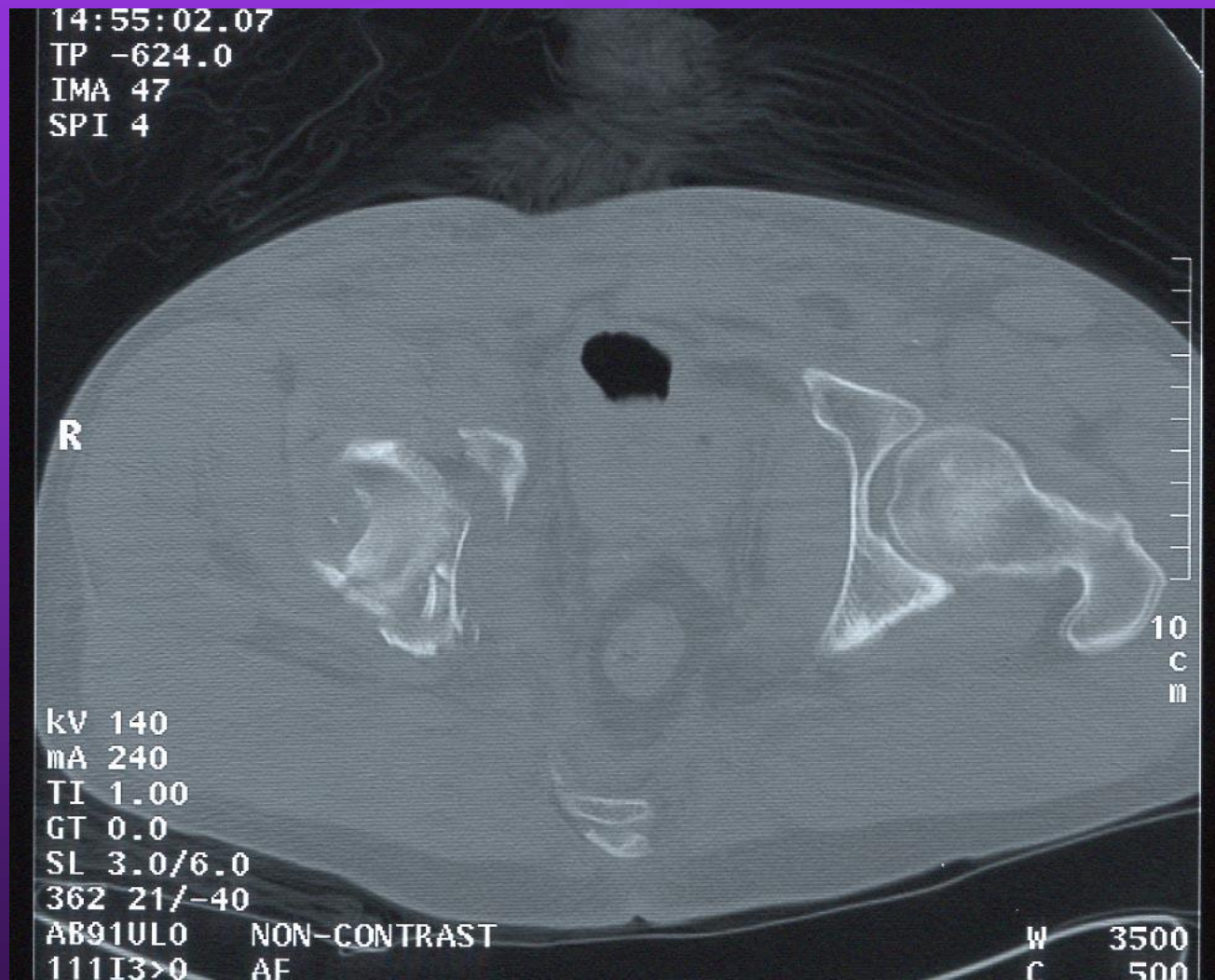
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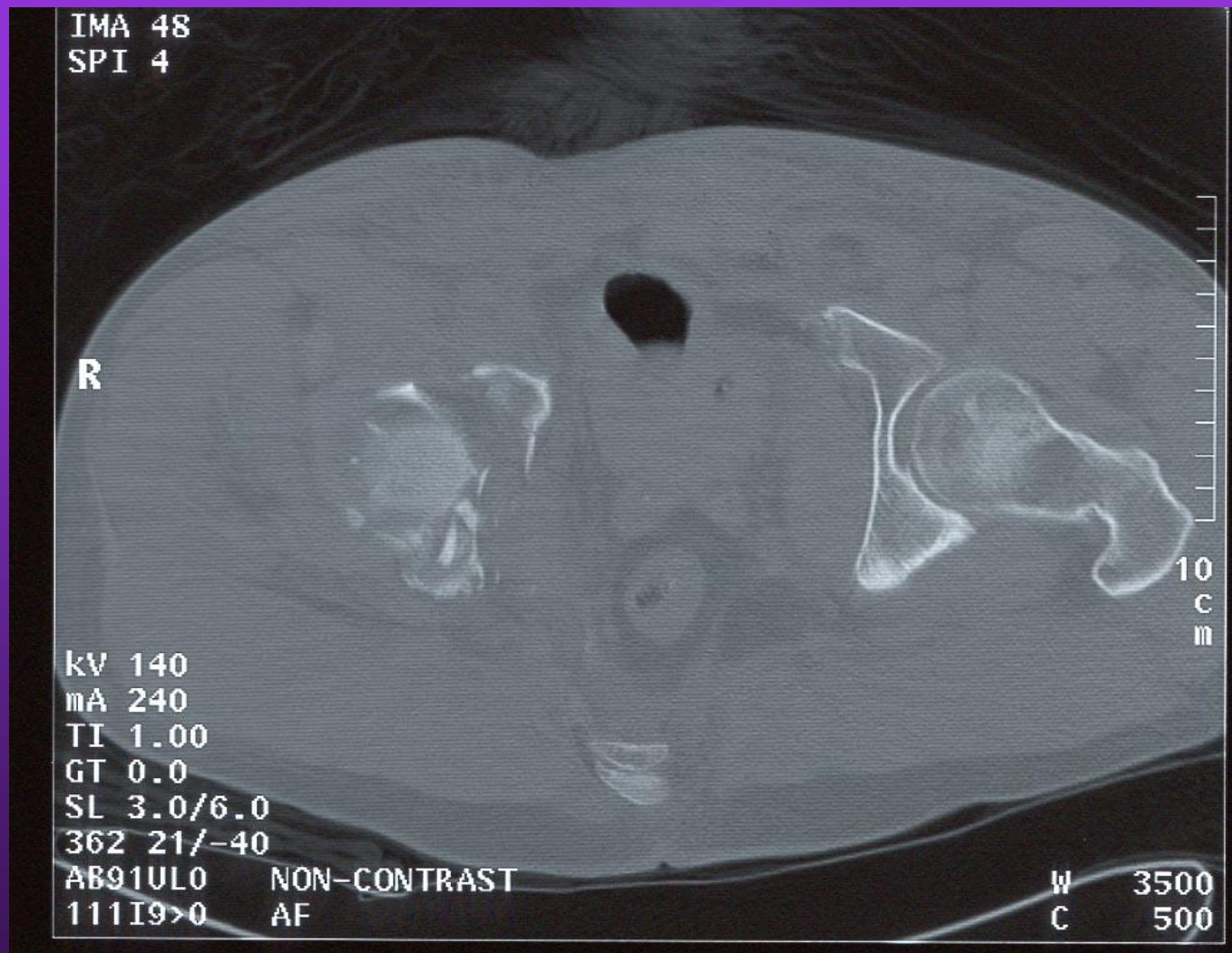
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JA



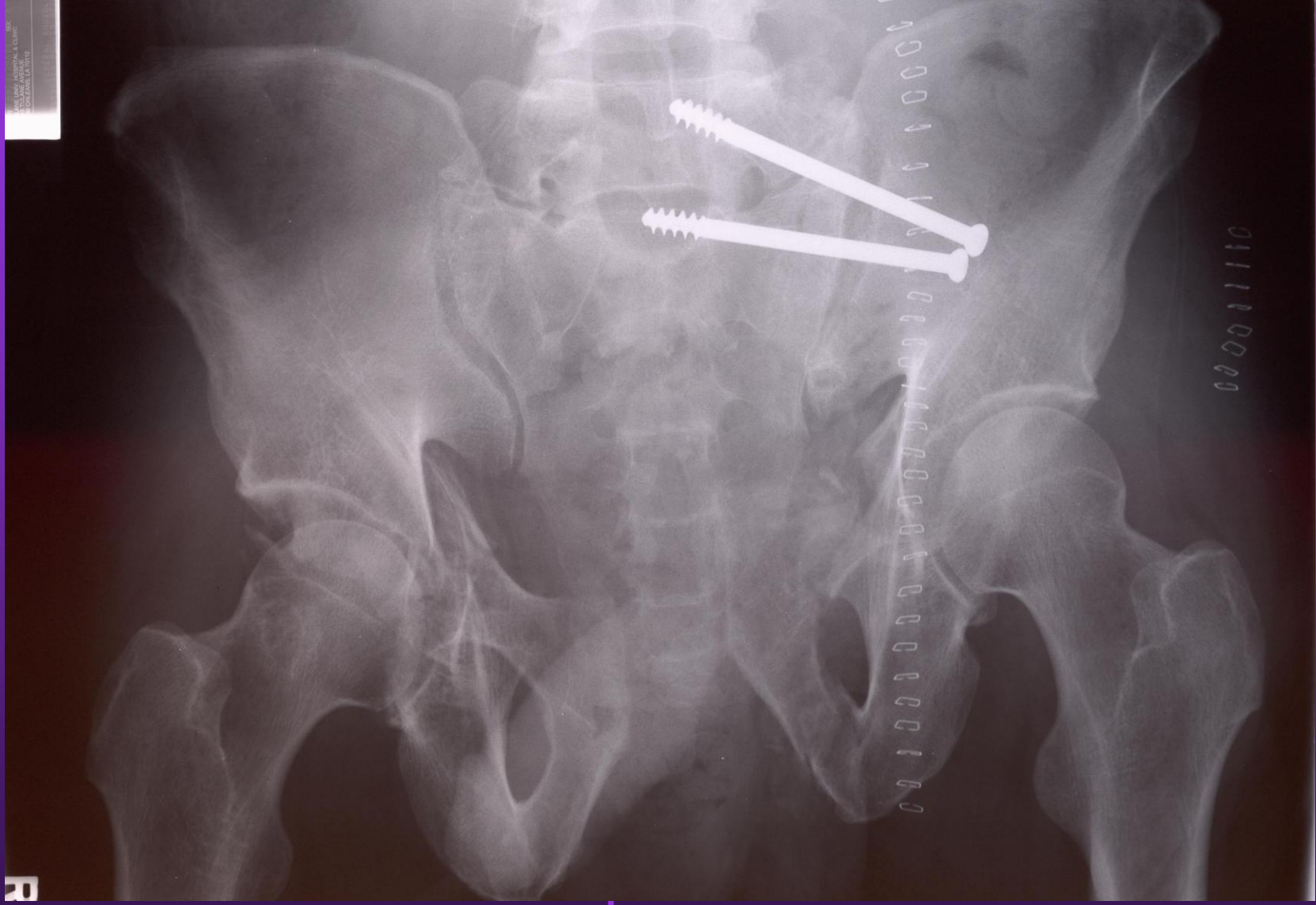
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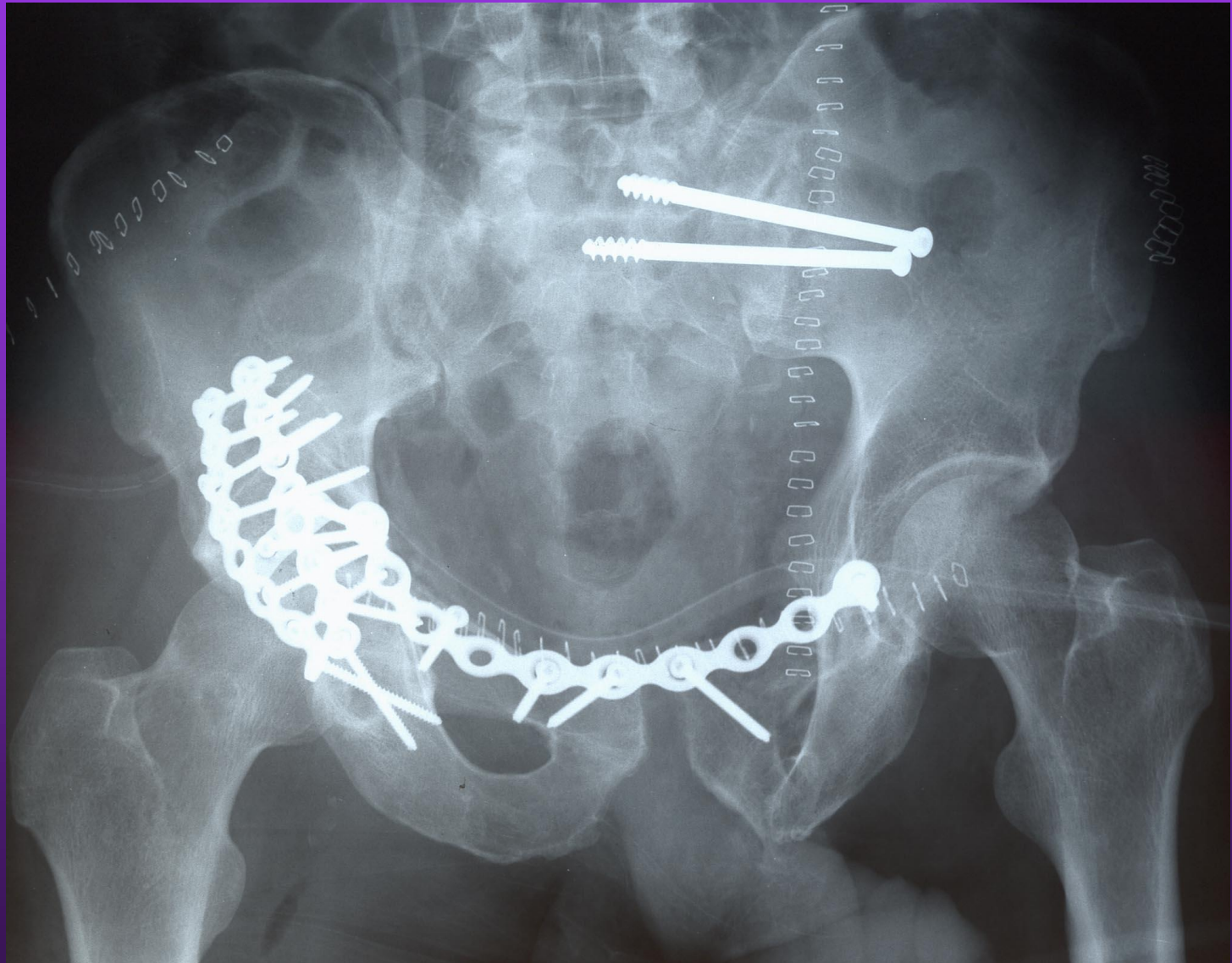
# 4 Stage Reconstruction

- Anterior – release of L SI joint, symphysis, ant column R
- Posterior – L SI joint release, reduction, and fixation
- EIF – Release of posterior column and ORIF of “T” PW
- Anterior – ORIF of symphysis

JA



JA



# Dislocated Hip

- Emergent reduction (6-12 hrs)  
general anesthesia preferred
- Central subluxation with Tr, BC, T-type or ACPHT-Distal femur skeletal traction

RIGHT



Se:9  
Im:77

[A]

M.RAYMOND, P  
Study Date:5/26/2010  
Study Time:4:10:23 AM  
MRN:

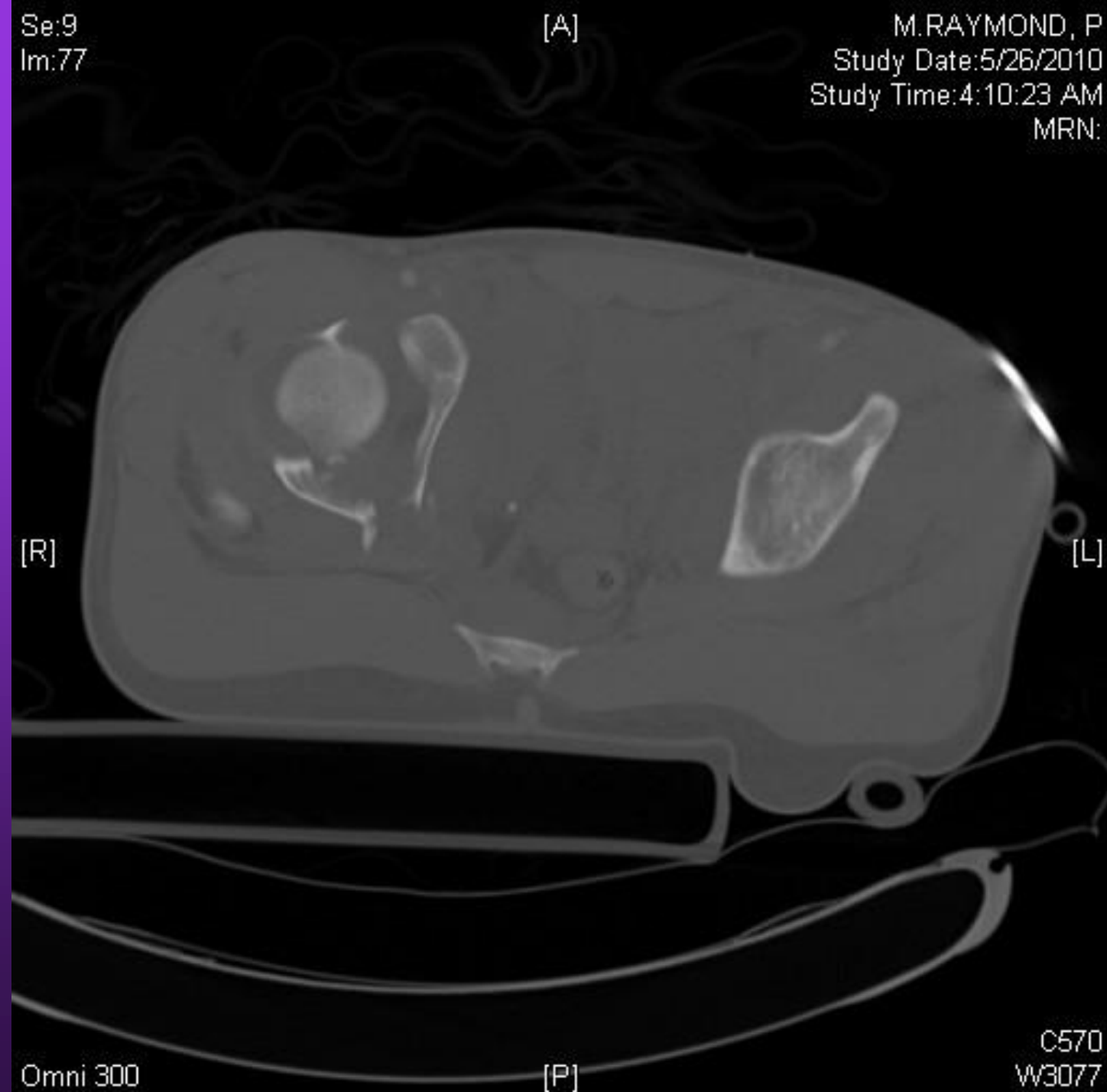
[R]

[L]

Omni 300

[P]

C570  
W3077



Se:9  
Im:83

[A]

M.RAYMOND, P  
Study Date:5/26/2010  
Study Time:4:10:23 AM  
MRN:

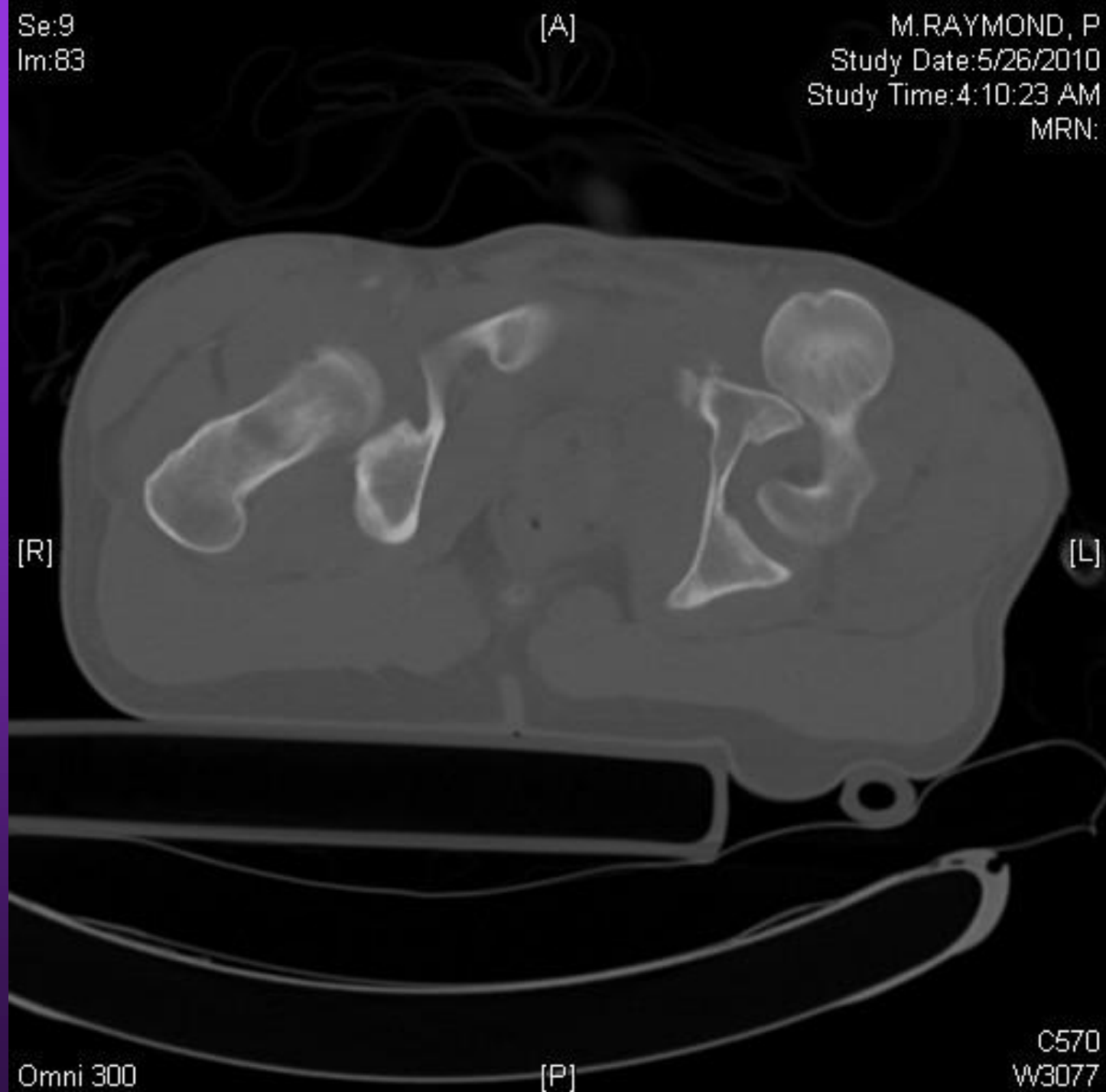
[R]

[L]

Omni 300

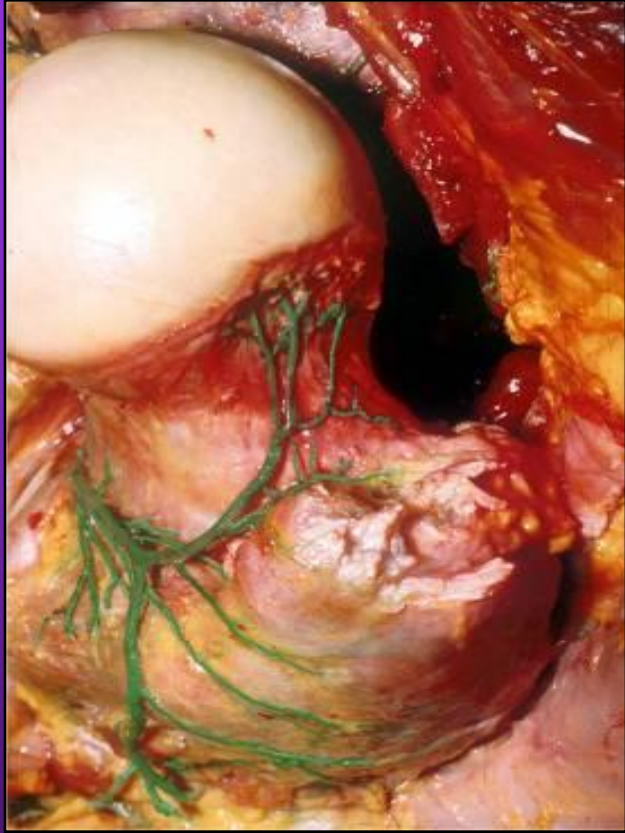
[P]

C570  
W3077





# Terminal subsynovial (retinacular) vessels



Superior  
type

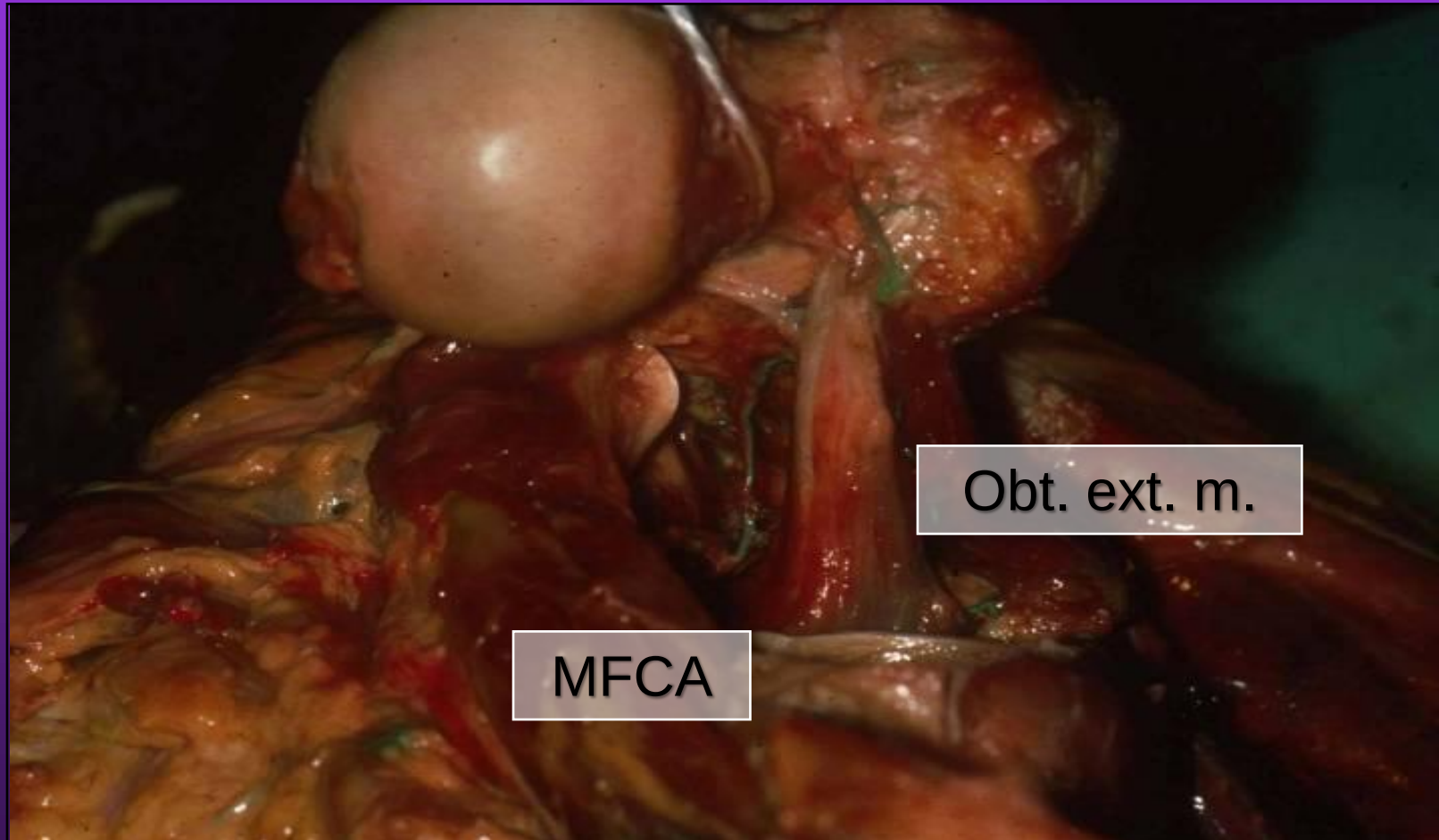


Mixed

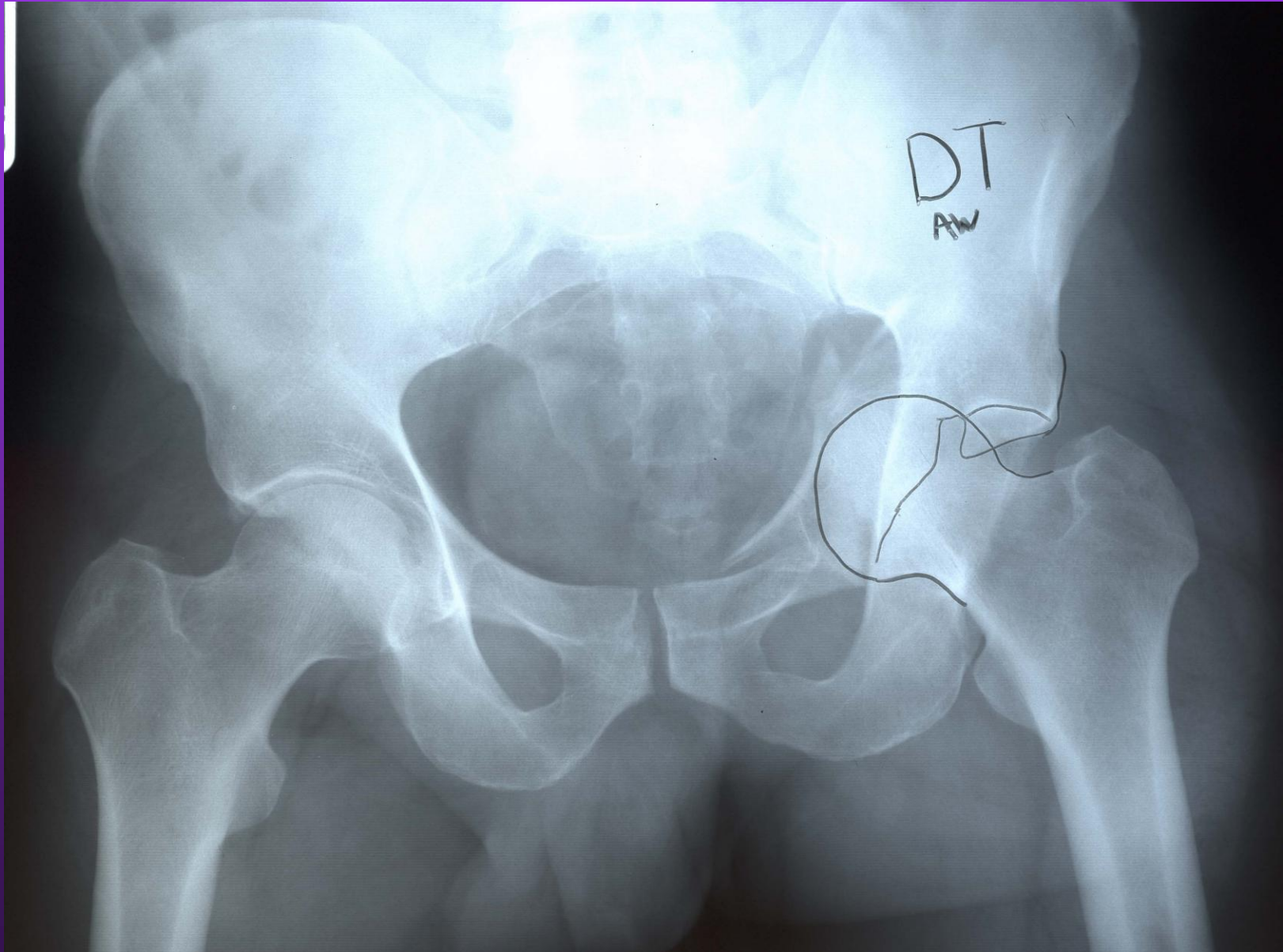


Post. neck  
free of vessels

# Obt. ext. m. protects MFCA



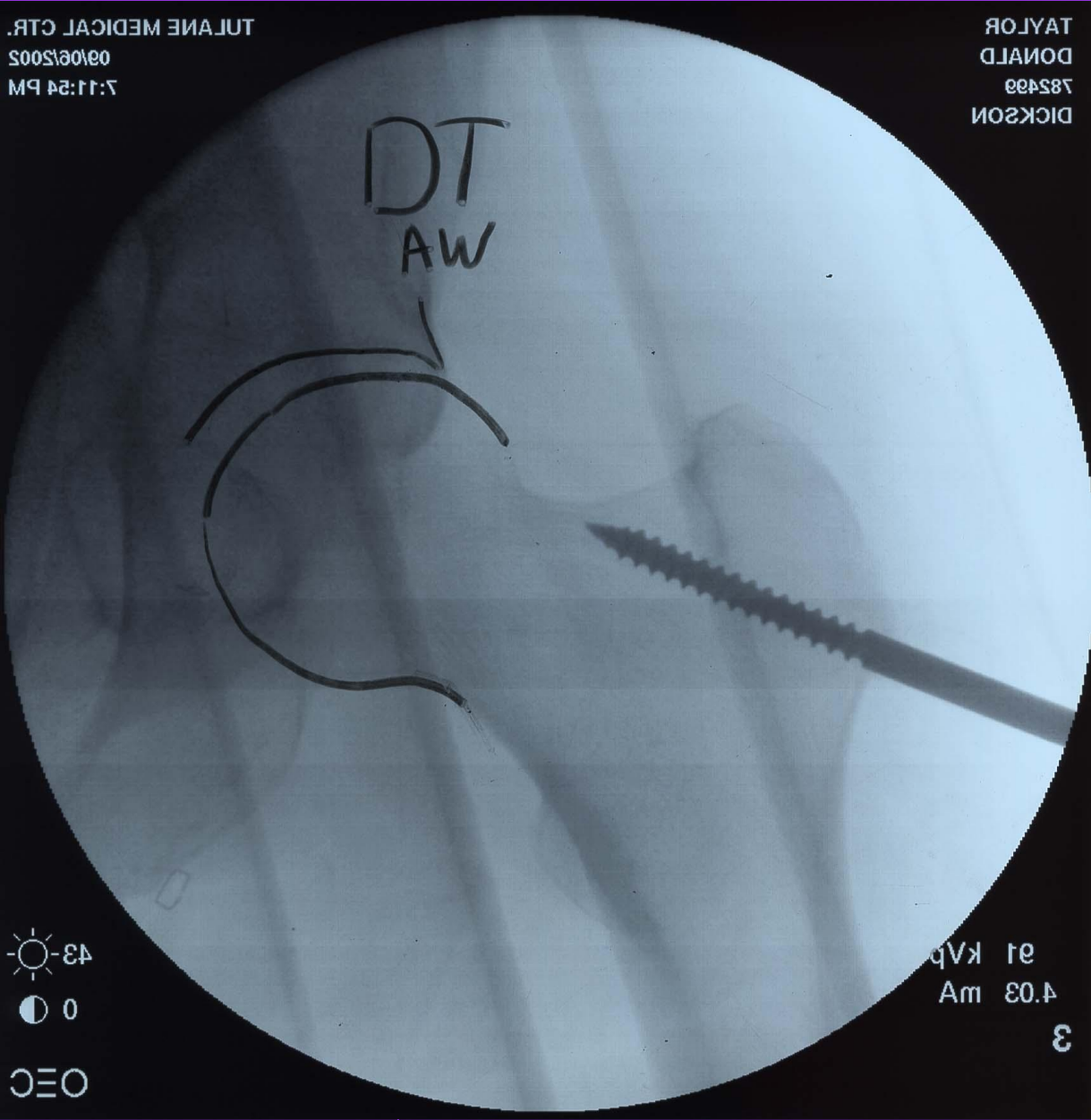
DT-9/4/02

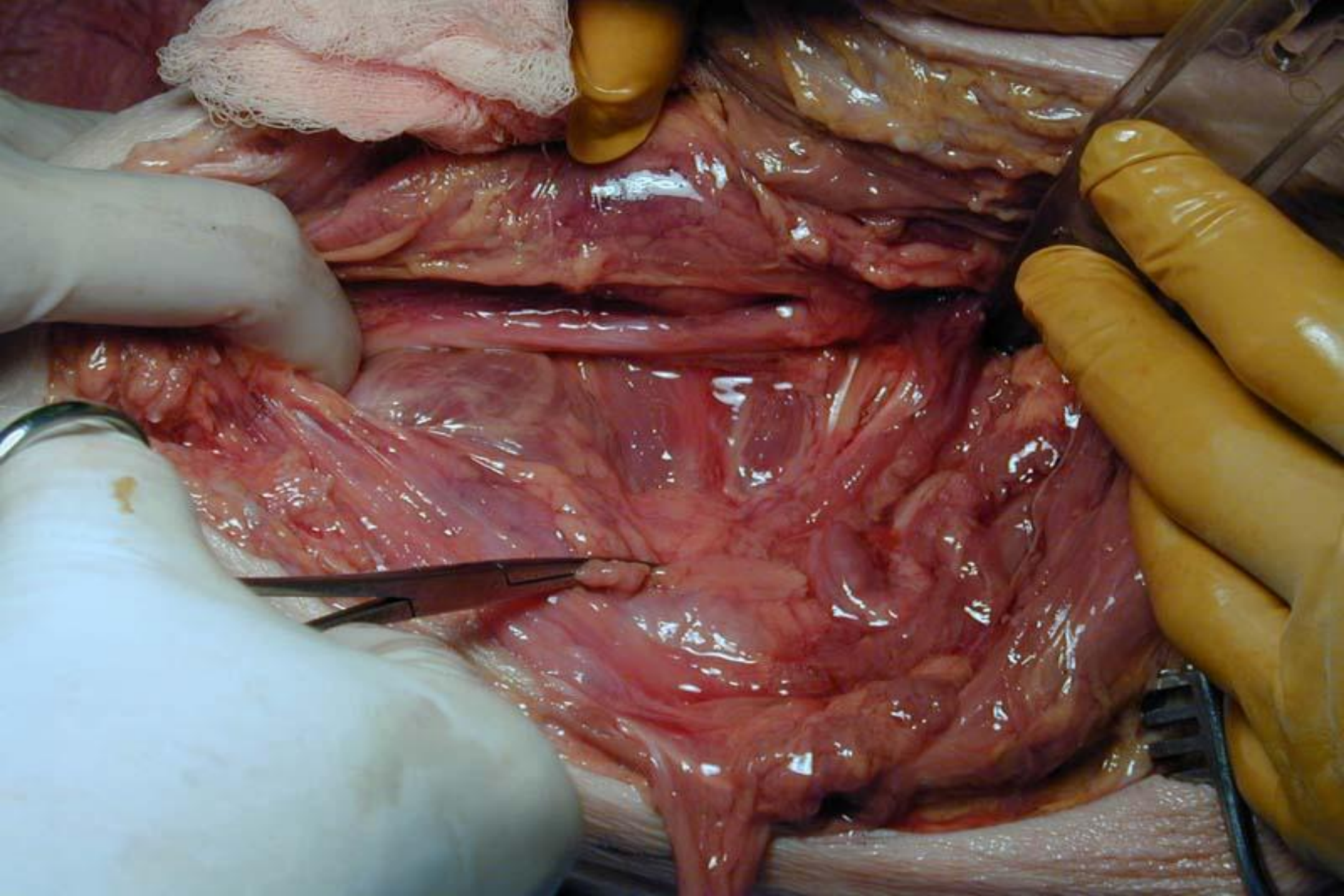


DT-9/5/02



DT-9/6/02





# Emergency cont.

- Intrarticular fragments
- Associated femoral neck fracture





# Closed Treatment

- Traction
  - Rarely indicated because rarely successful
  - If done, displaced without traction → ORIF
  - If non-displaced, traction is not needed
- Non-displaced fracture TDWB x 8 weeks
  - Watch posterior column/posterior wall carefully

# Conservative cont.

- Stable EUA (Posterior Wall fractures)
- Inexperience of the Surgeon and the team
- ?Medical contraindications
- Severe osteoporosis (Letournel)





**“A MAN’S GOT TO KNOW HIS LIMITATIONS”**









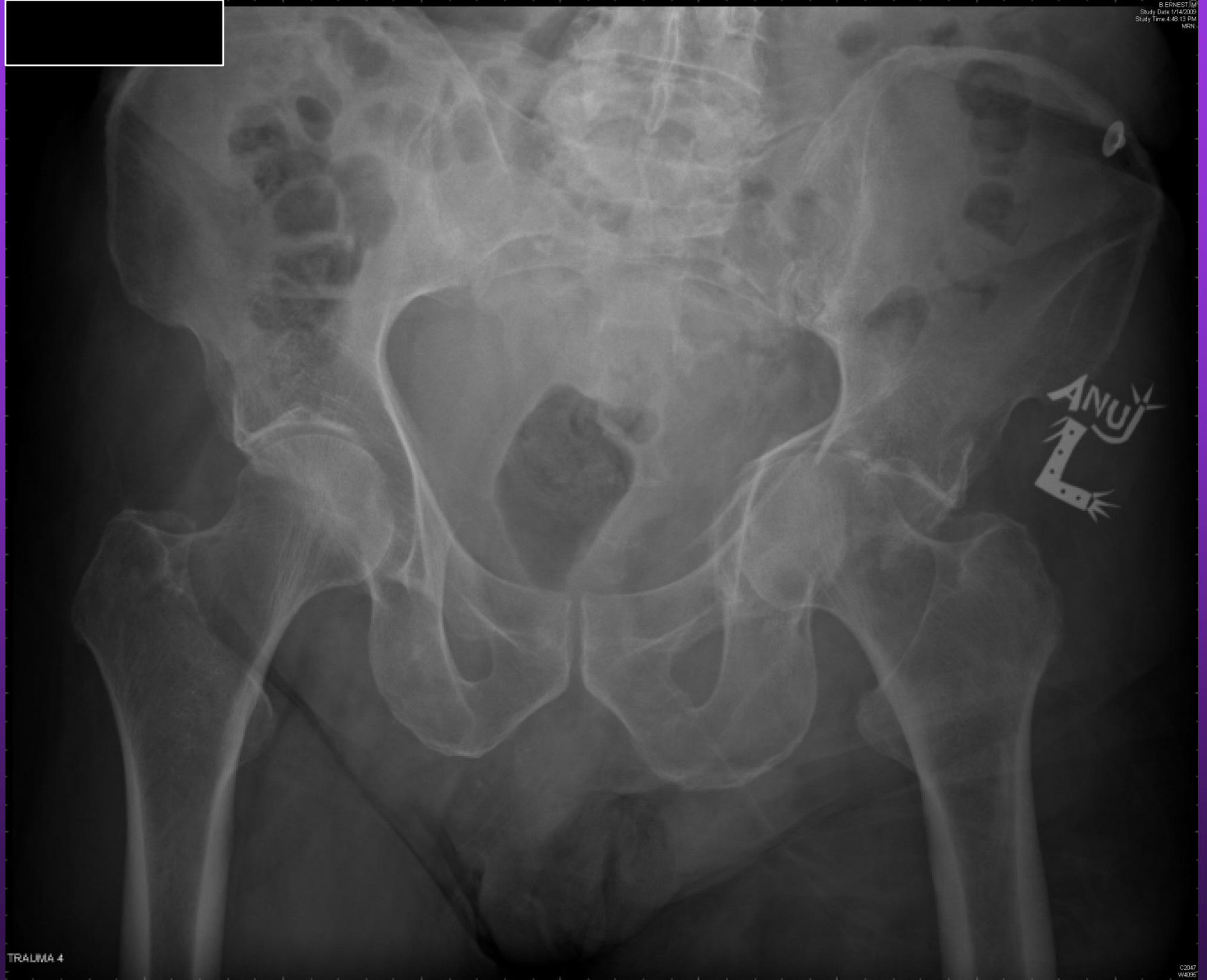
# Timing of Surgery and Anatomical Reductions

- 0-7 Days 74%
- 8-14 Days 71%
- 15-21 Days 57%

# Arthroplasty Versus Open Reduction Internal Fixation for Posterior Wall Acetabular Fractures in Middle-aged Patients

- Templeman et al, Feb JOT 2019







**Make it perfect**

R  
07



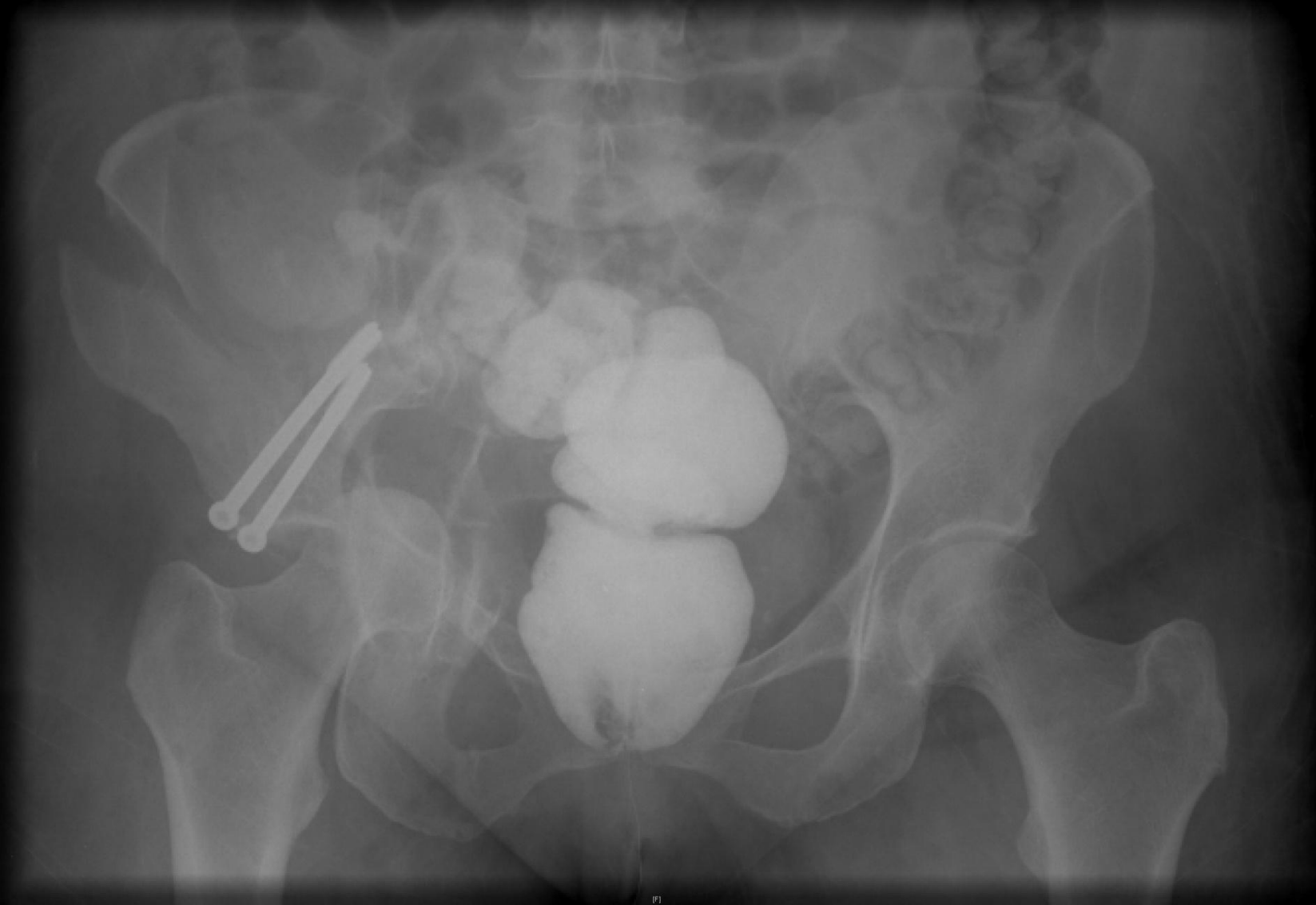
**R**  
19

11d post op

J657 PORT

[F]

[F]



[F]

C30R  
W166



**R**  
32 23

R  
32 /23



3 yr fu



R  
32/23

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# Thank You

Charity Hospital, New Orleans

