

- UCSF High Risk EM Hawaii
  - March 9-13, 2025
- Kahala Hotel and Resort, Oahu
  - [HighRiskEM.com](http://HighRiskEM.com)





# *High Risk EM 2025*

## *Course Chairs*



**Dr. Kevin Hanley**  
**Assistant Professor**  
**UCSF School of**  
**Medicine**



**Dr. Jeffrey Tabas**  
**Professor**  
**UCSF School of**  
**Medicine**

# *WIFI Access*

**Network = Kahala\_Events**

**Group Code Access=  
hremcem25**

# Schedule for Wednesday, March 12

6:15	The Day in Review	Dr. Mimi Lu
6:30	Optimizing ED Management of Withdrawal: Pearls and Pitfalls	Dr. Paul Ehlers
7:00	Orthopedic Critical Care without an Orthopedist	Dr. Christopher Colwell
7:30	Expedition Medicine – Part I	Dr. Judith Klein
8:00	Diabetic Sensors, Shots, Pumps, and Meds in the ED	Dr. Rosny Daniel
8:30	Weakness in the Elderly: Pearls and Pitfalls	Dr. Nida Degesys
9:00	Q&A	Drs. Ehlers, Colwell, Klein, Daniel, and Degesys
9:30	<i>Break</i>	

# Day 4 Speakers



**Paul Ehlers, MD**  
Assistant Professor  
UCSF EM



**Rosny Daniel, MD**  
Assistant Professor  
Assistant Program Director  
UCSF EM



**Chris Colwell, MD**  
Chief of EM, San Francisco  
General  
Professor, UCSF EM



**Judith Klein, MD**  
Assistant Professor  
UCSF EM



**Nida Degesys, MD**  
Medical Director, UCSF Age Friendly ED  
Assistant Professor, UCSF EM

# Schedule for Wednesday, March 12

9:30	Break	
9:45	Fever in Babies: Avoiding Errors	Dr. Dina Wallin
10:15	UTI in the Elderly: Pearls and Pitfalls	Dr. Nida Degesys
10:45	Medicolegal Review: Neurologic Cases	Dr. Debbie Madhok
11:15	Expedition Medicine – Part II	Dr. Judith Klein
11:45	What's Wrong with Teens these Days? Update on Recreational Drug Use	Dr. Paul Ehlers
12:15	Q&A	Drs. Wallin, Degesys, Madhok, Klein, Ehlers
12:45	<i>Adjourn</i>	



# Day 4 Speakers



**Dina Wallin, MD**  
Associate Professor of EM  
and Pediatrics, UCSF EM



**Judith Klein, MD**  
Assistant Professor  
UCSF EM



**Nida Degesys, MD**  
Medical Director, UCSF Age  
Friendly ED  
Assistant Professor, UCSF EM



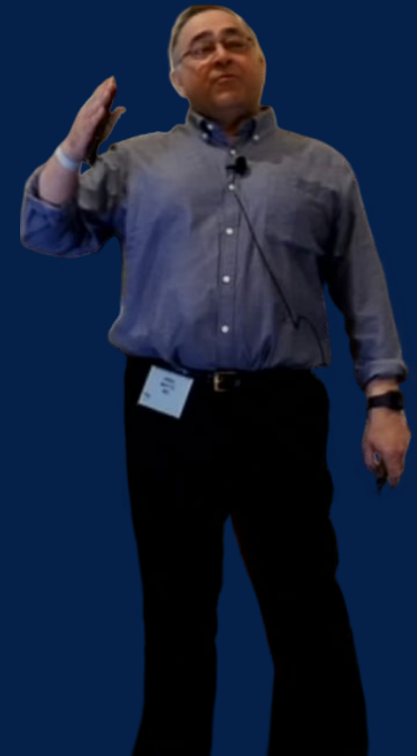
**Debbie Madhok, MD**  
Neuro Critical Care  
Associate Professor, UCSF EM



**Paul Ehlers, MD**  
Assistant Professor  
UCSF EM

# *Dr. Amal Mattu*

- Why we miss ACS:
- Failure to appreciate ACS in young patients
- Failure to appreciate unusual, non-classic symptoms, especially in women—fatigue!
- Over-reliance on troponins or computer interpretations of EKG
- Failure to repeat the EKG

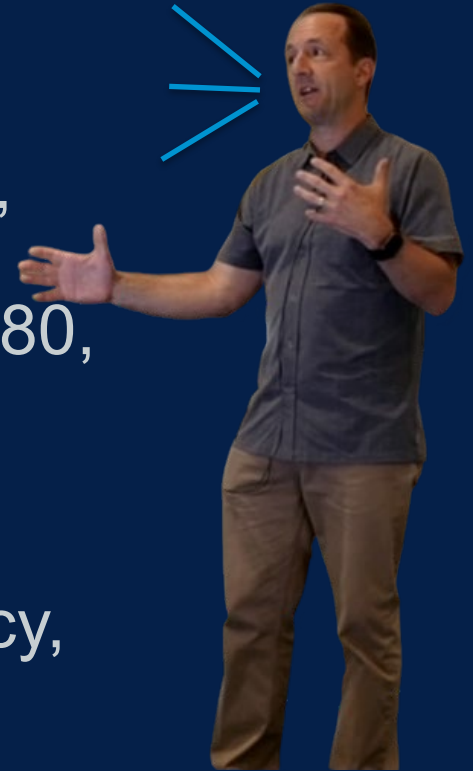


*Pearls*



# Dr. Christopher Colwell

- C-collars have no demonstrated benefit, increase ICP, complicate airway management, increase risk of aspiration, and conceal wounds
- Spinal trauma: pressors with goal MAP > 80, early decompression, and no steroids
- Presence of alcohol or drugs does not determine capacity
- Extreme agitation is a medical emergency, not a law enforcement issue
- DROPERIDOL IS SAFE!



*Pearls*

# Dr. Zlatan Coralic



- Harm from short courses of NSAIDs in the ED is likely minimal
- P2Y12 inhibitors (clopidogrel, ticagrelor) last a long time and may cause delays in important surgeries
- No clear guidance on best reversal strategy with life-threatening bleeding in patients taking antiplatelet medications

*Pearls*

# Dr. Mimi Lu



- Intubate if giving prostaglandin then transporting, the ductus will be closed by 6 weeks of life
- Consider myocarditis if: persistent, unexplained tachycardia, antecedent illness, new murmur
- Treat BEFORE imaging if concerned for cerebral edema in pediatric DKA
- Be conservative with IV fluids, don't give bicarb or bolus insulin
- In Florida, there are more plastic flamingos than real flamingos

*Pearls*



# Dr. Starr Knight



- For thoracic trauma, prioritize cardiac and lung views
- Linear probe for patients at increased risk for PTX
- Low frequency probe for lung parenchyma
- Serial FAST exams improve test characteristics
- Subcutaneous emphysema obliterates your US views

*Pearls*

# Dr. Kayla Enriquez

- Consider double prep for high risk airways: prep for oral intubation and cricothyrotomy
- Don't paralyze the patient until the fiberoptic tube is past the cords
- Ketamine push (20mg every 1 minute) rather than boluses for awake intubation
- Don't forget to oxygenate from above during cricothyrotomy
- Pro tip: no finger for cricothyrotomy, just cut the membrane with a scalpel, and exchange scalpel with the bougie



Pearls

***Please set your cell phone to  
vibrate or silent mode***



***Please be considerate of  
your colleagues!***



# ***Evaluations, CME, and MOC 2***

## **Daily speaker evaluations**

- Complete at HighRiskEM.com under Agenda, Syllabus, and Eval
- For ABIM or ABP MOC 2 Credit, please see Erin

## **CME Certificates**

- Can be claimed on or after final course day



University of California  
San Francisco

Thank you!

# ***HIGH RISK EM HAWAII 2026***



***SAVE THE DATE:  
March 10-14, 2025  
@ The Kahala Hotel***