# Challenging Cases in Torso Stab Wounds

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# Case #1

- 25 year old male, stab wound to the chest
  - ► Ambulance is 3 minutes out
  - **▶** 82/40, 128, 24, 91%
  - Patient is agitated and pulling the oxygen mask off

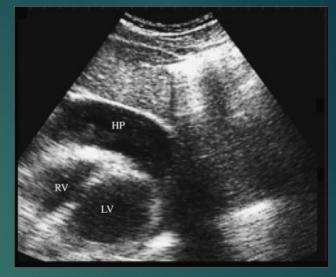






# Case #1

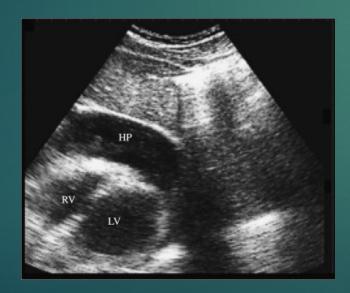
- Ultrasound
- Chest decompression
  - ▶ Needle versus finger
- Chest tube
  - ▶ Pigtail?
  - Sedation
- ▶ Pericardiocentesis?
- ► Intubation?

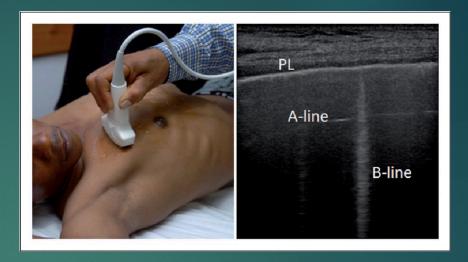


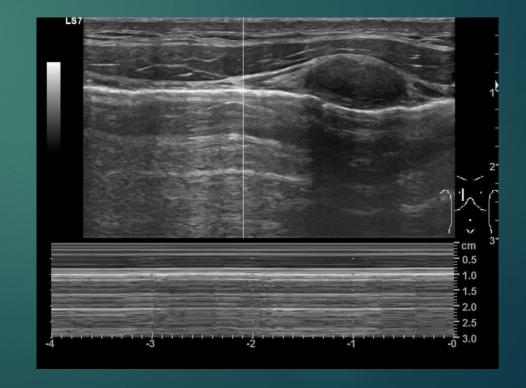


# Ultrasound

- Start with the chest
  - ▶ Pericardial fluid?
  - ► Lung sliding?



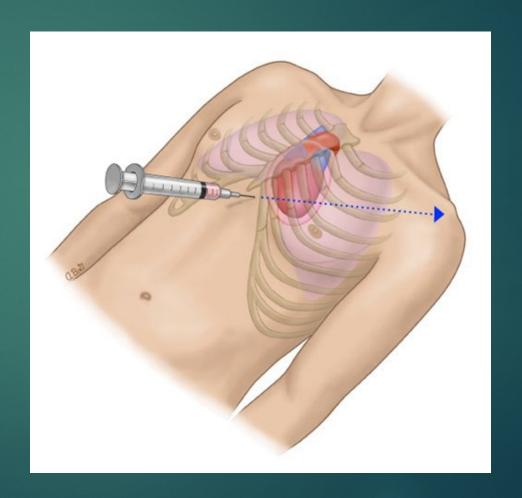


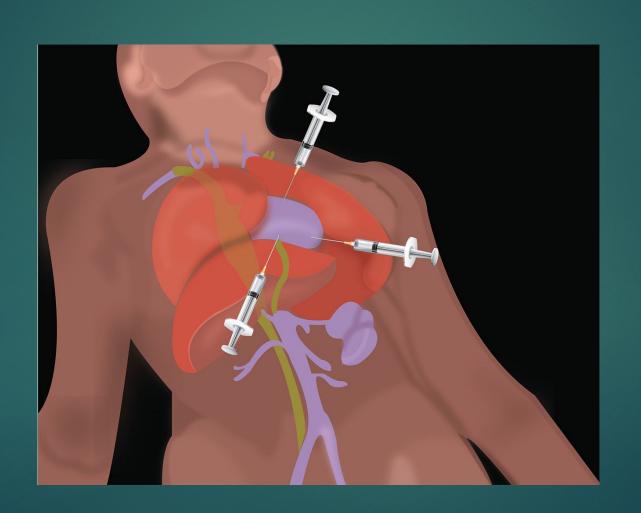




# Pericardiocentesis

- Subxiphoid approach
  - ► Anatomic landmarks
    - ▶ 30-45 degrees
- Ultrasound
  - ► Can reveal the ideal entry site
  - Ultrasound assisted
  - ▶ Ultrasound guided
    - ▶ Alerhand et al
      - ► Amer J Emerg Med, 2022





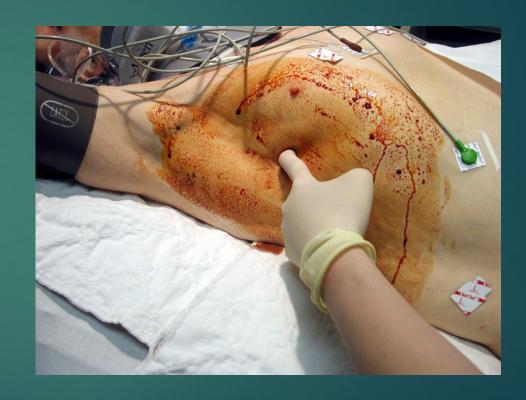
# Pericardiocentesis





#### Tension Pneumothorax

- Penetrating injuries account for the majority
  - ▶ Kong et al
    - ► Eur J Trauma Emerg Surg, 2016
- Decompression
  - ▶ Needle decompression
    - ▶ Anterior versus lateral
      - ▶ Both fail commonly
        - Sanchez et al
          - Acad Emerg Med, 2011
  - Needle versus simple (finger) thoracostomy



#### Pneumothorax

- Chest tubes
  - ▶ Size matters!
    - ► The small (14Fr) percutaneous catheter (P-CAT) versus large (28-32 Fr) open chest tube for traumatic hemothorax: A multicenter randomized clinical trial
      - Kulvatunyou et al
        - ▶ J Trauma Acute Care Surg, 2021
    - ► Equally as effective in draining htx
    - ▶ No difference in complications
    - Better tolerated



# Hemo/Pneumothorax

- ▶ Pigtail vs. chest tube
  - Outcomes of pigtail catheter placement versus chest tube placement in adult thoracic trauma patients: a systematic review and meta-analysis
    - ▶ Beeton et al
      - ▶ Am Surg, 2023
    - ▶ 7 studies
    - ▶ Pigtails were associated with
      - ► Higher initial output volume
      - Reduced risk of needing a second intervention
      - Shorter tube duration



#### No Chest Tube?

- Observational management of penetrating occult pneumothoraces
  - ▶ Genna et al
    - ▶ J Trauma Acute Care Surg, 2021
  - Majority can be safely observed
- Western Trauma Association Algorithm
  - < 20% on CXR and stable, observe</p>
    - ▶ de Moya et al
      - ▶ J Trauma Acute Care Surg, 2021



## Transfers

- Should decompress prior to transfer
  - ▶ Decompensation in route
- Lung re-expansion attenuates bleeding
- ▶ 90% need no further intervention
  - ▶ Tran et al
    - ▶ J Emerg Med, 2021

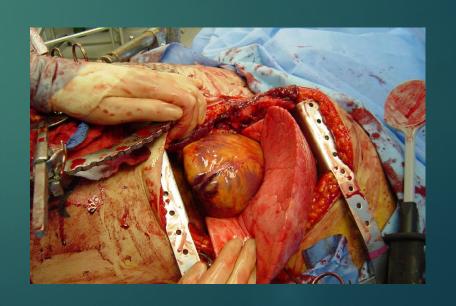




### Additional Considerations

- Sedation
  - Ketamine
- Intubation
  - Resuscitate first when possible
    - Duggan et al
      - ▶ Emerg Med Clin North Amer, 2023
- ▶ ED Thoracotomy
  - Resuscitative thoracotomy
    - May not be practical in many settings
    - Best survival has been reported from stab wounds to the chest





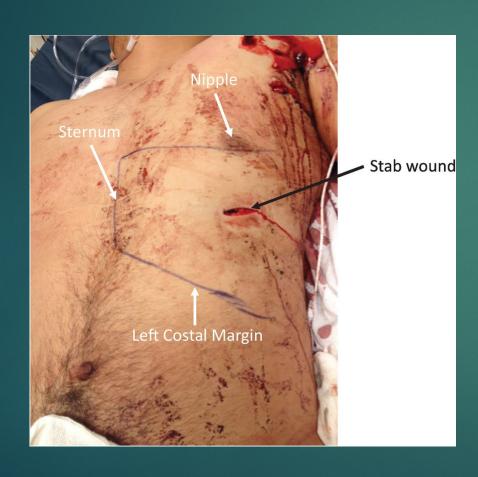
# Left Diaphragm Injury

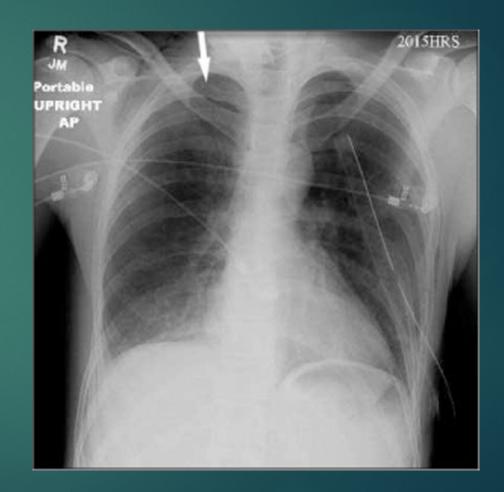
- Sits near the 5<sup>th</sup> and 6<sup>th</sup> intercostal space at rest
- Can occur from penetrating or blunt trauma
- Frequently missed
  - May not present for years after the initial injury





# Diaphragm Injury





# Stab Wound to the Chest – Diaphragm Injury



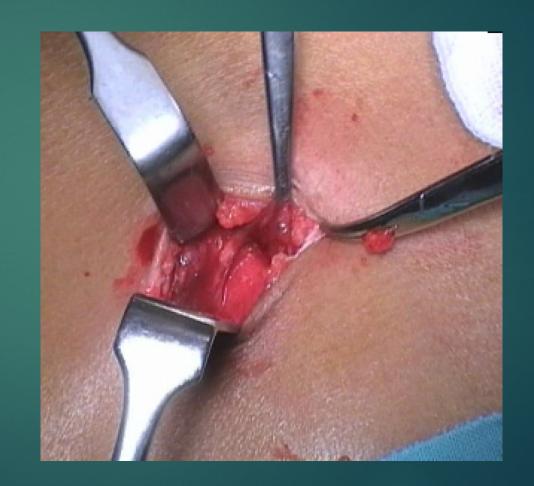
# Case #2

- 32 year old male with a stab wound to abdomen
  - **▶** 138/80, 96, 98%
  - Normal ultrasound
  - ▶ Normal CXR
  - ► What now?



# Case #2

- Pertinent negatives
  - Not unstable
  - ▶ No peritonitis
  - ▶ No evisceration
- ▶ Probe?
- Local wound exploration
  - ▶ 100% sensitivity verses 95% for CT scan
    - ▶ Sarici, Kalayci
      - ► Am J Emerg Med, 2018



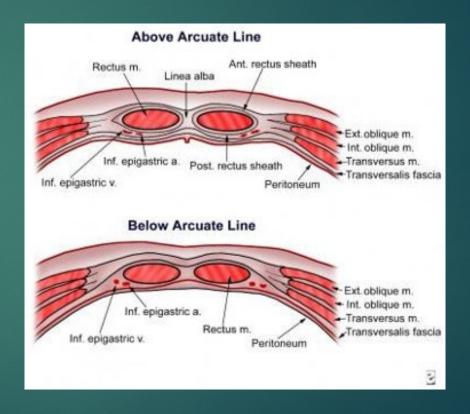
### Anterior Abdominal Stab Wound

- More than 25% do not penetrate the peritoneal cavity
  - Cothran et al
    - ▶ Am J Surg, 2009
- Only half that penetrate the peritoneum require surgery
  - Leppaniemi et al
    - ▶ Br J Surg, 1999
- Most common organs injured
  - Small bowel
  - ▶ Liver
  - ▶ Colon



#### Anterior Abdominal Stab Wounds

- Local wound exploration with negative findings is sensitive and reliable
  - ▶ Biffl et al
    - ▶ J Trauma, 2009
- Intact posterior rectus fascia (above the arcuate line) or transversalis fascia allows safe discharge
  - Sugrue et al
    - ► ANZ J Surg, 2007



# Case # 3 – Stab Wound to the Back

- Challenges in stab wounds to the back
  - ▶ Remove?





# Case #3a – Stab Wound to the Back

- 28 year old male with a stab wound to the back
- ▶ Probe?
- ► Local wound exploration?
- ► CT scan



# Summary

- Ultrasound the chest first
- ► Think pig tails whenever you can
- Decompress and resuscitate before you intubate
- No wound probing
- Explore anterior abdominal wounds
- CT back wounds if you are not sure

