Bone Healing: Are There Any Growth Factors on the Horizon?









Chelsea S Bahney, PhD

Program Director Bone Repair & Regenerative Therapeutics Steadman Philippon Research Institute (SPRI), Vail CO Associate Adjunct Professor, Orthopaedic Trauma Institute University of California San Francisco (UCSF)





Disclosures

None related to this talk

Burden of Fracture is High



Fracture injuries/year worldwide

THE LANCET

Prevalent fracture worldwide

Since 1990:

- > 33% increase in global number of new cases of fracture
- ➢ 65% increase in years lived with disability (YLD)
- Significantly more prevalent in aging population

Delayed and Non-Union

- 8.1% of fractures were readmitted for healing complications within 2 years post-fracture
- Higher rates in femoral (13.6 %) and tibial (11.7%) shaft





BMPs Were Not the Magic Bullet

Recombinant Human Bone Morphogenetic Protein-2: A Randomized Trial in Open Tibial Fractures Treated with Reamed Nail Fixation

Aro, Hannu T. MD, PhD¹; Govender, Shunmugam MBBS, MD, FRCS²; Patel, Amratlal D. FRCS³; Hernigou, Philippe MD⁴; Perera de Gregorio, Arturo MD⁵; Popescu, Gheorghe Ion MD⁶; Golden, Jane Davis MHP⁷; Christensen, Jared PhD⁷; Valentin, Alexandre MD⁷

The Journal of Bone & Joint Surgery <u>93(9):p 801-808, May 4, 2011.</u> | DOI: 10.2106/JBJS.I.01763

Efficacy and Safety of Recombinant Human Bone Morphogenetic Protein-2/Calcium Phosphate Matrix for Closed Tibial Diaphyseal Fracture

A Double-Blind, Randomized, Controlled Phase-II/III Trial

Lyon, Thomas MD¹; Scheele, Wim MD²; Bhandari, Mohit MD, PhD, FRCSC³; Koval, Kenneth J. MD⁴; Sanchez, Eduardo Gomez MD⁵; Christensen, Jared PhD²; Valentin, Alexandre MD⁶; Huard, Francois MSc, MBA⁷

The Journal of Bone & Joint Surgery <u>95(23):p 2088-2096, December 4, 2013.</u> | DOI: 10.2106/JBJS.L.01545

Conclusion

The time to fracture union and pain-free full weight-bearing were not significantly reduced by rhBMP-2/CPM compared with standard of care alone for open or closed fractures.

This was Surprising!





- Was the Dosing wrong?
- Was clearance too rapid?
- Wrong timing?

Fracture Healing is a Complex Set of Interactions



Treatments Targeting Bone Remodeling



Bisphosphonates

- Inhibit osteoclasts/anti-resorptive
- Also inhibits osteoblast coupling

Teriparatide (Forteo), Abaloparotide (Tymlos)

- Osteoanabolic
- Act on stem cells and osteoblasts

Osteoporosis:

- Increases bone mineral density
- Reduces fracture risk

Bisphosphonates in Fracture Repair Inhibiting Bone Resorption

TABLE 1

Common Bisphosponates and Their Usesline

| BISPHOSPHONATE | USE | | | |
|--|-----------------|--|--|--|
| TILUDRONATE | | | | |
| Skelid® | Paget's Disease | | | |
| (Sanofi-Aventis US LLC, Bridgewater, NJ) | | | | |
| ETIDRONATE | | | | |
| Didronel® | Paget's Disease | | | |
| (Procter & Gamble Pharmaceuticals, Cincinnati, OH) | | | | |
| RISEDRONATE | | | | |
| Actonel® | Osteoporosis | | | |
| (Sanofi-Aventis US LLC) | | | | |
| ALENDRONATE | | | | |
| Fosamax® | Osteoporosis | | | |
| (Merck & Co, Inc, Whitehouse Station, NJ) | | | | |
| IBANDRONATE | | | | |
| Boniva® | Osteoporosis | | | |
| (Roche Laboratories, Nutley, NJ and GlaxoSmithKline, Research Triangle Park, NC) | | | | |
| ZOLEDRONIC ACID | | | | |
| Zometa® | Bone Metastases | | | |
| (Novartis Pharmaceuticals Corp, East Hanover, NJ) | | | | |
| PAMIDRONATE | | | | |
| Aredia® | Bone Metastases | | | |
| (Novartis Pharmaceuticals Corp) | | | | |

- A total of 16 studies involving 5022 patients obtained from selected databases were examined
- No significant effect on fracture healing time
- Significantly increase BMD and prevent osteoporosis
- Inhibits both bone resorption and bone formation markers, resulting in low bone turnover state



Front Endocrinol (Lausanne). 2021; 12: 688269. Published online 2021 Aug 30. doi: <u>10.3389/fendo.2021.688269</u> PMCID: PMC8435630 PMID: <u>34526966</u>

The Effect of Bisphosphonates on Fracture Healing Time and Changes in Bone Mass Density: A Meta-Analysis

Teriparatide (PTH) in Osteoporosis Targets Bone Formation without Resorption

FORTEO® teriparatide injection 20-mcg daily dose in a 2.4-mL prefilled delivery device helps build new bone



- Teriparatide is a daily subcutaneous injection
 - \$2,998 daily
 - \$35,976 annually
 - Maximum 2 years cumulative use

Fracture Prevention Trial: Large RCT of Teriparatide vs. Placebo for 18 months

- 53% risk reduction for vertebral and non-vertebral fractures
- Approved for men and women
- Efficacy in osteoporosis and glucocorticoid-induced osteoporosis

Teriparatide (PTH) in Fracture Repair Targets Bone Formation without Resorption



Dosing, optimal duration, sample size???

- No evidence that PTH treatment caused harm or impeded fracture healing.
- Meta-analysis of published data supports the use of PTH improves functional outcomes but not fracture healing rate or pain for different fracture types.
- Did not decrease the complications, need for reoperation, mortality, rate of deformity after fracture healing, or subsequent fracture.

Effectiveness of parathyroid hormone (PTH) analogues on fracture healing: a meta-analysis

K. Eastman 🖂, M. Gerlach, I. Piec, J. Greeves & W. Fraser

Osteoporosis International 32, 1531–1546 (2021) Cite this article

The Efficacy of Teriparatide in Improving Fracture Healing in Hip Fractures: A Systematic Review and Meta-Analysis

Shuang Han,¹ Shi-Ming Wen,¹ Qin-Peng Zhao,² Hai Huang,¹ Hu Wang,¹ Yu-Xuan Cong,¹ Kun Shang,¹ Chao Ke,¹ **Yan Zhuang** ⁽¹⁾ ⁽¹⁾

Abaloparatide (PTHrP) Targets Bone Formation without Resorption



Abaloparatide, a PTH Receptor Agonist With Homology to PTHrP, Enhances Callus Bridging and Biomechanical Properties in Rats With Femoral Fracture

Beate Lanske,¹ Heidi Chandler,¹ Allen Pierce,¹ Jeffery Brown,¹ Michael Ominsky,¹ Paul Kostenuik,² Gary Hattersley¹

¹Radius Health Inc., 950 Winter Street, Waltham, Massachusetts, ²University of Michigan School of Dentistry, Phylon Pharma Services, Newbury Park, California

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- Newer to the market: approved in 2017 vs 2002 for Forteo
- > Phase III efficacy in the treatment of osteoporosis shown in the ACTIVE trial
- Currently only approved for women, clinical trial completed in men
- > Numerous preclinical studies showing enhanced fracture healing
- Recruiting NCT04249232 Prospective Trial: Abaloparatide and Pelvic Fracture Healing
- Lower risk of hypercalcemia and greater BMD in hip/femoral neck compared to teriparatide

Wnt Signaling as a New Therapeutic Target



- Peak Wnt expression in soft callus
- Important in cartilage to bone conversion
- Preclinical studies very promising in small to large animal models

| Animal model | Bone | Bone injury model | Dosage, | Major findings |
|----------------------|--------|--------------------------|------------------|--|
| | | | | |
| Mouse | Tibia | Osteotomy | 100 mg/kg, 1/wk | BV/TV↑, strength↑ |
| Rat | Femur | Fracture | 25 mg/kg, 2/wk | Callus \uparrow , BMC \uparrow , BV/TV \uparrow , strength \uparrow |
| Cynomolgus monkey | Fibula | Osteotomy | 30 mg/kg, 1/2 wk | Callus↑, BMC↑, strength↑ |
| Rat | Femur | Ablation | 25 mg/kg, 2/wk | Fixation strength \uparrow , cortical thickness \uparrow , BV/TV \uparrow |
| Rat | Femur | Fracture | 25 mg/kg, 2/wk | BMD \uparrow , BV/TV \uparrow , strength \uparrow , MS/BS \uparrow , BFR/BS \uparrow |
| Rat | Femur | Osteotomy | 25 mg/kg, 2/wk | Callus↑, BMD↑, BV/TV↑, strength↑, bone area↑, cartilage↓ |
| Mouse | Femur | Fracture | 25 mg/kg, 2/wk | BV/TV↑, BMC↑ |
| T1DM mouse | Femur | Fracture | 25 mg/kg, 2/wk | BV/TV↑, BMC↑ |
| Rat | Femur | Osteotomy | 25 mg/kg, 2/wk | Mature callus↑, BMC↑, BMD↑, strength↑ |
| Rat | Tibia | Metaphyseal screw | 25 mg/kg, 2/wk | Pull-out strength \uparrow , bone volume surrounding screw \uparrow |
| Rat | Femur | Distraction osteogenesis | 25 mg/kg, 2/wk | Union rate \rightarrow , (united bones) strength \uparrow , bone volume \uparrow |
| Rat | Femur | Critical defect | 25 mg/kg, 2/wk | Union rate [↑] , bone formation markers [↑] |
| Mouse | Femur | Osteotomy rigid fix | 25 mg/kg, 2/wk | Periosteal and/or intracortical bridging \rightarrow , endosteal bridging \uparrow |

Romosozumab (Anti-Scelerostin) Targets Bone Formation

Sclerostin

- Produced by osteocytes
- Inhibits bone formation and bone resorption

FDA Approval April 2019

Romosozumab (Evenity) monthly SC Injection

- Humanized monoclonal antibody that targets sclerostin
- Inhibits Sclerostin to ACTIVATE WNT pathway

FRAME Trial: Large (7180) RCT of Romosozumab (210 mg) or placebo for 12 months

- Additional 12 months of denosumab
- 75% risk reduction for vertebral fractures



Romosozumab (Anti-Scelerostin) Targets Bone formation without Resorption

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Romosozumab in Skeletally Mature Adults with a Fresh Unilateral Tibial Diaphyseal Fracture

A Randomized Phase-2 Study

Mohit Bhandari, MD, PhD, Emil H. Schemitsch, MD, FRCS(C), Theofilos Karachalios, MD, Parag Sancheti, FRCS(Ed), MS(Orth), DNB(Orth), MCh(UK), PhD(Dundee, UK), Rudolf W. Poolman, MD, PhD, John Caminis, MD, Nadia Daizadeh, PhD, Ricardo E. Dent-Acosta, MD, Ogo Egbuna, MD, MSc, Arkadi Chines, MD, and Theodore Miclau, MD

- Prospective, double-blind phase-2 RCT (N=402)
- 1 of 9 Romosozumab groups or placebo for 3 months
- Primary outcome: radiographic fracture healing at 6 months
- Romosozumab did not accelerate tibial fracture-healing

Romosozumab (Anti-Scelerostin) Targets Bone formation without Resorption

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A Randomized, Placebo-Controlled Study of Romosozumab for the Treatment of Hip Fractures

Timing, drug target, systemic delivery

Andreas Grauer, MD, and Mohit Bhandari, MD, PhD

- Prospective, double-blind phase-2 RCT (N = 332; over age 55)
- Romosozumab (70, 140, or 210 mg) or a placebo until 3 months
- Outcomes: mean timed "Up & Go" score and radiographic fracture healing
- Romosozumab did not accelerate clinical or radiographic hip fracture-healing

Treatments Targeting Immunosenescence & Inflammaging



Increased Inflammation and Senescence with Aging

Macrophages

Osteoblasts



Chang et al, Bone 2008

D Clark, Aging Cell 2020





Philippon, Duke et al. Unpublished

cFms Activation Required for Differentiation & Function of Macrophages





PLX3397 to Mice Inhibits Migration of Macrophages and Stimulates Healing in Old Mice



Clearance of Senescent Cells Improves Fracture Healing

Modulation of fracture healing by the transient accumulation of senescent cells

Dominik Saul^{1,2,3}, David G Monroe^{1,2,4}, Jennifer L Rowsey^{1,2}, Robyn Laura Kosinsky⁵, Stephanie J Vos^{1,2}, Madison L Doolittle^{1,2}, Joshua N Farr^{1,2,4}*, Sundeep Khosla^{1,2,3,4}*

¹Division of Endocrinology, Mayo Clinic, Rochester, United States; ²Robert and Arlene Kogod Center on Aging, Mayo Clinic, Rochester, United States; ³Department of Trauma, Orthopedics and Reconstructive Surgery, Georg-August-University of Goettingen, Goettingen, Germany; ⁴Division of Physiology and Biomedical Engineering, Mayo Clinic College of Medicine, Mayo Clinic, Rochester, United States; ⁵Division of Gastroenterology and Hepatology, Mayo Clinic, Rochester, United States gation

COMMENTARY

nolytic treatment: a paradigm to ure repair during aging

, and Rafael de Cabo

RESEARCH ARTICLE

te on Aging (NIA), NIH, Baltimore, Maryland, USA.

The Journal of Clinical Investigation

Age-associated callus senescent cells produce TGF- β 1 that inhibits fracture healing in aged mice

Jiatong Liu,¹ Jun Zhang,^{2,3} Xi Lin,¹ Brendan F. Boyce,¹ Hengwei Zhang,¹ and Lianping Xing¹

Department of Pathology and Laboratory Medicine, Center for Musculoskeletal Research, University of Rochester Medical Center, Rochester, New York, USA.²Plastic Surgery Center, Department of Orthopedics, Zhejiang Provincial People's Hospital, Hangzhou, Zhejiang, China.³ Suzhou Institute of Systems Medicine, Suzhou, China.

Cellular senescence plays an important role in human diseases, including osteoporosis and osteoarthritis. Senescent cells (SCs) produce the senescence-associated secretory phenotype to affect the function of neighboring cells and SCs themselves. Delayed fracture healing is common in the elderly and is accompanied by reduced mesenchymal progenitor cells (MPCs). However, the contribution of cellular senescence to fracture healing in the aged has not to our knowledge been studied. Here, we used C578L/6J 4-month-old young and 20-month-old aged mice and demonstrated a rapid increase in SCs in the fracture callus of aged mice. The senolytic drugs dasatinib plus quercetin enhanced fracture healing in aged mice. Aged callus SCs inhibited the growth and proliferation of callus-derived MPCs (CaMPCs) and expressed high levels of TGF-β1. TGF-β-neutralizing Ab prevented the inhibitory effects of aged callus SCs on CaMPCs and promoted fracture healing in aged mice, which was associated with increased CaMPCs and proliferation of dasatinib plus quercetin depleted callus SCs and accelerated fracture healing in aged mice. Senolytic drugs engeneen in the callus cells of aged mice, which inhibited MPCs by expressing TGF-β1. Short-term administration of dasatinib plus quercetin depleted callus SCs and accelerated fracture healing in aged mice. Senolytic drugs represent a promising therapy, while TGF-β1 signaling is a molecular mechanism for fractures in the elderly via SCs.

changes, and capacity for d to changes if senescent res. In this olytic drug pone fracture e at fracture ihould provide for treatments tailored to older individuals. During aging, a therapeutic window may exist, in which short-term senolytic treatments could boost the organism's bone repair potential. However, if senescent cells are present at the site of repair, regardless of the age of the individual, defining the window of treatment opportunity is important to maximize therapeutic benefit. Experiments should evaluate the effects of senolytic or senomorphic (SASP-modulating) treatments at various ages to identify the limits of therapeutic benefit and determine whether the dura-





Back to Biology for New Candidates

Need a better understanding of the processes during healing to develop therapies.

- Origin of stem/progenitor cells
- Optimized timing for growth factor delivery
- ✓ Conversion of cartilage to bone



Big Data and Bioinformatics of Fracture Healing: Finding New Targets



Biomaterials for Controlled & Sustained Local Delivery



ORIGINAL RESEARCH article Front. Bioeng. Biotechnol., 22 May 2023 Sec. Biomaterials Volume 11 - 2023 | https://doi.org/10.3389/fbioe.2023.1190371

This article is part of the Research Topic Advanced Nanomaterials and Hydrogels for Drugs Delivery and Controlled Release View all Articles >

Encapsulation of β -NGF in injectable microrods for localized delivery accelerates endochondral fracture repair



ADVANCED HEALTHCARE **MATERIALS**

Full Paper

Gel Scaffolds of BMP-2-Binding Peptide Amphiphile Nanofibers for Spinal Arthrodesis

WILEY JOURNAL OF TISSUE ENGINEERING AND REGENERATIVE MEDICINE

Therapeutic approaches to activate the canonical Wnt pathway for bone regeneration Anna Laura Nelson, ^{1,2} GianLuca Fontana, ³ Elizabeth Miclau, ¹ Mallory Rongstad, ³ William Murphy, ^{3,4} Johnny Huard,

J Tissue Eng Regen Med. 2022 Nov; 16(11): 961–976. Published online 2022 Sep 16. doi: <u>10.1002/term.3349</u>

^{1,5} Nicole Ehrhart, ^{12,5} and Chelsea Bahney ^{1,2,5,6}

PMCID: PMC9826348 PMID: <u>36112528</u> Cationic Ionizable Lipid Cholesterol Nucleic Acid Payload Helper Lipid Stabilizer