

# Calcaneus fractures: Case-based Approaches

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# Calcaneus Treatment Options



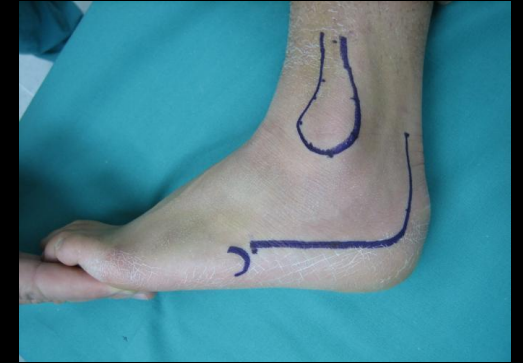
Nonop



Percutaneous



Sinus tarsi



Extensile lateral



Patient: Old, High Risk (DM, smoking)  
Fracture: Simple, Non-displaced

High risk patient + complex pattern  
Low risk patient + simple pattern  
Tongue variant

Patient: Young, Healthy  
Fracture: Complex, Displaced  
Joint depression

# Case 1: 39yo M fall 30 feet



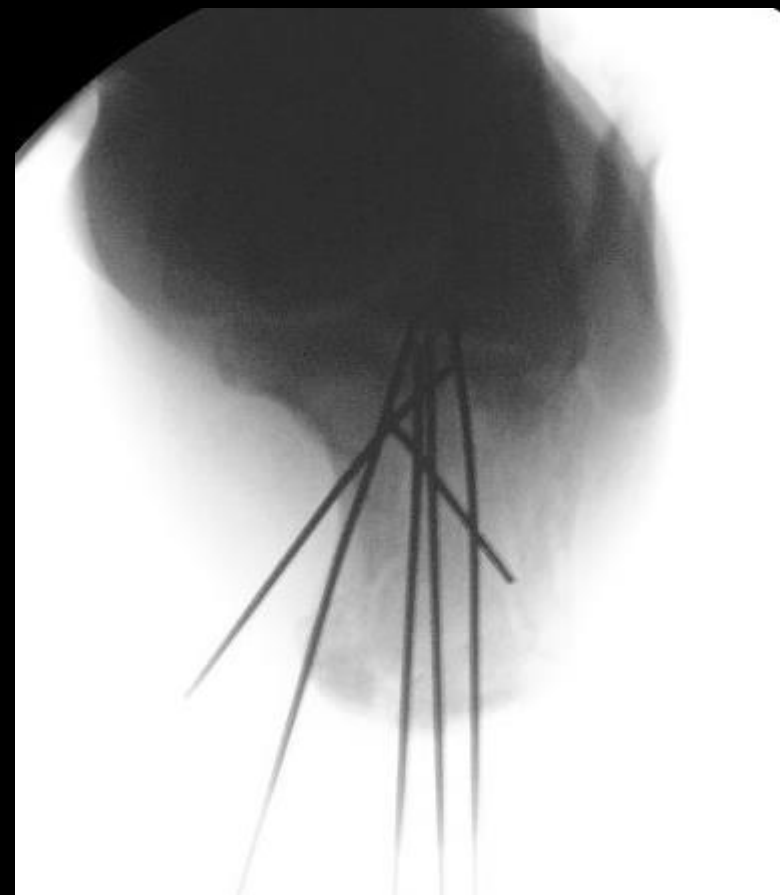
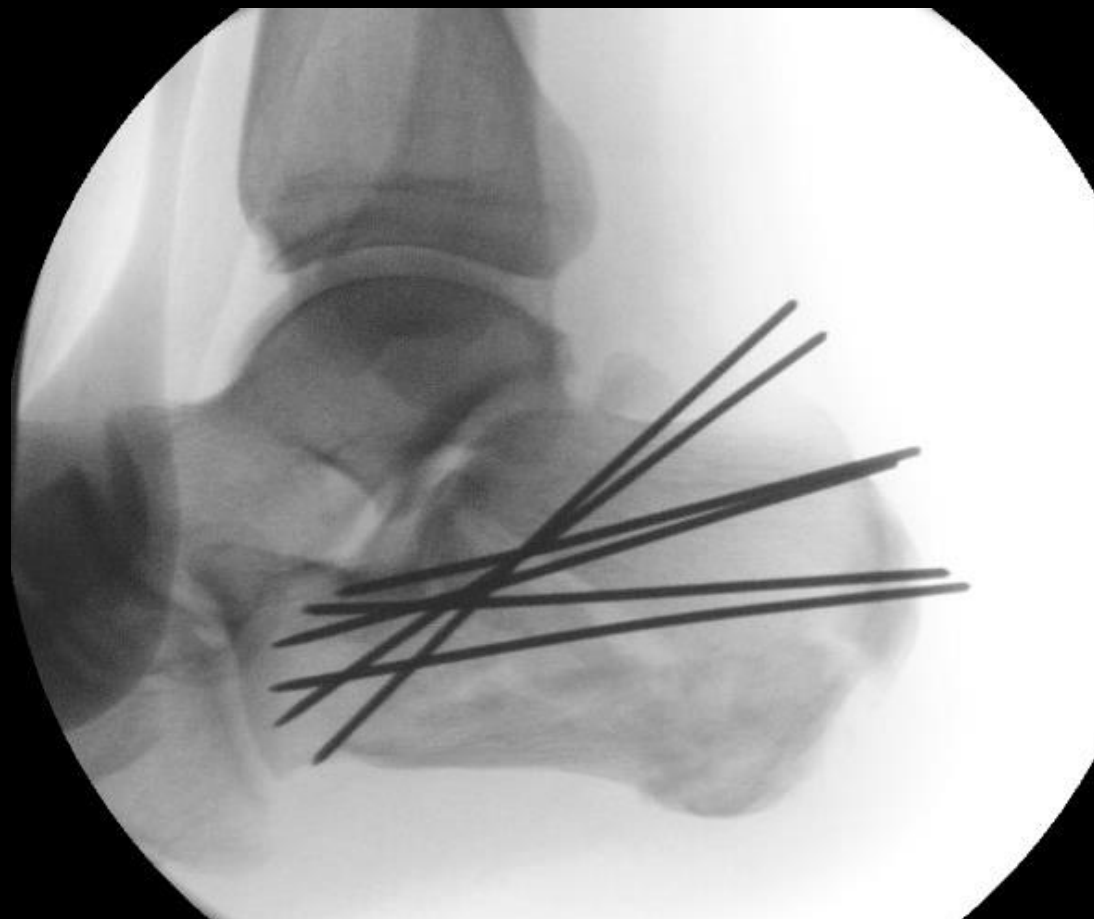






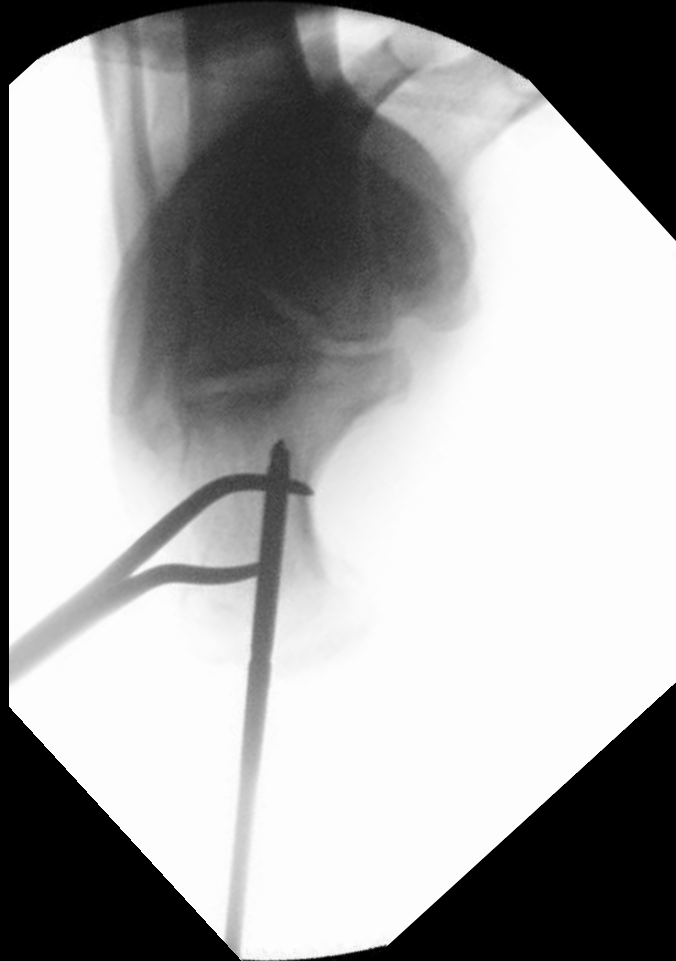


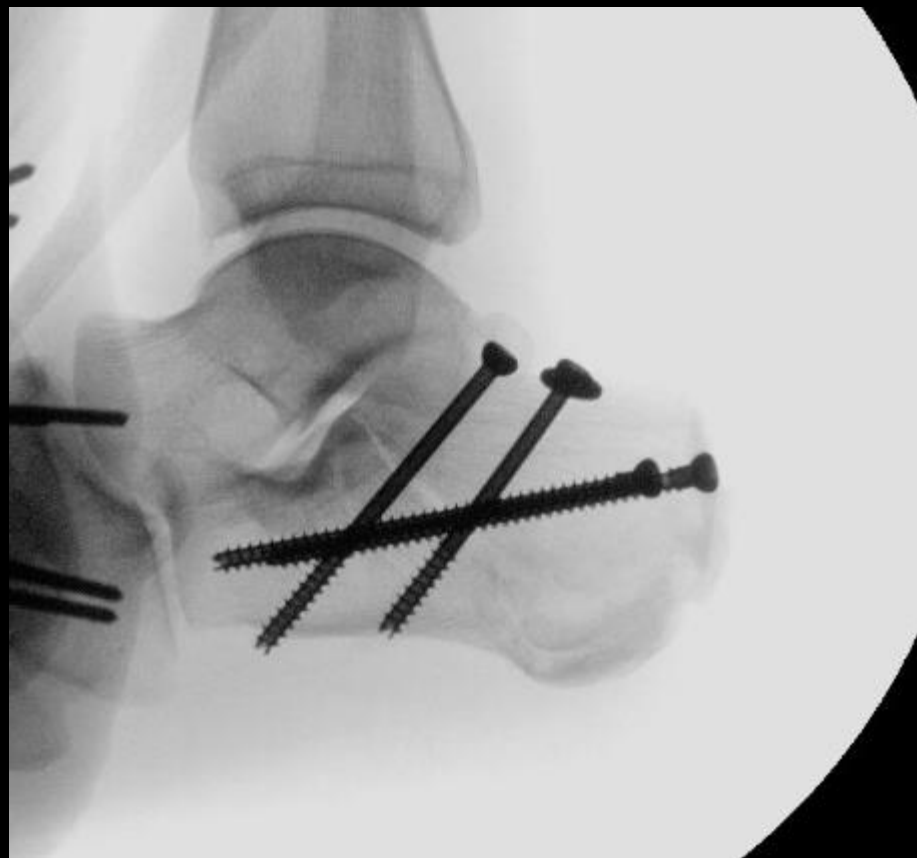




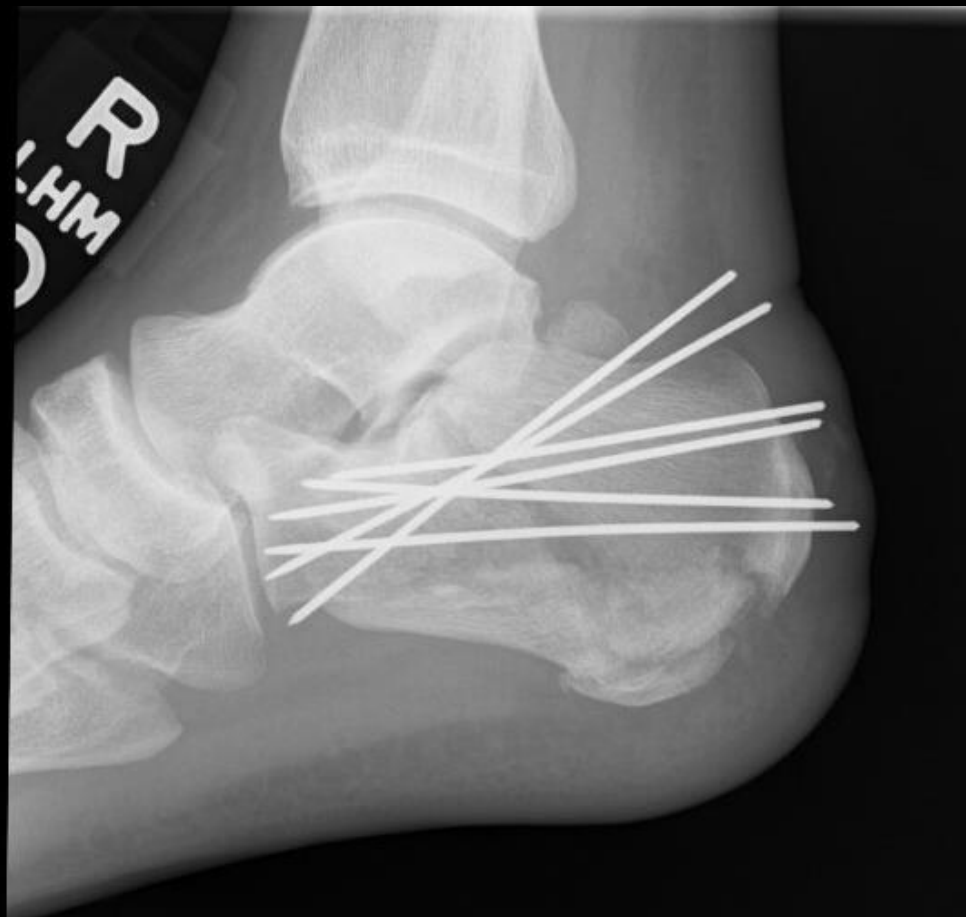






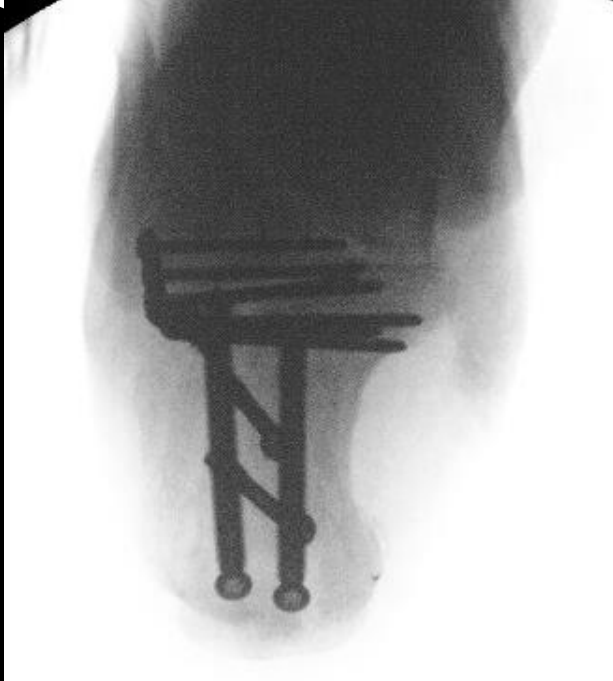
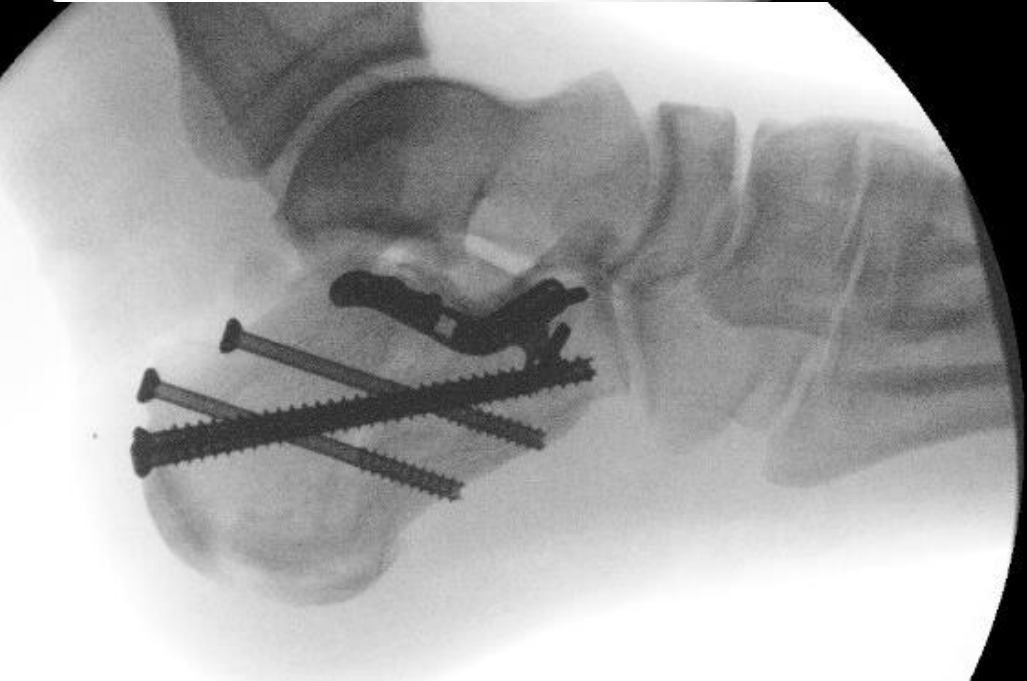
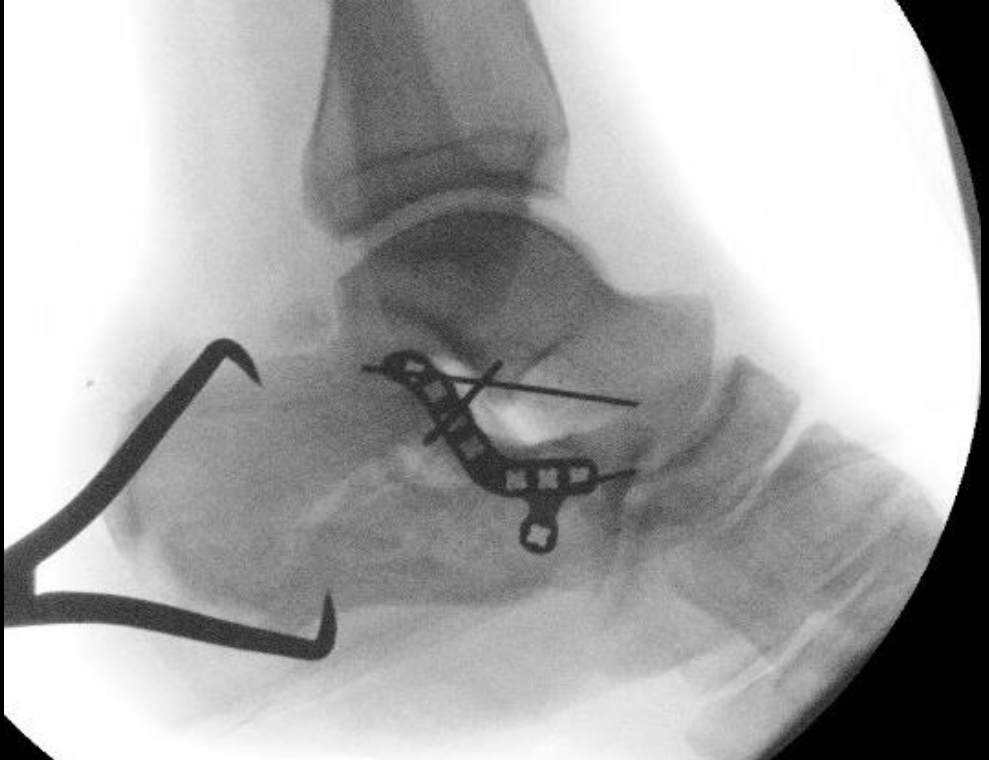
















4 months



## Case 2: 29yo M jump from 8ft fence







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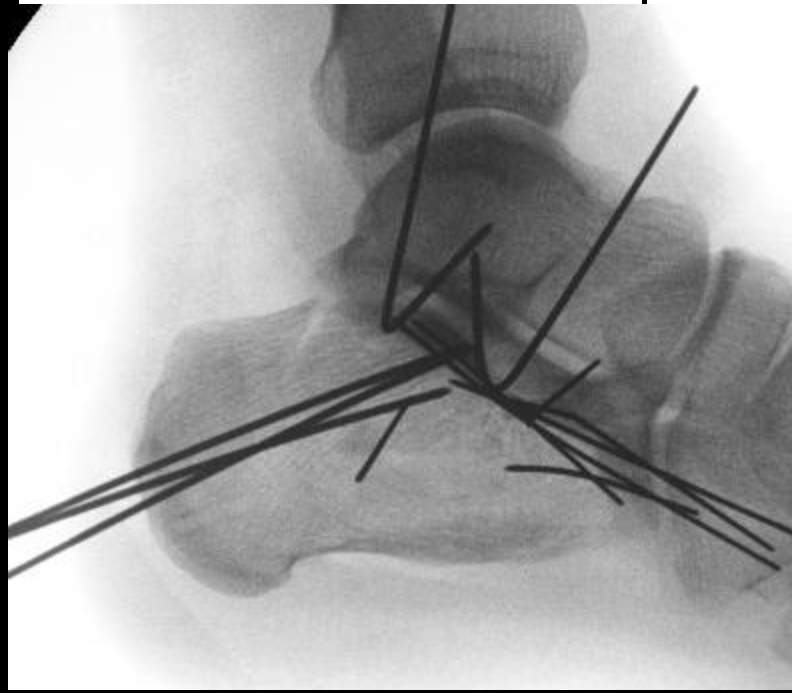
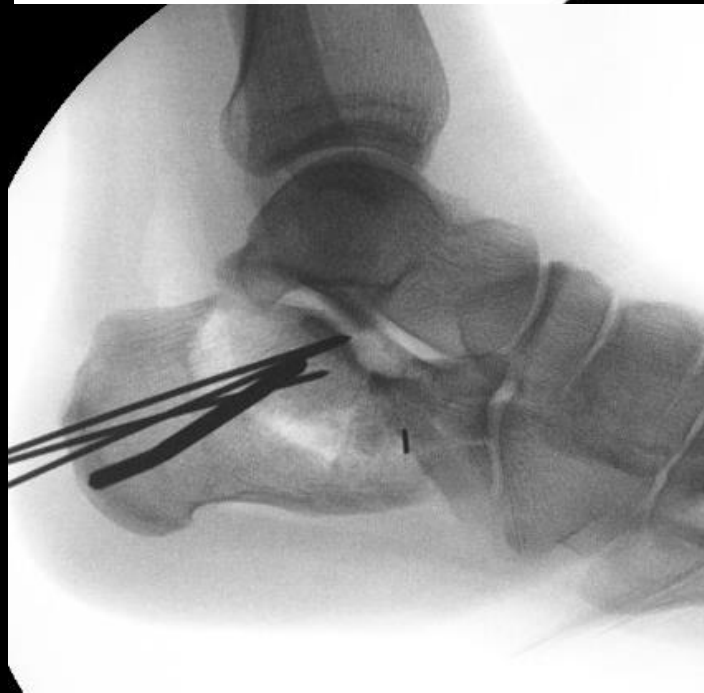
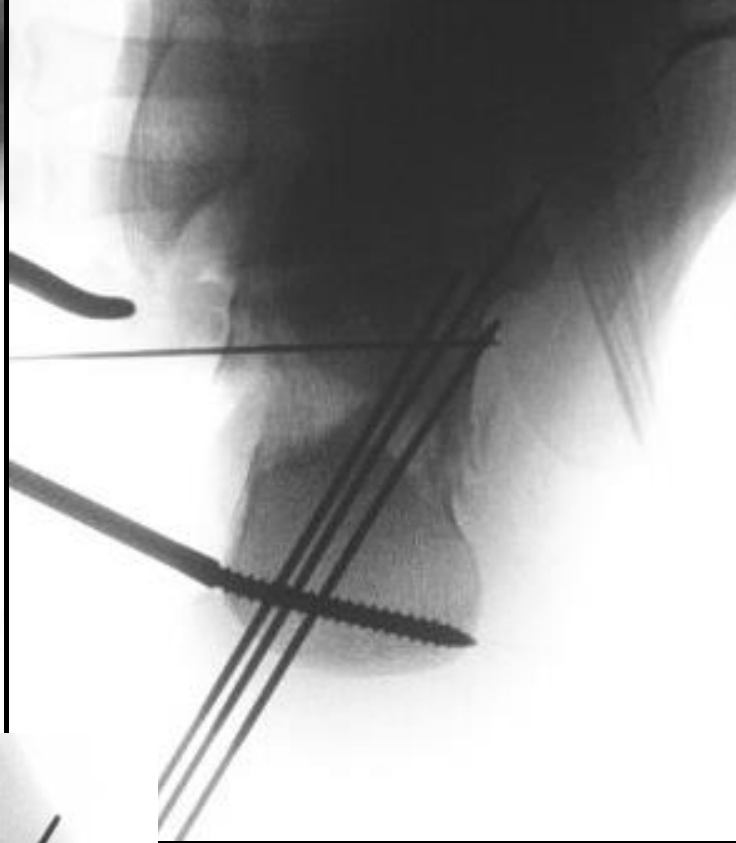
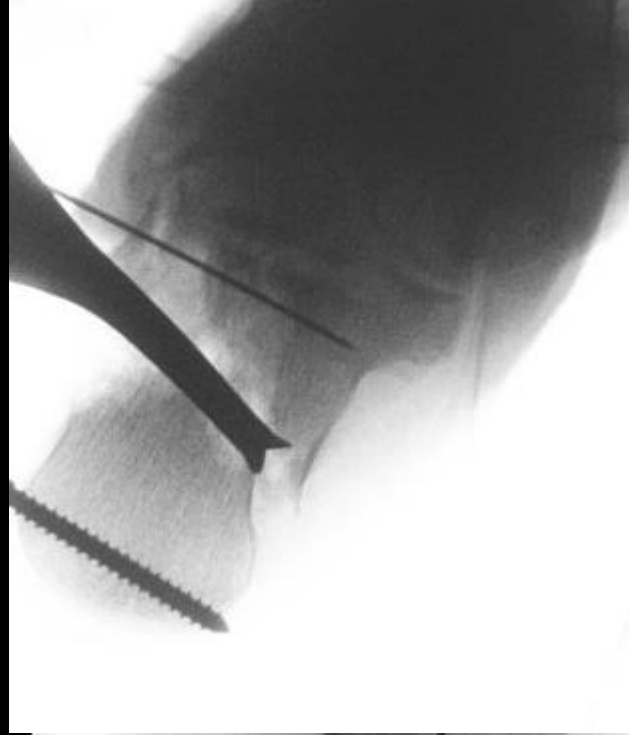
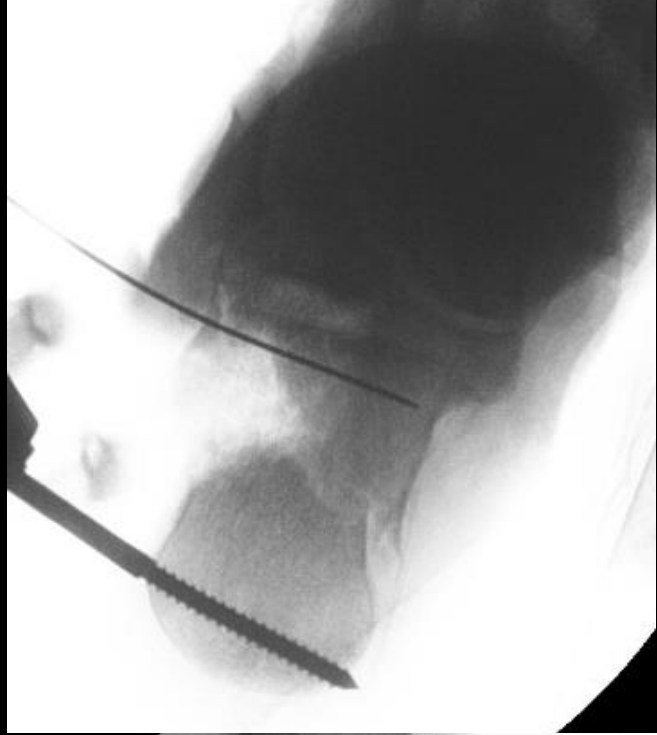


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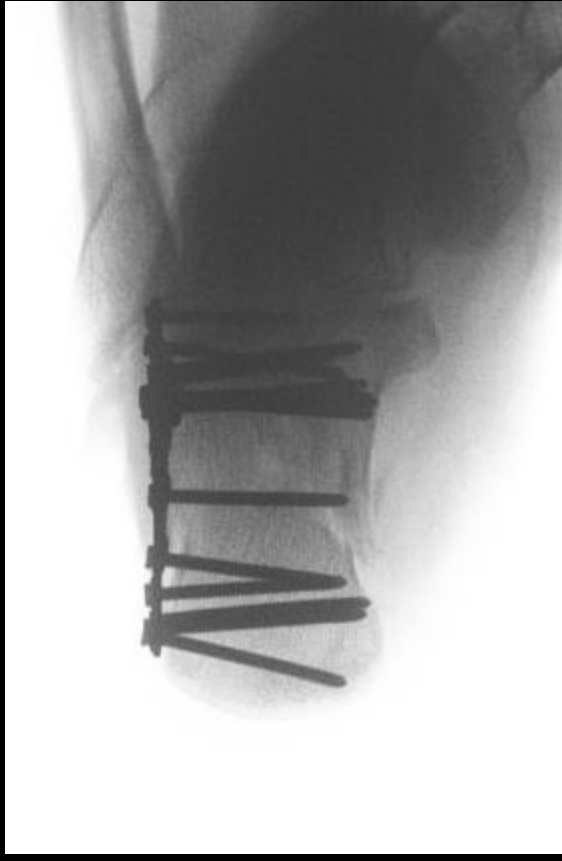
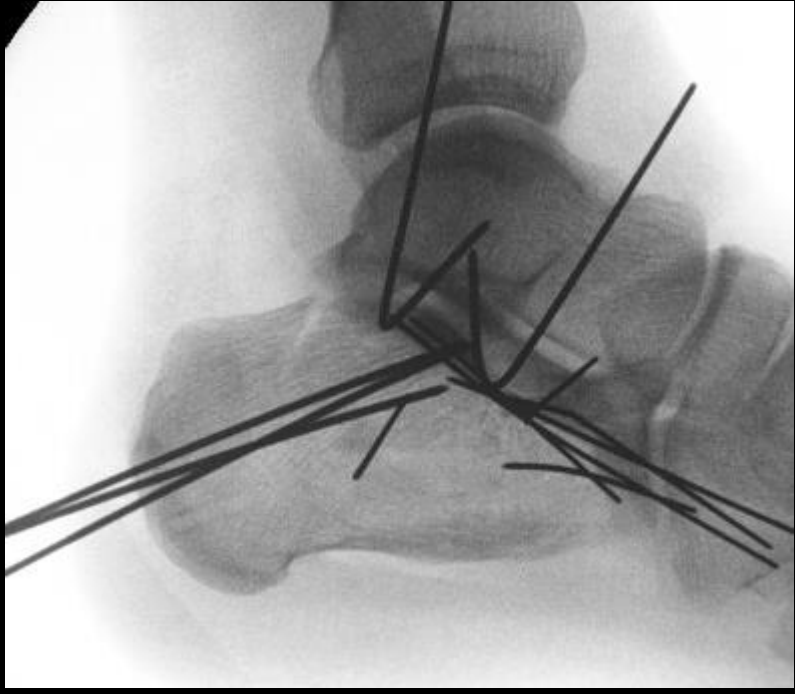


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15 months postop

