Bone Healing: Are There Any Growth Factors on the Horizon?

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Disclosures

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Burden of Fracture is High

- There are approximately 6.5 million fractures in the US each year
- 10-15% fail to heal adequately
 - Patient disability is high; 51% fail to return to work in 6 months.
- Developing biological treatments may facilitate healing by promoting faster time to union, reduced non-union rates, and treating established non-unions.

BMPs were not the Magic Bullet

SCIENTIFIC ARTICLES

Recombinant Human Bone Morphogenetic Protein-2: A Randomized Trial in Open Tibial Fractures Treated with Reamed Nail Fixation

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Conclusions:

The healing of open tibial fractures treated with reamed intramedullary nail fixation was not significantly accelerated by the addition of an absorbable collagen sponge containing rhBMP-2.

This was Surprising?



Where do we go from here?

 Back to Biology: Need a better understanding of the processes during healing to develop therapies.

For Example:

- origin of stem/progenitor cells.
- interactions among cells/tissues.
- conversion of cartilage to bone.
- new technologies for delivery

Fracture Healing is a Complex Set of Interactions



Urist, 1943

Treatments Targeting Progenitors



Fan et al, 2017

PTH, PTHrP., Teriparatide (Forteo), etc: All work through the same receptor Act on stem cells and osteoblasts

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Osteoporosis:

Increases bone mineral density Reduces fracture risk

Treatments Targeting Progenitors



Fan et al, 2017

What about fracture healing?

PTH, PTHrP., Teriparatide (Forteo), etc: All work through the same receptor Act on stem cells and osteoblasts

Osteoporosis:

Increases bone mineral density Reduces fracture risk

Works well in small animal and non-human primate models Clinical data are unclear due to differences dosing, site of injury, age, etc.

Treatments Targeting Tissue Interactions



-A large influx of all inflammatory cell types after injury that affect healing.

debridement, cell signaling

Inflammaging



-Aging produces an increasingly pro-inflammatory environment that impairs healing.

Inflammaging = macrophaging

-Can this be targeted therapeutically?

Macrophages are Associated with Bone

Macrophages

Osteoblasts



Chang et al, Bone 2008



Macrophages are Associated with Bone Healing

Macrophages and chondrocytes



cFms Activation is Required for Differentiation and Function of Macrophages



PLX3397 to Mice Inhibits Migration of Macrophages and Stimulates Healing in Old Mice



CD11b+/F480+ cells

Healing

Endochondral Ossification



Maes et al, 2010

Chondrocytes Give Rise to Osteoblasts During Fracture Healing

Indelibly label chondrocytes genetically.

They express a red fluorescent protein.

We can follow their fate.



Historical Data Shows the Same Thing



"the cartilage appears to lose its basophilic staining and gradually disappears in the osseous tissue as though through transformation of the chondrocytes to the osteocytes. This transformation, regarded by some authors as metaplasia, is a prominent feature of the ossification of the callus..." Urist, 1943

What are the potential molecular signals?



Activating Wnt Accelerates Healing

Control

Wnt



Challenges: Evenity did not work (Wnt antagonist antagonist Timing Dosing Wnts are lipid modified and not water soluble

Developmental Pipeline of mRNA Therapeutics



Gavirina and Kilic, Nature Biotechnology 2021.



Wang F, et al. Nature Reviews Drug Discovery 2020.

Therapeutic Advantages of mRNA



We still need a better understanding of the biology



Local and Sustained Delivery of mRNA

✓ Bioavailability often on the order of hours.
✓ Local delivery may be most effective for repair.



Brian Truong et al. PNAS 2019;116:42:21150-21159



Shrivats *et al*. Bone Regeneration. Ch 55, Principals of Tissue Engineering. 2014

Transcriptional Analysis of Fracture Healing: Finding Targets



Bais M, McLean J, Sebastiani P, Young M, Wigner N, et al. (2009) Transcriptional Analysis of Fracture Healing and the Induction of Embryonic Stem Cell–Related Genes. PLOS ONE 4(5): e5393. https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0005393