



# Proximal Humerus Approaches

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# Positioning - Beach Chair



# Regular table





Patient all the way to the  
injured side: The head at  
the edge of the table  
Tape the head!

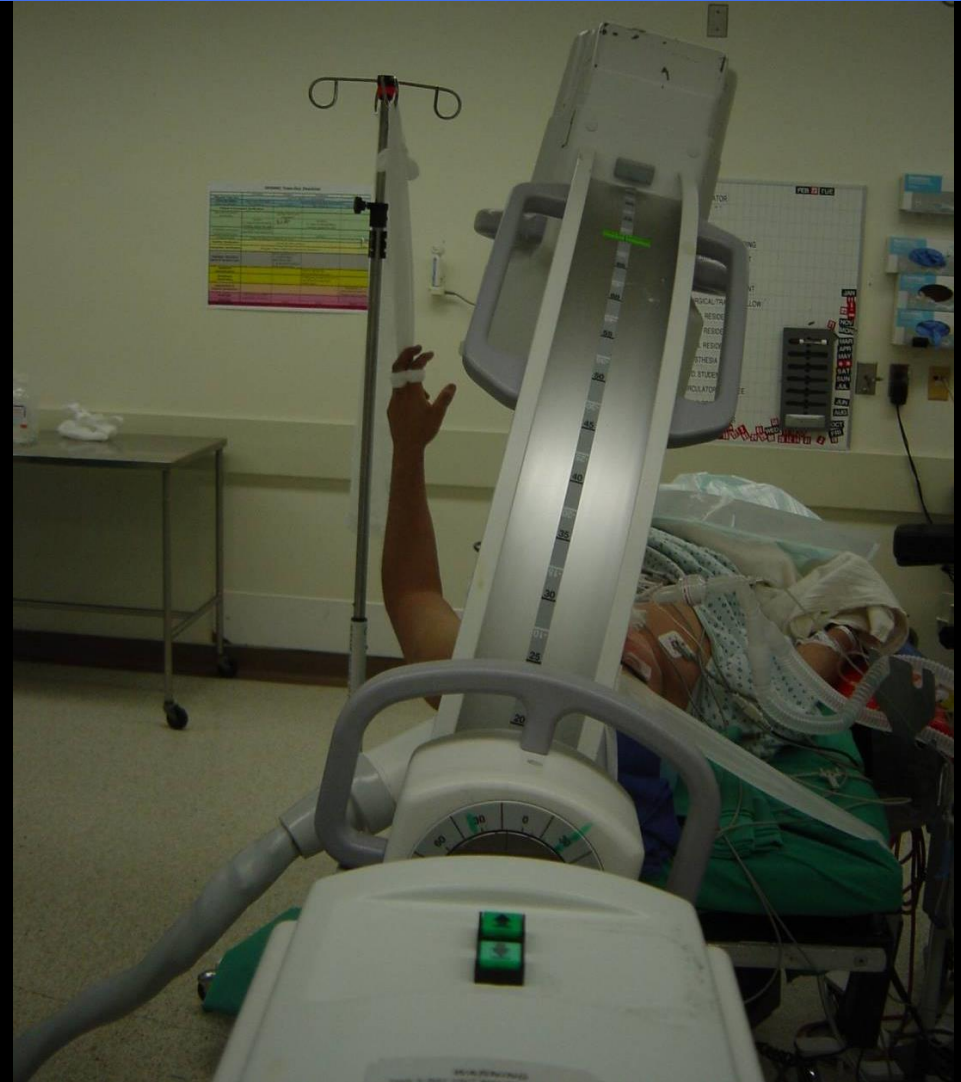




C-Arm tilted that you can have the GH joint view  
and AVOID the bars of the table



# AP view of the GH joint - Grashey

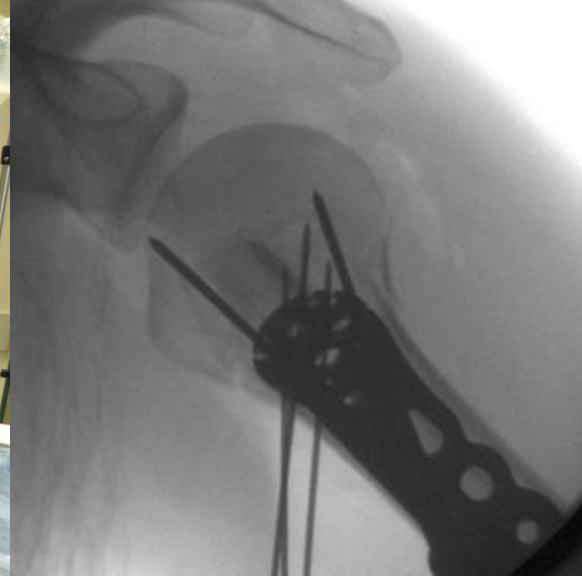




By rolling the C-arm you can get the lateral view of prox humerus





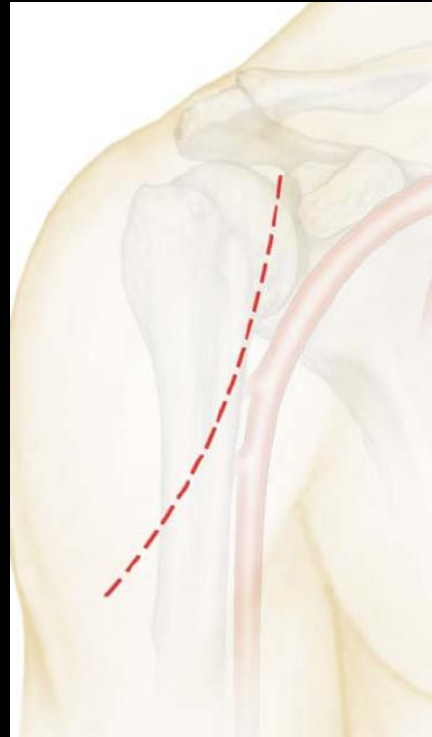
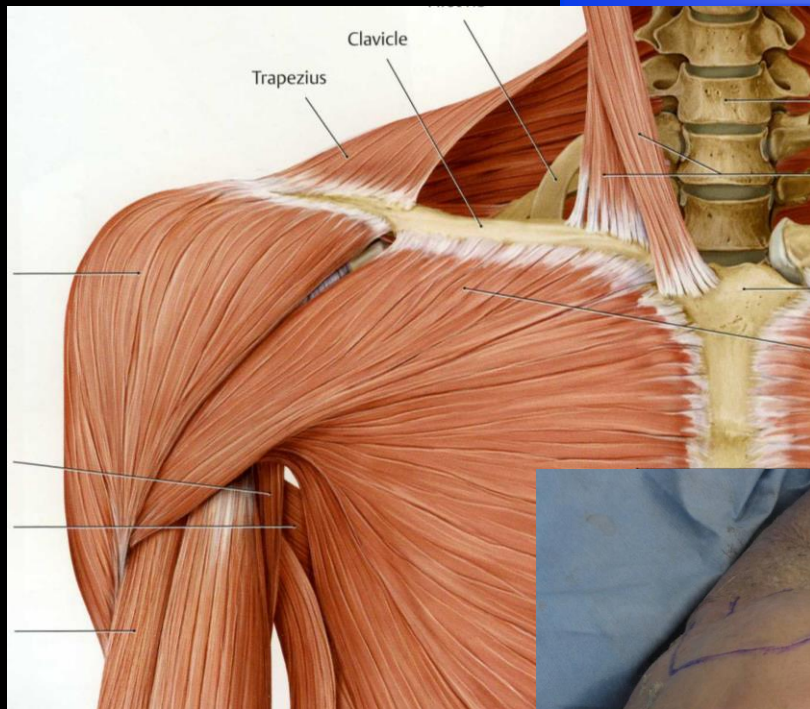




# Approaches



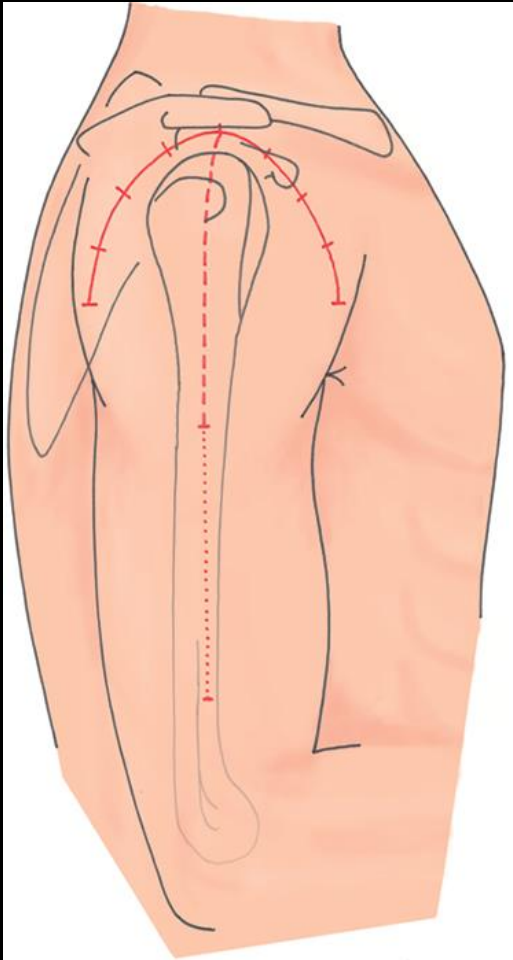
# Deltopectoral



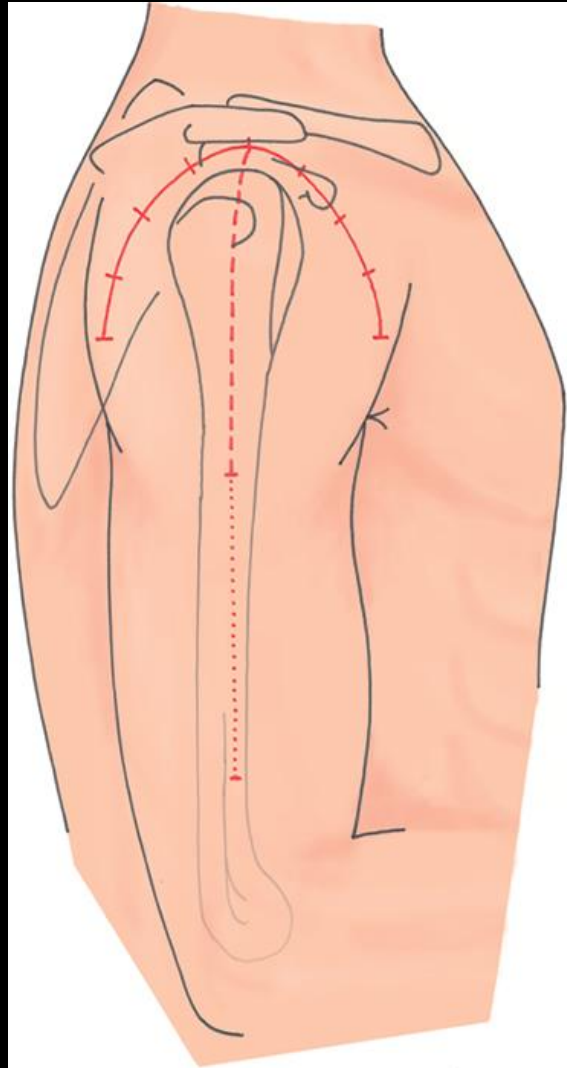
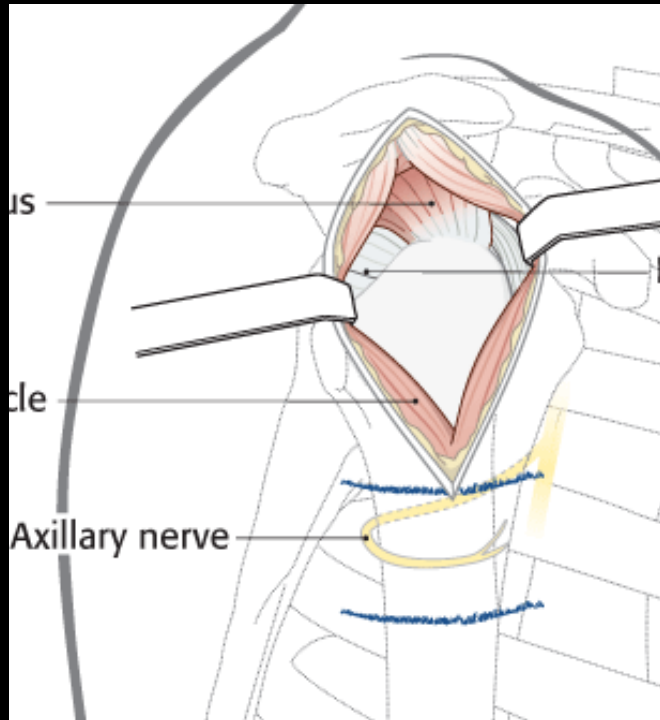


# Deltoid Split

## Shoulder strap skin incision



# Deltoid Split Longitudinal Incision

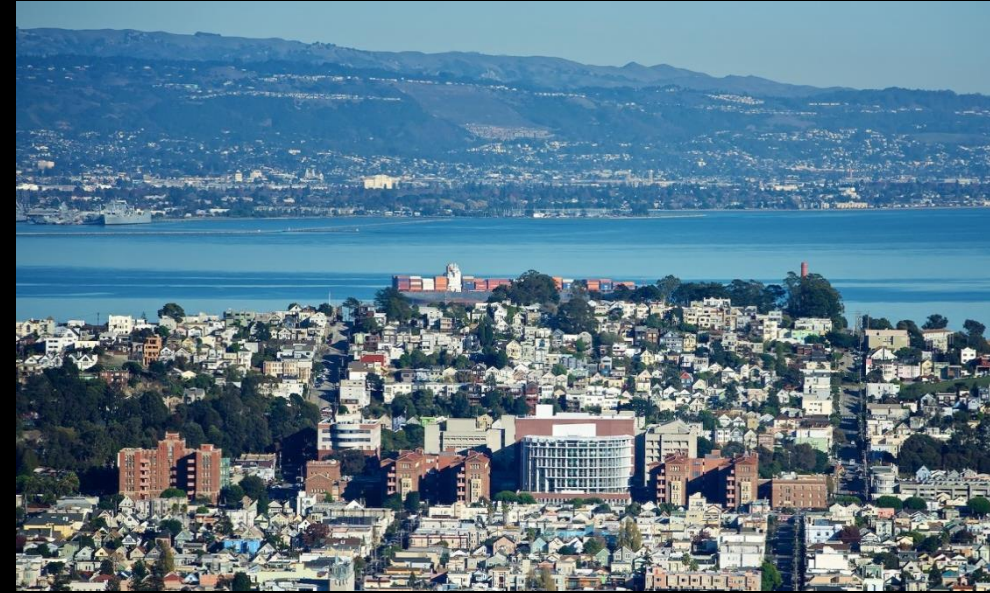








# THANK YOU



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