

The Department of Orthopaedic Surgery University of California San Francisco School of Medicine



UCSF Arthroplasty for the Modern Surgeon: Hip, Knee and Health PRINTARY TOKAY in Sonoma

September 15-16, 20 Case Review

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Fairmont Sonoma Mission Inn · Sonoma, CA

Stefano Bini MD Sonoma 2022

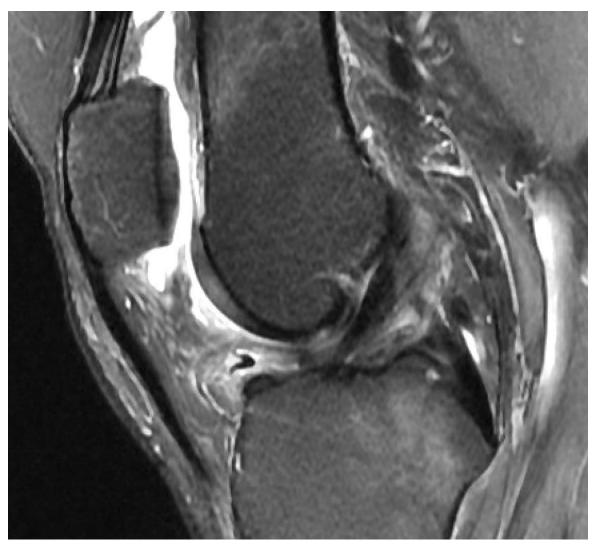
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UCSF Arthroplasty for the Modern Surgeon: Hip, Knee and Health Innovation Technology in Sonoma

74 yo Lateral Knee pain. HIV+ Duragesic Patch for Neuropathy 10 mg Prednisone Had injections



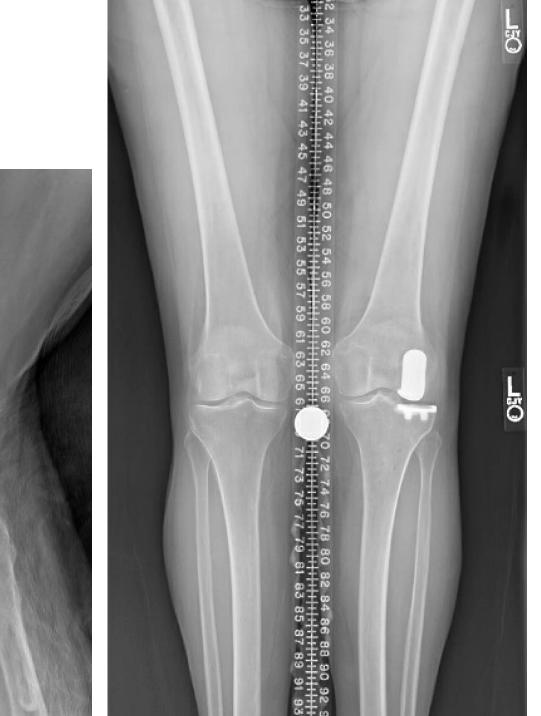
MRI



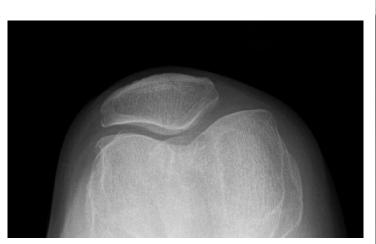


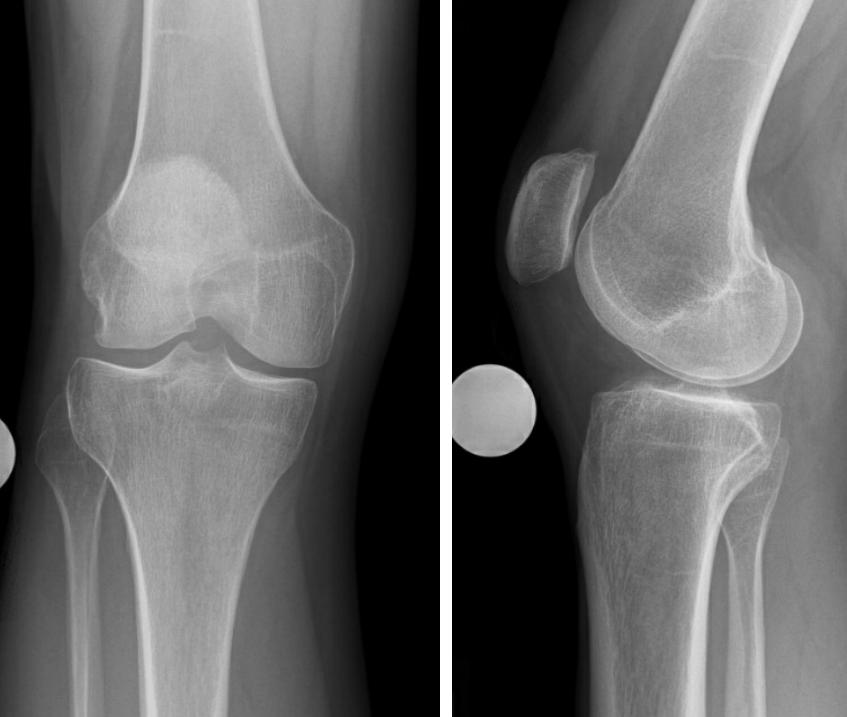
Lateral UKA



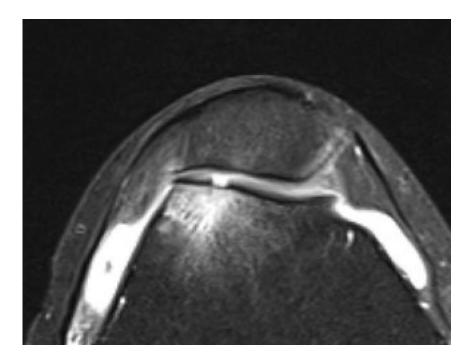


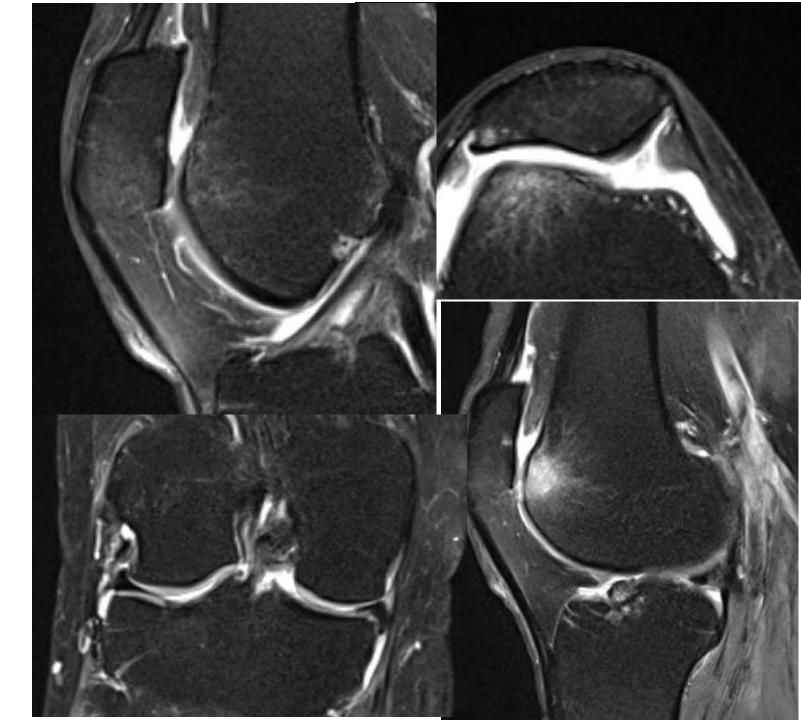
47 yo Female trouble climbing, hills, stairs. Failed PT, some relief from steroids



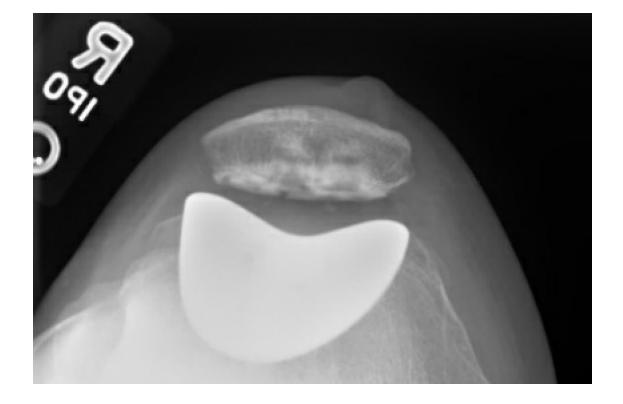


47 yo Knee pain





PFA



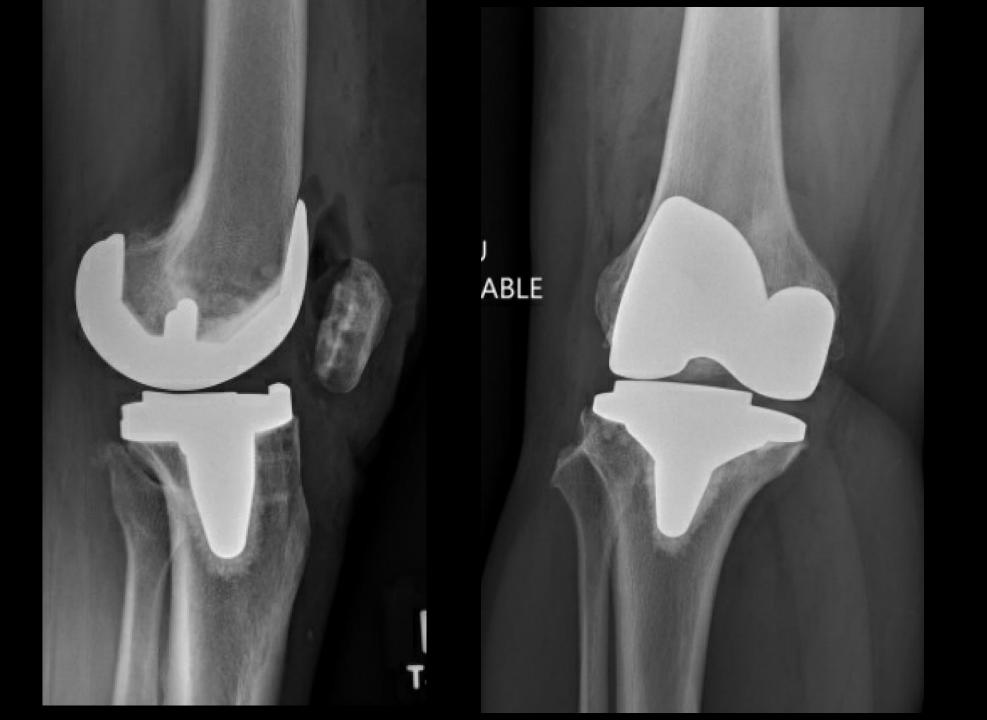


67 yo female

- Limp: yes
- Anti-inflammatory medication tried: Yes
- Home exercise/activities: walking
- Ambulatory capacity: 1-3 blocks
- Assistive devices: not using a cane or other assistive device
- Physical therapy tried: Yes
- Weight gain/loss: has been stable
- Corticosteroid injections and/or viscosupplementation tried: No

R TKA PMH: Palpitations, BL carotid artery stenosis, HLD, hypothyroidism, HTN PSH: None ALL: NKDA DVT: ASA

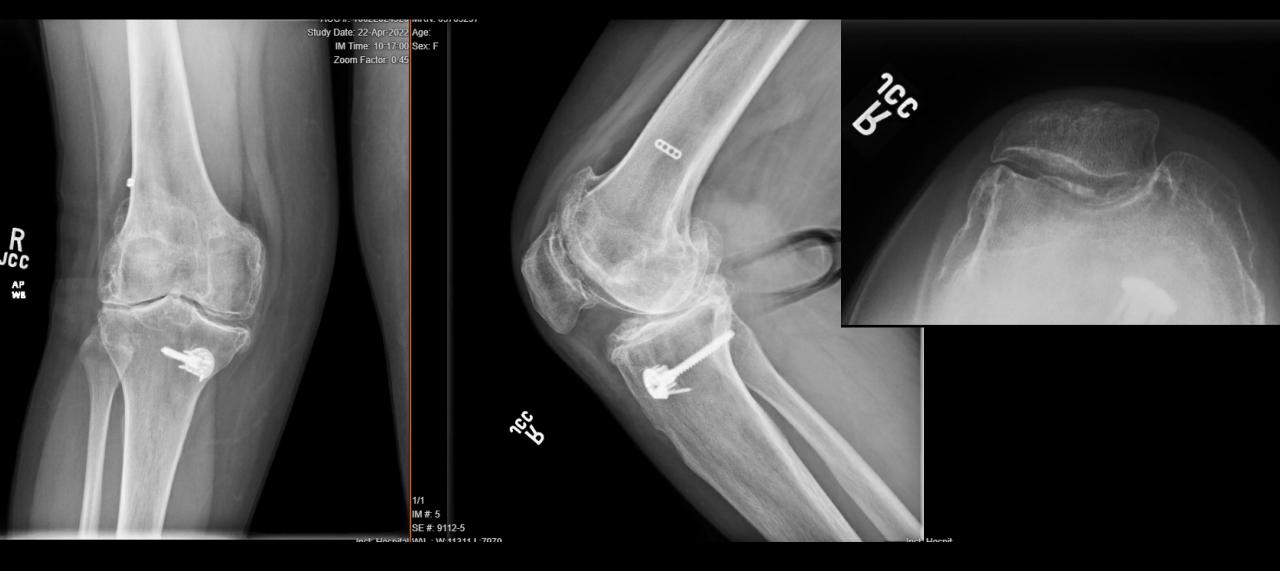


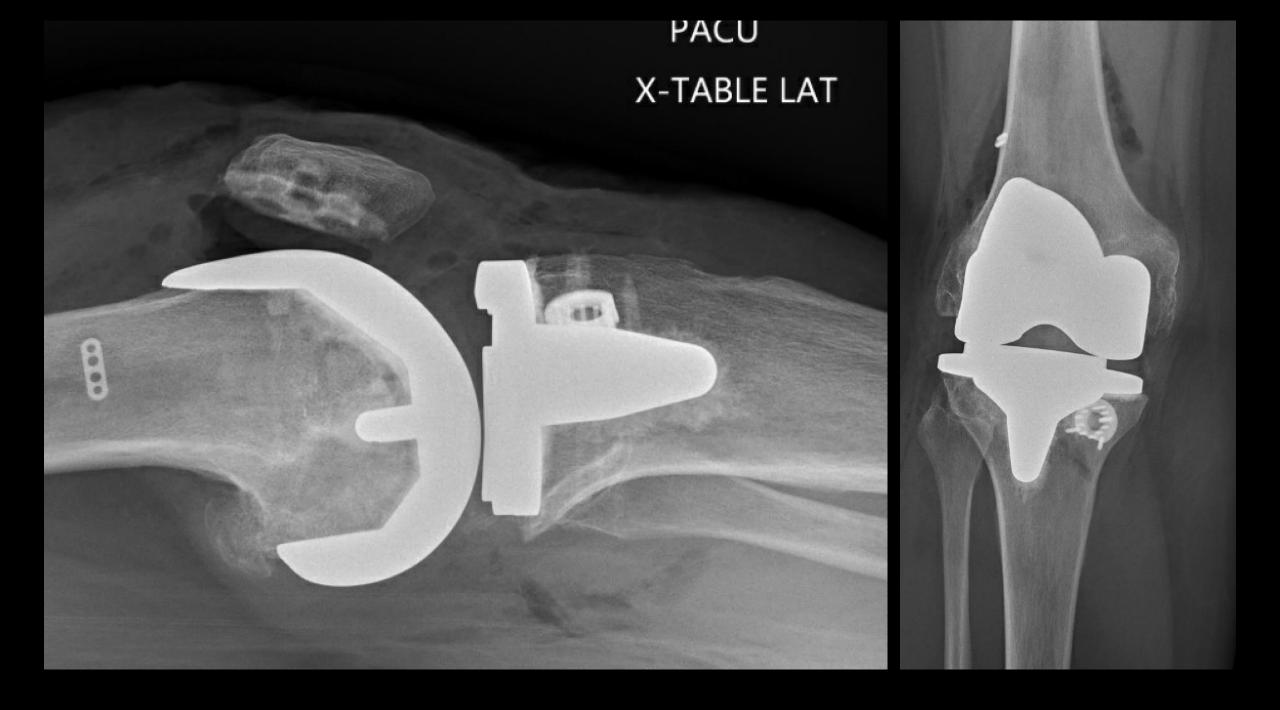


Post ACL TKA 68 YO Female

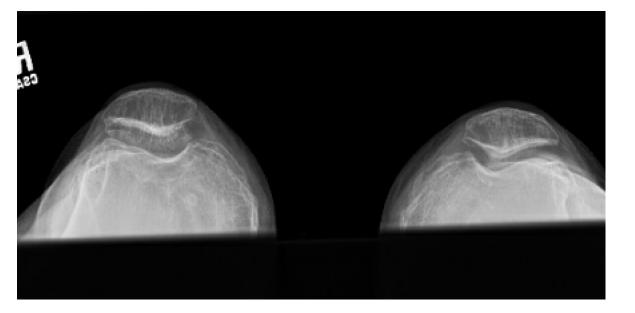
- 68 y.o. female has right knee post-traumatic OA with valgus deformity associated with prior ACL allograft
- Anti-inflammatory medication history: None
- Home exercise/activities: swimming, walking, hiking and golf pilates
- Ambulatory capacity: 0.5 miles with discomfort
- Assistive devices: not using a cane or other assistive device
- Stair climbing: one foot at a time, with one hand support
- Physical therapy: Yes
- Weight gain/loss: has been stable

R TKA PMH: none PSH: R ACLR 1998 ALL: NKDA DVT: ASA





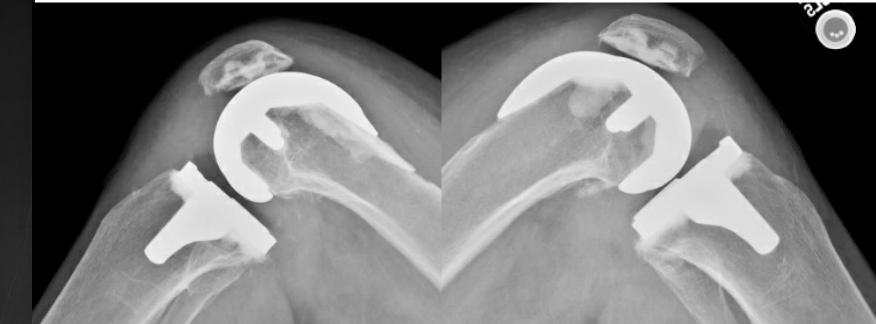
75 yo bilateral knee pain TKA 15 deg flex, limited flexion cx,HTN











65 yo female BMI 24 Post traumatic TKA 3 years post ORIF No infection

















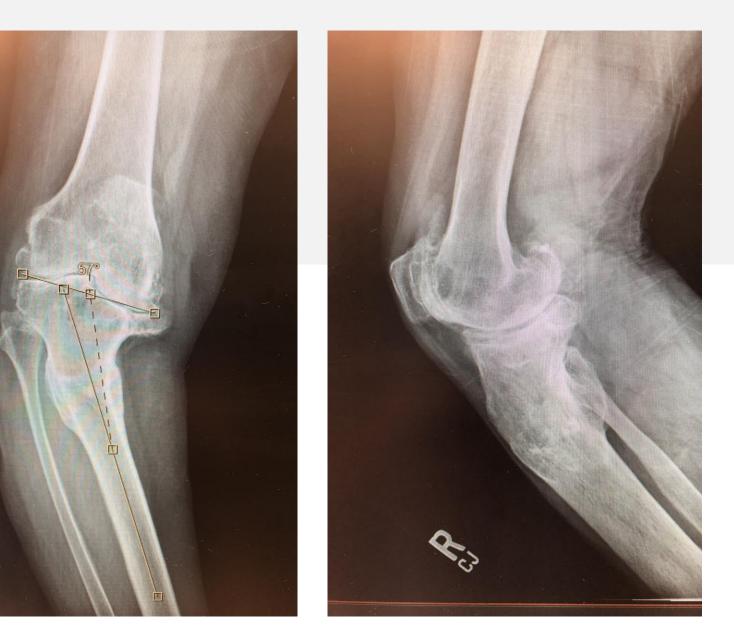


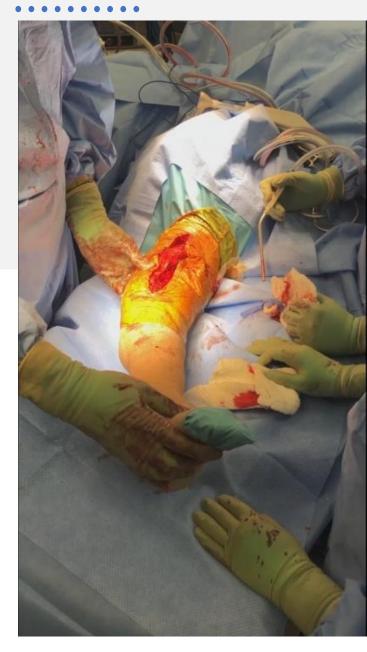
Severe post traumatic Deformity

 72 yo Hispanic woman with RA, memory issues, bilateral knee OA, R>L, R s/p post traumatic deformity x 35 years

R

- 4' 11" 140 lbs BMI 29
- 0-40 arc of motion
- Pain 7/10, walker, 2 rails for stairs
- Left TKA 5/2018
- Right TKA 10/2018



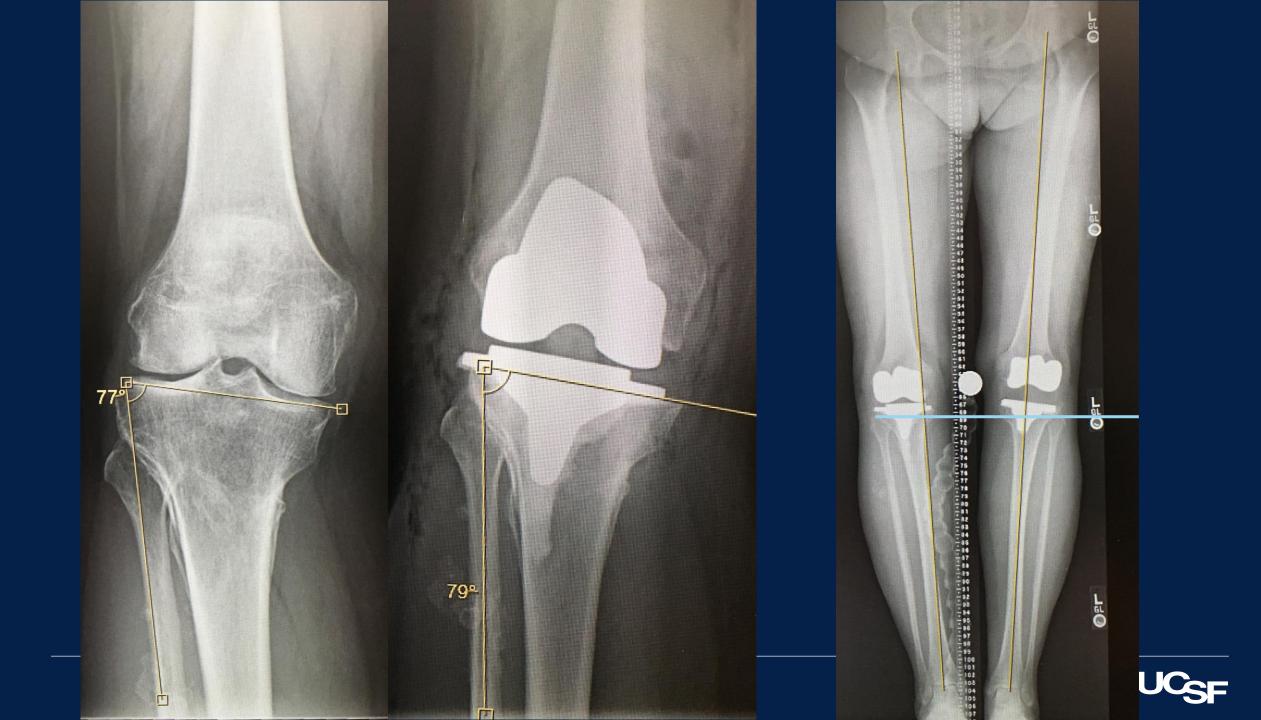




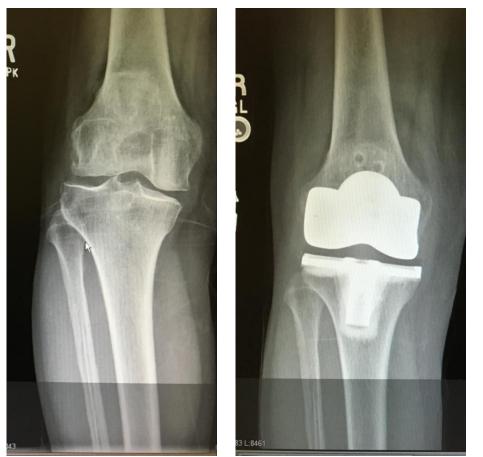


Follow up

- DOS
- 4 week follow up (11/07/18)
- Doing well, very pleased, minimal pain, Tylenol
- 0-90 arc of motion R knee
- Minimal assistance needed ambulating (uses a walker for balance, walking outside of home)
- Never came back to ortho clinic
- Underwent LEFT ankle fusion at UCSF Dr Thuillier 5/2019 no notes of issues with R knee or L knee









66 yo female congenital lymphedema (Milroy's), hx of PE, COPD, CA, PTSD



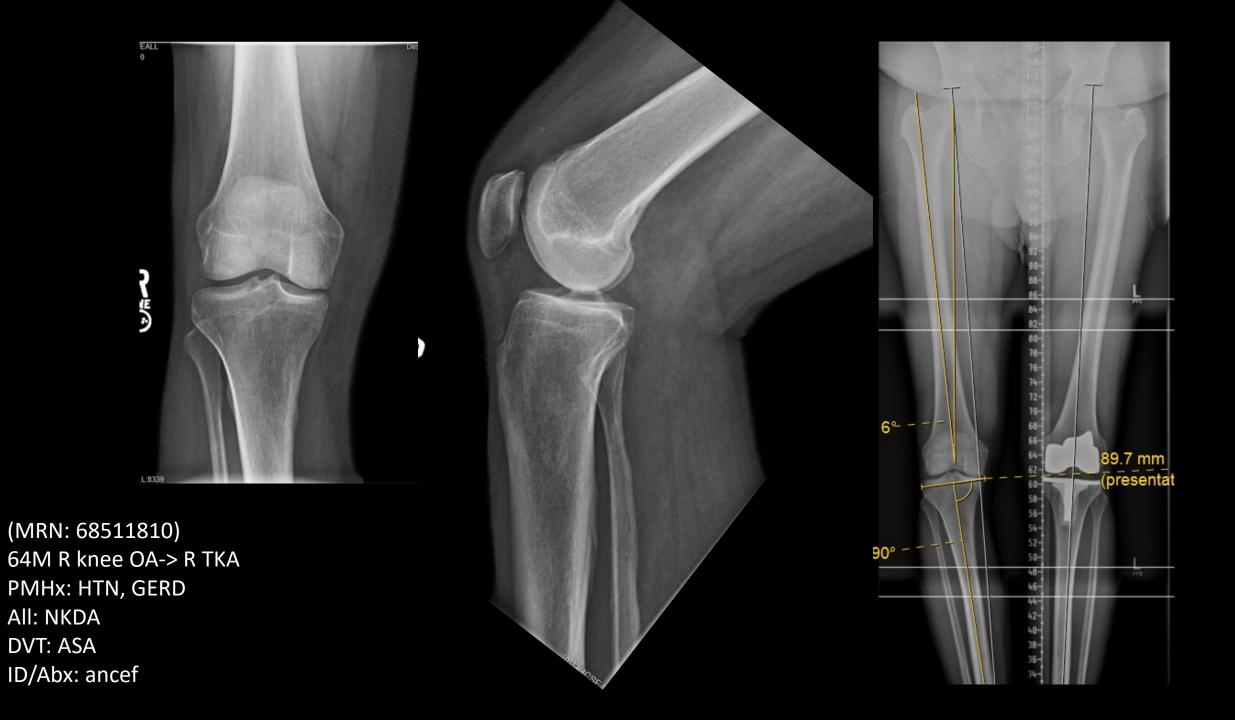


- Surgical Indications
- Surgical Management
- Post operative care





(MRN: 66233820) 63M L knee med OA -> L UKA PMHx: none All: nkda DVT: ASA ID/Abx: ancef



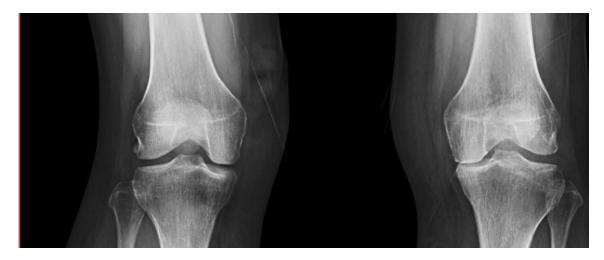
MD (MRN: 05574315) 72M R knee OA-> R TKA PMHx: HLD, GERD, chronic back pain, RLS, ocular migraine DVT: ASA ID/Abx: ancef x1

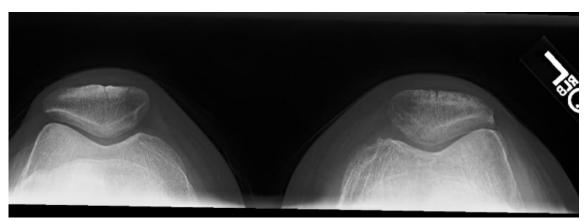


AC Study Dat IM Zoi

***No scannogram in PACS

58 yo asian female left med. knee pain









MRI LEFT KNEE



26 may



22 June, 29 August, 15 September

