

# UCSF Department of Orthopaedic Surgery

Outreach Programs

UCSF



## PlaySafe Cardiac Physicals Save the Date: Saturday, May 6, 2017 UCSF Orthopaedic Institute Mission Bay Campus

PlaySafe provides free physicals in the spring and fall for high school student-athletes through an interdisciplinary team of UCSF Sports Medicine Center physicians, orthopaedic surgeons and athletic trainers at the Orthopaedic Institute on the UCSF Mission Bay campus. These wellness checks can find underlying medical abnormalities and even help prevent sudden death.

The spring PlaySafe physicals include a cardiac screening with electrocardiography (EKG), an electronic tracing that can detect abnormalities in heart shape and/or size, as well as cardiac tissue damage.

“Keeping young athletes safe during sports should always be our first intention,” said Dr. Anthony Luke, MD, director of primary care sports medicine at UCSF Health and PlaySafe program director. “Some conditions, like heart problems, are hard to identify, so doing what we can to help athletes excel and be healthy is paramount. It’s important that families make sure kids get a good physical examination by their physician.”

Registration to open in March 2017.

To learn more about PlaySafe, visit [playsafe.ucsf.edu](http://playsafe.ucsf.edu).