

# UCSF Department of Orthopaedic Surgery

Outreach Programs

UCSF



## PlaySafe

PlaySafe is a non-profit community outreach program run by the Sports Medicine Division at the UCSF Department of Orthopaedic Surgery. For any questions, please contact [playsafe@ucsf.edu](mailto:playsafe@ucsf.edu).

### **Mission Statement**

The mission of the UCSF PlaySafe Sports Medicine Program is to provide a safe and positive environment for athletic pursuits, to facilitate access to the highest quality sports medicine care, and to encourage physical and mental growth by empowering student-athletes to lead balanced, physically active lifestyles.

### **Program Services**

Medical Screenings  
Pre-Participation Physical Exams  
PlaySafe Cardiac Physicals  
Wrestling Weight Management Program

Sports Medicine Care  
Development of Sports Medicine Training Rooms  
On-Site Sports Medicine Care  
Sports Event Coverage

Athlete Referrals  
Priority Access to UCSF Sports Medicine Clinic  
Access to UCSF Sports Medicine Referral Network  
UCSF Sports Concussion Clinic

### **Education**

PlaySafe Student Sports Medicine Club  
Athlete/Coach/Parent/Officials Injury Education  
Sports Medicine Conferences and Community Outreach

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PlaySafe Program Schools

**San Francisco Unified School District**

Balboa High School  
Phillip and Sala Burton High School  
Galileo High School  
June Jordan High School  
Abraham Lincoln High School  
Lowell High School  
Thurgood Marshall High School  
Mission High School  
John O'Connell High School  
S.F. International High School  
The Academy – San Francisco @ McAteer  
Raoul Wallenberg High School  
George Washington High School

**Tamalpais Union High School District**

Redwood High School  
Sir Francis Drake High School  
Tamalpais High School

**Private High Schools**

St. Ignatius High School  
Archbishop Riordan High School  
Stuart Hall High School  
Convent of the Sacred Heart High School