

# UCSF Department of Orthopaedic Surgery

Outreach Programs

UCSF



## UCSF Amputee Comprehensive Training Program

### MISSION STATEMENT

The mission of the UCSF Amputee Comprehensive Training (ACT) Program is to assist those affected by limb loss in maximizing their physical and functional mobility. With two integral components, rehabilitation and outreach, the ACT program offers both the community and the tools to make a complete recovery following amputation.

### ACT REHABILITATION

The ACT Program incorporates a diverse series of training modalities, advanced gait analysis equipment, and a comprehensive team of experts within the UCSF Department of Orthopaedic Surgery. We use a team approach to provide individualized treatments and goal-oriented care. The ACT team redefines prosthetic rehabilitation, translating care from the clinic to the community.

### ACT COMMUNITY OUTREACH

Our community introduces people affected by limb loss to a variety of athletic and fitness activities. By utilizing the broad range of resources available at UCSF, the ACT program provides a large national event as well as monthly clinics, such as adaptive yoga, amputee swimming, and rock climbing. We support a community of individuals motivated to engage in activities they enjoyed prior to amputation and recover a healthy and active lifestyle.

### CURRENT EVENTS:

2017

February 25, 2017 ACT Warriors Basketball Camp

### CONTACT

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