

UCSF Department of Orthopaedic Surgery

Division of Hand, Elbow and Peripheral Nerve

1500 Owens St. San Francisco, CA 94158

Phone: (415) 353-2808

Fax: (415) 353-9643

Occupational/Hand Therapy Referral Locations

Patient instructions:

- Bring your therapy referral to your appointment. The referral includes instructions for your therapist from your provider.
- Verify that your insurance is contracted with the facility you choose.
- Be aware that some clinics may have wait times of more than two weeks.
- **San Francisco Health Plan patients must get prior authorization from the referring provider's office PRIOR to scheduling a therapy appointment.**

San Francisco Locations

Name	Address	Contact Info	Notes
UCSF Orthopaedic Institute Hand Therapy	1500 Owens St. 2 nd Floor San Francisco, CA 94158	T (415) 353-7598 F (415) 353-9554	
UCSF Health Stanyan Hospital	450 Stanyan St. San Francisco, CA 94117	T (415) 750-5900 F (415) 750-4930	• Hand therapy & lymphedema therapy require insurance auth

San Francisco Locations

Name	Address	Contact Info	Notes
UCSF Health Hyde Hospital	900 Hyde St. San Francisco, CA 94109	T (415) 353-6277 F (415) 353-6721	• Accepts Medi-Cal with auth
CPMC - Davies Campus Hand Therapy	45 Castro San Francisco, CA 94114	T (855) 354-2778 ext. #3 F (415) 771-9454	• Does not take local HMO • Accepts Medi-Cal, Brown & Toland, PPO, Medicare
Golden Gate Hand Therapy	2238 Union St. San Francisco, CA 94123	T (415) 359-1444 F (415) 447-3868	• Accepts BC/BS, Medicare Work Comp • Accepts HMO through Hills or Brown & Toland only
Rising Sun PT	500 Sutter St. Ste. 514 San Francisco, CA 94102	T (415) 282-4083 F (415) 362-4084	• Cannot make custom splints
Select Physical Therapy	3222 Geary Blvd. San Francisco, CA 94118	T (415) 831-4658 F (415) 831-4688	• Hand therapy available Tues & Thurs
ZSFG Rehabilitation Services	1001 Potrero Ave. Bldg. 5, Floor 3, Rm 3G3 San Francisco, CA 94110	T (628) 206-8014	• Accepts Medi-Cal

North Bay Locations

Name	Address	Contact Info	Notes
Bay Hand Therapy	770 Tamalpais Dr. Ste. 310 Corte Madera, CA 94925	T (415) 886-8538 F (415) 886-8537	

North Bay Locations

Name	Address	Contact Info	Notes
Cullinen Hand Therapy	7950 Redwood Dr. Ste. 13 Cotati, CA 94931	T (707) 792-1370 F (707) 792-1362	
MarinHealth Occupational Therapy – Hand Therapy Clinic	1350 South Eliseo Dr. Ste. 130 Greenbrae, CA 94904	T (415) 945-7290 F (415) 464-5462	• HMO requires prior auth • Splinting requires prior auth • Does not accept Brown and Toland • Does not accept Hills Physicians
California Hand Rehabilitation	3273 Claremont Way Ste. 204 Napa, CA 94558	T (707) 259-1152 F (707) 259-1361	
Providence Queen of the Valley Medical Center Outpatient Rehab	3421 Villa Ln. Ste. 1A Napa, CA 94558	T (707) 257-4089 F (707) 257-4188	
Sport and Spine Therapy of Marin	88 Rowland Way Ste. 250 Novato, CA 94945	T (415) 898-1311 F (415) 897-0741	• Accepts Hills Physicians, HealthNet, United HC, Western Health Advantage
Petaluma Orthopaedic & Sports Therapy (P.O.S.T.)	224A Welker St. Petaluma, CA 94952	T (707) 544-2637 F (707) 544-2088	• Tracey Airth Edblom
Sport and Spine Therapy of Marin	220 Greenfield Ave. San Anselmo, CA 94960	T (415) 457-4454 F (415) 457-4944	• Accepts Hills Physicians, HealthNet, United HC, Western Health Advantage

North Bay Locations

Name	Address	Contact Info	Notes
Select Physical Therapy	1099 D Street. Ste. 105 San Rafael, CA 94901	T (415) 532-8335 F (415) 721-7346	• Accepts Hills Physicians & Brown & Toland
Providence Santa Rosa Outpatient Rehab	131 B Stoney Cir. Ste. 2000 Santa Rosa, CA 95401	T (707) 525-5388 F (707) 542-2415	• Accepts Medi-Cal post-operatively
Santa Rosa Orthopaedics	1701 Fourth St. Ste. 200 Santa Rosa, CA 95404	T (707) 546-1922	
Select Physical Therapy	320 Tesconi Cir, Ste. G Santa Rosa, CA 95401	T (707) 544-2637 F (707) 544-2088	• Accepts Hills Physicians & Brown & Toland
Sonoma Valley Hospital Hand & Physical Therapy	19312 Sonoma Hwy. Sonoma, CA 95476	T (707) 935-5345 F (707) 935-5423	

East Bay Locations

Name	Address	Contact Info	Notes
UCSF Benioff Children's Hospital Oakland	747 52nd St. Oakland, CA 94609	T (510) 428-3655 F (510) 985-2202	• Pediatrics only
VibrantCare Rehabilitation	20996 Redwood Rd. Castro Valley, CA 95456	T (510) 537-0272 F (510) 537-5819	• Accepts Medi-Cal as secondary insurance
John Muir Outpatient Physical Therapy - Concord	2700 Grant St. Ste. 300 Concord, CA 94520	T (925) 674-2125 F (925) 674-2378	•
El Cerrito Hand Therapy and Acupuncture Rehab	6328 Fairmont Ave. Ste. 220 El Cerrito, CA 94530	T (510) 525-2700 F (510) 525-2716	• 2 nd Floor • No elevator

East Bay Locations

Name	Address	Contact Info	Notes
Stanford Health Care Tri-Valley	1015 E. Stanley Blvd. Livermore, CA 94550	T (925) 373-4019 F (925) 373-4055	• Accepts Medi-Cal • Jenn DiGrazia
Alta Bates Outpatient Rehab Center	5700 Telegraph Ave. Oakland, CA 94609	T (510) 204-1788 F (510) 506-7770	
VibrantCare Rehabilitation	2160 Appian Way Ste. 101 Pinole, CA 94564	T (510) 724-1248 F (510) 724-5720	
John Muir - Pleasant Hill Therapy Center	3480 Buskirk Ave. Ste. 150 Pleasant Hill, CA	T (925) 947-5300 F (925) 952-2950	• Accepts Contra Costa County health plan
Tri Valley Orthopedic Specialists	4626 Willow Rd. Pleasanton, CA 94588	T (866) 623-7600 F (844) 844-0798	

Peninsula Locations

Name	Address	Contact Info	Notes
Stanford Hand Therapy Rehabilitation	450 Broadway St. Pavilion A24, Floor 2 Redwood City, CA 94063	T (650) 725-5106 F (650) 320-9443	• Accepts Medi-Cal
CPMC Hand Therapy San Mateo Satellite Clinic	101 N. El Camino Real Ste.1 San Mateo, CA 94401	T (650) 343-8171 F (650) 343-8172	
Mills Peninsula Hand Therapy	100 S. San Mateo Dr. Floor 1 San Mateo, CA 94401	T (650) 696-4315 F (650) 696-4485	

South Bay Locations

Name	Address	Contact Info	Notes
Los Gatos Hand Therapy	114 Royce St. Ste. E Los Gatos, CA 95030	T (408) 358-1460 F (408) 358-1459	• Does not accept Medi-Cal • Accepts Medicare
Nike Dynamic Therapy	761 University Ave. Ste. B Los Gatos, CA 95032	T (408) 888-6104 F (888) 885-3546	• niketherapy@gmail.com
Select Physical Therapy	425 Sherman Ave. Ste. 300 Palo Alto, CA 94306	T (650) 331-3700 F (650) 331-3730	
Hands-On-Care	3395 S. Bascom Rd. Ste. 100 San Jose, CA 95008	T (408) 268-8536 F (408) 268-8727	
Santa Clara Valley Medical Center/Valley Therapy Services	2400 Moorpark Ave. Ste. 50 San Jose, CA 95128	T (408) 885-7100 F (408) 885-7110	• Accepts Medi-Cal
Nike Dynamic Therapy	1021 S. Wolfe Rd. Ste. 125 Sunnyvale, CA 94086	T (408) 888-6104 F (888) 885-3546	• niketherapy@gmail.com

Central Coast Locations

Name	Address	Contact Info	Notes
Community Hospital of the Monterey Peninsula	576 Hartnell St. Ste #120 & #200 Monterey, CA 93933	T (831) 883-5640 F (831) 883-5641	• Accepts Medi-Cal
Community Hospital of the Monterey Peninsula	1910 N. Davis Rd. Salinas, CA 93907	T (831) 883-5640 F (831) 883-5641	• Accepts Medi-Cal
Trinity Hand Therapy	4 Rossi Cir. # 151 Salinas, CA 93901	T (831) 755-7755	

Central Coast Locations

Name	Address	Contact Info	Notes
Dominican Hospital Outpatient Rehabilitation	111 Madrone St. Santa Cruz, CA 95060	T (831) 457-7057 F (831) 457-7071	• Accepts Medi-Cal
Sutter Health Palo Alto Medical Foundation	1529 Seabright Ave. Santa Cruz, CA 95062	T (831) 458-6230 F (831) 458-6234	
Sutter Health N Main Street Physical Therapy	3031 N. Main St. Soquel, CA 95073	T (831) 458-6230 F (831) 458-6234	• Accepts Medi-Cal with authorization

Sacramento and North Central Locations

Name	Address	Contact Info	Notes
Sutter Physical and Hand Therapy	11930 Heritage Oak Pl. Ste. 9 Auburn, CA 95603	T (530) 887-8785 F (530) 887-8112	• Accepts Medi-Cal
Enloe Outpatient Rehabilitation	340 W. East Ave. Chico, CA 95926	T (530) 332-6110 F (530) 893-6877	• Entrance in back • Accepts Medi-Cal as secondary
Mercy Outpatient Rehabilitation Center	7777 Greenback Ln. Ste. 110 Citrus Heights, CA 95610	T (916) 453-7944 F (916) 453-7946	• Accepts Medi-Cal, can take 6 weeks for authorization
Sutter Physical and Hand Therapy	1340 Lake Blvd. Davis, CA 95616	T (530) 753-5338 F (530) 753-4609	• Accepts Medi-Cal
Mercy Outpatient Rehabilitation Center	1580 Creekside Dr. Ste. 140 Folsom, CA 95630	T (916) 817-8669	
Sierra Nevada Memorial Hospital Outpatient Rehabilitation	1345 Whispering Pines Ln. Ste. C Grass Valley, CA 95945	T (530) 274-6170 F (530) 242-2914	
Sutter Physical and Hand Therapy	3 Medical Plaza Dr. Ste. 100 Roseville, CA 95661	T (916) 797-4734 F (916) 781-5187	• Accepts Medi-Cal

Sacramento and North Central Locations

Name	Address	Contact Info	Notes
Mercy Physical Therapy & Sports Rehabilitation	1700 Alhambra Blvd. Ste. 102 Sacramento, CA 95816	T (916) 733-3328	
Sutter Physical and Hand Therapy	1201 Alhambra Blvd. Ste. 200 Sacramento, CA 95816	T (916) 731-7900 F (916) 731-7915	• Accepts Medi-Cal
UC Davis Physical Medicine and Rehabilitation	1535 Riverpark Dr. Ste. 1000 Sacramento, CA 95815	T (916) 734-7041 F (916) 703-5768	• Accepts Medi-Cal
Burgland Physical Therapy Woodland Clinic	1100 Main St. #190 Woodland, CA 95695	T (530) 662-2835 F (530) 662-5713	

Central Valley Locations

Name	Address	Contact Info	Notes
Exeter Therapy Specialists	1131 W. Visalia Rd. Exeter, CA 93221	T (559) 592-7342 F (559) 592-1202	• Accepts Medi-Cal as Blue shield or Anthem only
Mercy Outpatient Center	2740 M St. Merced, CA 95340	T (209) 564-4260 F (209) 564-4272	
Andersen Physical Therapy	1917 Coffee Rd Modesto, CA 95355	T (209) 549-4626 F (209) 549-4625	
Mark Twain Medical Center	768 Mountain Ranch Rd. San Andreas, CA 95249	T (209) 754-2516 F (209) 754-2678	
Therapy in Hand	14538 Lolly Ln. Ste. C Sonora, CA 95370	T (209) 533-1600 F (209) 533-1611	• Accepts HealthNet Medi-Cal
Sutter Tracy Rehabilitation Services	1420 N. Tracy Blvd. Tracy, CA 95376	T (209) 832-6008 F (209) 832-6086	

Central Valley Locations

Name	Address	Contact Info	Notes
Emanuel Rehabilitation Center	2121 Colorado Ave. Ste. B Turlock, CA 95382	T (209) 664-2520 F (209) 664-2527	• Referral needs to say "Occupational Therapy"
Kaweah Health	820 S. Akers St. Ste. 200 Visalia, CA 93277	T (559) 624-3428 F (559) 741-4895	• Accepts some Medi-Cal, depends on the county

North Coast Locations

Name	Address	Contact Info	Notes
Hand Therapy Center	1125 16 th St. Arcata, CA 95521	T (707) 822-7525 F (707) 822-7539	
Adventist Health Clear Lake Physical Therapy	14880 Olympic Dr. Clearlake, CA 95422	T (707) 995-4888 F (707) 995-4899	• Accepts Medi-Cal
Humboldt Hand & Foot Therapy	1587 Myrtle Ave. Eureka, CA 95501	T (707) 441-1931 F (707) 441-1940	
Providence St. Joseph Hospital	2700 Dolbeer St. Eureka, CA 95501	T (707) 445-8121 F (707) 445-3243	• Accepts Medi-Cal
Mendocino Coast Rehab Services	700 River Dr. Fort Bragg, CA 95437	T (707) 961-4670 F (707) 961-4900	• Accepts Medi-Cal
Providence Redwood Memorial Hospital	3300 Renner Dr. Fortuna, CA 95540	T (707) 725-7352	
Adventist Health Ukiah Physical Therapy	271 Observatory Ave. Ukiah, CA 95482	T (707) 463-7346 F (707) 463-7569	• Accepts Medi-Cal